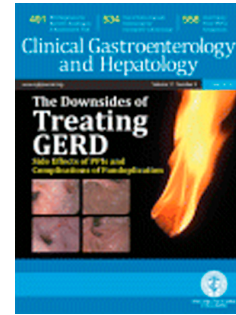


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I-CARE, a European prospective cohort study assessing safety and effectiveness of biologics in inflammatory bowel disease

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I-CARE, a European prospective cohort study assessing safety and effectiveness of biologics in inflammatory bowel disease

Short title: Safety and effectiveness of biologics in IBD

Laurent Peyrin-Biroulet¹, Jean-François Rahier², Julien Kirchgesner³, Vered Abitbol⁴, Shaji Sebastian⁵, Alessandro Armuzzi⁶, Konstantinos Karmiris⁷, Javier P. Gisbert⁸, Peter Bossuyt⁹, Ulf Helwig¹⁰, Johan Burisch^{11,12}, Henit Yanai¹³, Glen A. Doherty¹⁴, Fernando Magro¹⁵, Tamás Molnar¹⁶, Mark Löwenberg¹⁷, Jonas Halfvarson¹⁸, Edyta Zagorowicz¹⁹, Hélène Rousseau²⁰, Cédric Baumann²⁰, Filip Baert²¹, and Laurent Beaugerie³ for the I-CARE Collaborator Group*

¹University of Lorraine, Nancy University Hospital, Department of Gastroenterology, F-54000 Nancy, France and University of Lorraine, Inserm, NGERE, F-54000 Nancy, France

²Department of Gastroenterology and Hepatology, CHU UCL Namur, Université catholique de Louvain, Yvoir, Belgium

³Sorbonne Université, INSERM, Institut Pierre Louis d'Epidémiologie et de Santé Publique, AP-HP, Hôpital Saint-Antoine, Department of Gastroenterology, Paris, France

⁴Hopital Cochin AP-HP, Université Paris Cité, Paris, France

⁵Hull University Teaching Hospitals, Hull York Medical School/ University of Hull, Hull, UK

⁶ Research Hospital, Rozzano - Department of Biomedical Sciences Humanitas University, Pieve Emanuele, Milan, Italy

⁷Venizeleio General Hospital, Heraklion, Greece

⁸Hospital Universitario de La Princesa, Instituto de Investigación Sanitaria Princesa (IIS-Princesa) and Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), Universidad Autónoma de Madrid (UAM), Madrid_Spain

⁹Imelda GI clinical research center, Imelda General Hospital, Bonheiden, Belgium

¹⁰ Private Practice for Internal Medicine and University of Kiel, Germany

¹¹Gastrounit, medical division, Copenhagen University Hospital - Amager and Hvidovre, Hvidovre, Denmark

¹² Copenhagen Center for Inflammatory Bowel Disease in Children, Adolescents and Adults, Copenhagen University Hospital - Amager and Hvidovre, Hvidovre, Denmark

¹³ IBD Center, Division of Gastroenterology, Rabin Medical Center, Petah-Tikva, Israel; Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel

¹⁴ St. Vincent's University Hospital & University College Dublin, Ireland and INITiative IBD research network (www.initiativeibd.ie)

¹⁵Centro Hospitalar Universitário de São João, Faculdade de Medicina da Universidade do Porto, Porto, Portugal

¹⁶Albert Szent-Györgyi Health center - Department of Internal Medicine, University of Szeged, Szeged, Hungary

¹⁷Amsterdam University Medical Center, location AMC Meibergdreef 9, 1105 AZ, Amsterdam, The Netherlands

¹⁸Department. of Gastroenterology, Faculty of Medicine and Health, Örebro University, SE 70185 Örebro, Sweden

¹⁹The Maria Skłodowska-Curie National Research Institute of Oncology, Department of Oncological Gastroenterology, Warsaw, Poland

²⁰Unit of methodology, data management and statistic, Nancy University Hospital, Vandoeuvre-lès-Nancy, France

²¹AZ Delta Hospital, Roeselare, Belgium.

Corresponding author:

Prof. Laurent Peyrin-Biroulet, MD, PhD

Inserm NGERE U1256 and Department of Gastroenterology

Nancy University Hospital, University of Lorraine

1 Allée du Morvan, 54511 Vandoeuvre-lès-Nancy, France

Tel: (+33) 383153661 Fax: (+33) 383153633

E-mail: peyrinbiroulet@gmail.com

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Abbreviations: 5-ASA (5-aminosalicylates), BCG (Bacille Calmette-Guerin), BMI (body mass index), CD (Crohn's disease), CDAI (Clinical Disease Activity Index), CESAME (Cancers Et Surrisque Associé aux Maladies inflammatoires intestinale en France), ECCO (European Crohn's and Colitis Organisation), eCRF (electronic case report form), EFFCA (European Federation of Crohn's and Ulcerative Colitis Associations), GETAID (Groupe d'Etude des Affections Inflammatoires du Tube Digestif), IBD (Inflammatory bowel disease), IBDu (Inflammatory Bowel Disease, unclassified), I-CARE (IBD Cancer and serious infections in Europe), IRB (institutional review board), PRO (patient reported outcomes), TNF (tumor necrosis factor), UC (ulcerative colitis)

Data availability statement

The data underlying this article are available in the article.

Conflict of interest

Laurent Peyrin-Biroulet - personal fees from Galapagos, AbbVie, Janssen, Genentech, Ferring, Tillots, Pharmacosmos, Celltrion, Takeda, Boehringer Ingelheim, Pfizer, Index Pharmaceuticals, Sandoz, Celgene, Biogen, Samsung Bioepis, Alma, Sterna, Nestle, Inotrem, Enterome, Allergan, MSD, Roche, Arena, Gilead, Hikma, Amgen, BMS, Vifor, Norgine; Mylan, Lilly, Fresenius Kabi, Oppilan Pharma, Sublimity Therapeutics, Applied Molecular Transport, OSE Immunotherapeutics, Entera, Theravance; Pandion Therapeutics - grants from Abbvie, MSD, Takeda, Fresenius Kabi - stock options: CTMA.

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Authors' Contributions

LPB and LB conceived the study. LPB wrote the article, and created tables and figure. JFR, JK, VA, SS, AA, KK, JG, PB, UH, JB, HY, GD, FM, TM, ML, JH, EZ, HR, CB, FB, and LB critically reviewed the content of the paper and supervised the project. All authors approved the final manuscript.

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*Contributors of the I-CARE Collaborator group are listed in the Appendix.

Abstract

Background and Aims: There is a need to evaluate the benefit-risk ratio of current therapies in inflammatory bowel disease (IBD) patients to provide the best quality of care. The primary objective of I-CARE was to assess prospectively safety concerns in IBD, with specific focus on the risk of cancer/lymphoma and serious infections in patients treated with for anti-tumor necrosis factor and other biologics monotherapy as well as in combination with immunomodulators.

Methods: I-CARE was designed as a European prospective longitudinal observational multicenter cohort study, to include patients with a diagnosis of Crohn's disease, ulcerative colitis or IBD unclassified established at least 3 months prior to enrollment.

Results: A total of 10,206 patients were enrolled between March 2016 and April 2019, including 6,169 (60.4%) patients with Crohn's disease, 3,853 (37.8%) with ulcerative colitis, and 184 (1.8%) with a diagnosis of IBD unclassified. Thirty-two percent of patients were receiving AZA/thiopurines, 4.6% 6-mercaptopurine, and 3.2% methotrexate at study entry. At inclusion, 47.3% of patients were treated with an anti-tumor necrosis factor agent, 8.8% with vedolizumab, and 3.4% with ustekinumab. Roughly one quarter of patients (26.8%) underwent prior IBD related surgery. Sixty-six % of patients had been previously treated with systemic steroids. Three percent of patients had a medical history of cancer prior to inclusion, and 1.1% had a history of colonic, esophageal or uterine cervix high-grade dysplasia.

Conclusion: I-CARE is an ongoing investigator-initiated observational European prospective cohort study that will provide unique information on the long-term benefits and risks of biological therapies in IBD patients.

Keywords: inflammatory bowel disease, biologics, safety, efficacy, I-CARE, cancer, lymphoma

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Why I-CARE?

Inflammatory bowel diseases (IBD), encompassing Crohn's disease (CD) and ulcerative colitis (UC), are lifelong, disabling, and incurable chronic inflammatory disorders involving the gastrointestinal tract^{1,2}. Over the last decades, biologic therapies have revolutionized the treatment of IBD^{3,4}. Precise and individual long-term safety profiles (malignancy, infections) of biologicals, as monotherapy or in combination with immunomodulators are poorly studied.

While the efficacy of immunomodulators in treating IBD was first reported in the 1960s⁵, the CESAME (Cancers Et Surrisque Associé aux Maladies inflammatoires intestinales en France) study evaluating the risk of lymphoproliferative disorders in patients receiving thiopurines for IBD was published 50 years later⁶. CESAME was the first nationwide prospective observational cohort which was designed to assess the possible excess risk of cancer in patients with IBD receiving thiopurines⁶. The CESAME cohort study demonstrated that a large cross-sectional observational cohort is able to address accurately and rapidly the long-term major safety issues associated with the prolonged use of thiopurines, with an immediate impact on guidelines⁶⁻⁸. Given the incidence of individual malignancies such as lymphomas or colorectal cancer in the general population with the same age-distribution as seen in IBD patients (one case for 1000 patient-years or below), a minimal number follow-up time of 30,000 patient-years is necessary to statistically demonstrate a significant excess risk of cancer associated with exposure to any drug⁹⁻¹¹. Clinical trials, meta-analyses and safety-dedicated registries, such as TREAT¹² and ENCORE¹³ are underpowered to evaluate the impact of IBD therapies on the individual risk of cancer. Of note, IBD phenotype and disease activity may also impact cancer risk. This is well established for colorectal cancer⁹ and might be similar for lymphomas. Some nationwide administrative health databases are adequately powered for demonstrating the statistical link between drug exposure and individual cancers¹⁰, but a proper adjustment for

IBD phenotype and disease activity is not possible due to the lack of corresponding data in these studies. Only large statistically powered prospective observational cohort studies with a standardized longitudinal follow-up, including a robust characterization of disease phenotype and a prospective follow-up of IBD activity can evidence based assess the risk-benefit ratio of current therapeutic strategies in the biologic era.

Achieving and maintaining endoscopic remission, prevention of bowel damage and reduction of IBD-related surgeries and hospitalizations have emerged as treatment goals in IBD patients^{14,15}. The impact of anti-tumor necrosis factor (TNF) on the natural history of IBD (endoscopic remission, bowel damage, surgeries, and hospitalizations) beyond one year is unknown. The impact of anti-TNF therapy on long-term outcomes cannot be accurately studied using available clinical trial and registry databases. In order to properly assess the risk/benefit ratio of current therapeutic strategies, it was necessary to include all life-threatening events both IBD-related and non-IBD related by collecting all hospitalization reports in these patients.

Real-world data coming from a very large cohort of IBD patients with a long-term follow-up are needed to address these issues¹⁶. Same duration of follow-up across included patients (as well as a low number of dropout are required to ensure the accuracy of the data. The I-CARE (IBD Cancer and serious infections in Europe) project was initiated in 2010 by capitalizing on the experience of the CESAME cohort study. Limitations of the CESAME study included the lack of information on the dose and duration of treatments exposure as well as no prospective assessment of disease activity and severity. The objective of I-CARE was to assess prospectively the presence and the extent of safety concerns anti-TNF or other biologic agents alone or in combination with thiopurines among IBD patients. In addition, I-CARE represents a unique opportunity to investigate the potential for disease modification as well as health economics assessment. These real-world datas will be used to guide clinicians as well as healthcare Authorities and payers to provide the best care for IBD patients by optimizing

available therapies. These findings may assist in maximizing benefits and minimizing risks among IBD patients who are candidates for biological therapy.

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Methods

Study design

I-CARE is a European prospective longitudinal observational multicenter cohort study. A total of 15 countries participated: Belgium, Denmark, France, Germany, Greece, Hungary, Ireland, Israel, Italy, The Netherlands, Poland, Portugal, Spain, Sweden, and United Kingdom. All investigators are European gastroenterologists participating in the study on a voluntary basis. This project is centralized, sponsored, and coordinated by the GETAID (Groupe d'Etude des Affections Inflammatoires du Tube Digestif), and supported by ECCO (European Crohn's and Colitis Organisation) and EFFCA (European Federation of Crohn's and Ulcerative Colitis Associations).

Patient ≥ 18 years with an established diagnosis of CD, UC, or IBD unclassified (UBDu) since ≥ 3 months were included. The diagnosis of IBD was based on internationally accepted endoscopic, radiological, and/or histological criteria. After obtaining an informed consent, information about personal details (mobile and home phone number, email address) was recorded and the patient informed about how record data, using his/her private mobile, computer or other electronic device during the study period. Exclusion criteria were patients unable or refusing to sign the informed consent form, or with no regular access to internet, or receiving treatment at entry in the study with an immunomodulator other than thiopurines and methotrexate (e.g. cyclosporine, tacrolimus, mycophenolate mofetil), and those currently or previously enrolled in a randomized clinical trial (if the investigational product received was blinded, and if the treatment is unknown at time of enrollment in I-CARE).

Each investigator could enroll up to 130 patients (not mandatory) who were divided into 6 pre-defined groups at inclusion based on ongoing IBD-related treatment at inclusion; Group 1: patients without IBD-related treatment or treated with any 5-aminosalicylates (5-ASA) and/or

steroids formulations, Group 2: patients receiving thiopurines/methotrexate alone, Group 3: patients treated with anti-TNF therapy monotherapy (without any concomitant immunosuppressant), Group 4: patients treated with anti-TNF therapy in combination with thiopurines or methotrexate, Group 5: patients treated with vedolizumab with or without any concomitant medications, Group 6: patients treated with ustekinumab with or without any concomitant medications.

The primary objective of I-CARE is to assess prospectively the presence and the extent of safety concerns (cancers (especially lymphoma) and serious infections risks) for anti-TNF or other biologic alone or in combination with thiopurines among IBD patients. The safety profile of all steroid formulations is also analyzed. The four main secondary objectives of the I-CARE project are 1) to investigate prospectively the impact of anti-TNF or other biologic based strategies on the natural history of IBD and their potential for disease modification by collecting validated surrogate markers such as endoscopic remission and disease complications such as bowel damage (strictures, fistulas, abscess), surgeries, and hospitalizations, 2) to assess the evolution of PROs on a yearly basis and the impact of anti-TNF agents or other biologic on PROs in IBD, 3) to evaluate the benefit-risk ratio of strategies based on an earlier and wider use of anti-TNF or other biologic therapy for IBD, and 4) to assess the direct healthcare costs and cost-efficacy of current therapeutic strategies in IBD.

Data collection

Each investigator selected and consented the patient, and entered the baseline demographic and disease characteristic data of the patient in the electronic case report form (eCRF). The gastroenterologist who completed the e-summary form was also requested every year to validate and, if necessary, correct the information prospectively entered by the patients on a

monthly basis. The gastroenterologist was also requested to evaluate yearly available endoscopic and imaging disease activity reports using a predefined and simplified scoring system.

A dedicated web-based tool was built by SANOIA, a service provider with experience in patient e-Diary and e-PRO to capture the information coming from the patients. SANOIA also ensured adequate reminder electronic messages to be sent to the patients for timely completion of the e-Diary and e-PRO. Patients completed the e-Diary on a monthly basis including e-PRO, hospitalizations, surgeries and cancer diagnosis. Lifestyle factors such as smoking status and alcohol consumption were recorded at enrollment. Patients who reported hospitalization were requested to provide the related hospitalization report. Patients who reported a cancer or a high-grade dysplasia were instructed to provide the related diagnostic pathology report. An alert system was set up to inform study coordinators and project managers of incomplete data or report of hospitalization, surgery, infection or cancer diagnostic to allow timely tracking of the pertinent documents to upload on the Web Portal. All hospitalization reports collected were coded by a dedicated expert coding group using the ICD-10 classification. Details on the coding methodology will be provided in a separate paper.

As the implementation of the I-CARE project across Europe at the national level was anticipated to be challenging, due to differences in language, regulatory, and practical aspects, healthcare systems, and patients' journey, we gathered a core group of national coordinators (1-3 gastroenterologists per country). Their roles were to identify potential investigators, to disseminate information about logistics and scientific aspects of I-CARE, to translate all patients' documents and questionnaires in local language, to motivate investigators, to get institutional review board (IRB) approval, and to interact with study coordinators on a regular basis.

Cohort size calculation

Calculation of cohort size was made based on the primary objective of I-CARE. We estimated, based on the CESAME lymphoma incidence rates ⁶, that a minimum of 47,000 patient-years was needed for the study to have a statistical power of 80% to detect a lymphoma hazard ratio of at least 3.5 in the groups of patients receiving thiopurines, either alone or in combination with anti-TNF, vedolizumab or ustekinumab, relative to patients not receiving thiopurines (i.e. receiving anti-TNF alone or no immunosuppressor).

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Results

Patient characteristics

From March 2016 to April 2019, 13,262 patients gave informed consent to participate in this study. Among these patients, one was secondarily detected as not fulfilling eligibility criteria, 2150 did not confirm their participation by not activating the e-PRO digital system, 445 activated the e-PRO digital system but did not complete any e-PRO questionnaire, 434 completed only one-PRO questionnaire, thus generating no follow-up time, and 26 withdraw secondarily their consent to the use of their data. Ultimately, 10,206 patients were included in the I-CARE study by 508 investigators from 15 countries (Figure 1). Clinical characteristics of the patients are summarized in Table 1, Table 2, Supplementary table 1 and Supplementary table 2. Among the 10,206 patients, 6,169 (60.4%) had CD, 3,853 (37.8%) had UC, and 184 (1.8%) had IBDu. There was a female preponderance in the cohort (52.8%). The majority of patients had never smoked (54.8%). Mean body mass index (BMI) at inclusion was 24.8 (4.8) kg.m². Approximately 75% of patients had a job, 6.8% were retired, and 9.2% were students.

A total of 1,141 (11.9%) patients had a family history of IBD (11.0% for UC and IBDu patients and 12.5% for CD patients, $p=0.03$). Age at diagnosis of IBD was ≤ 16 years in 1,182 (11.6%) patients, between 17 and 40 years in 7,314 (71.7%) patients, and > 40 years in 1,710 (16.8%) patients. Mean age at inclusion was 39.8 (13.1) years. Mean disease duration at inclusion was 10.6 (8.9) years (9.8 (8.5) years for UC and IBDu patients and 11.2 (9.1) years for CD patients, $p<0.0001$). Location of disease at diagnosis according to Montreal classification was mainly ileocolonic in CD (42.9%), and extensive colitis in UC (45.5%). CD behavior at enrollment was inflammatory in 52% of the cases. Perianal disease was present in 27.9% of CD patients. One hundred and seventy-four (1.8%) had concomitant primary sclerosing cholangitis (2.3% of both the UC and IBDu patients, and 1.5% of the CD patients).

At inclusion about a quarter of patients (26.8%) underwent previous IBD-related surgery (41.7% of the CD patients, and 4.0% of the UC and IBDu patients, $p<0.0001$). The most frequent surgical procedures were ileocecal resection in 24.4% (1,504/6,169) of CD patients, and perianal surgery in 13.9% (806/6,169) of CD patients.

Prior and current medications

IBD-related medications at study entry are summarized in Table 3 and Table 4. Previous treatments before inclusion are summarized in Supplementary table 3, Supplementary table 4, and Supplementary table 5.

5-ASA/ mesalazine

A total of 3,413 (36.4%) patients received previous treatment with oral 5-ASA (mesalazine), and 2,229 (23.6%) with topical 5-ASA. The majority of patients who were previously treated with topical 5-ASA had UC or IBDu ($p<0.0001$). At study entry, 3,568 (35%) were receiving oral 5-ASA, and 1,010 (9.9%) patients topical 5-ASA. They were more likely to suffer from UC ($p<0.0001$).

Corticosteroids

A large majority of patients (65.9%) were previously treated with systemic steroids. Budesonide was previously used in 1,990 (21%) patients (7.2% in UC patients and 30.1% in CD patients, $p<0.0001$), and budesonide MMX in 106 (1.1%) patients. At enrollment, 569 (5.6%) patients were receiving systemic corticosteroids (oral or intravenous). Budesonide was prescribed in 148 (1.5%) patients, and budesonide MMX in 28 patients (0.3%).

Immunosuppressants/ immunomodulators

30.7% (3136/10,206) of patients reported previous treatment with azathioprine, 6.3% (638/10,206) with methotrexate, and 4.7% (478/10,206) with 6-mercaptopurine. Among 30.7% of patients who received azathioprine prior to study entry, almost half of them (48.4%) were exposed for less than one year.

At enrollment, 3,294 (32.3%) patients were receiving thiopurines, 4.6% (468/10,206) 6-mercaptopurine, and 3.2% (325/10,206) methotrexate. Patients receiving azathioprine or methotrexate were more likely to have CD compared to patients not receiving methotrexate ($p<0.0001$).

Biologics

A total of 1,690 (17.8%) patients had received infliximab before entering the study. Of the enrolled patients, 1,334 (14.0%) had prior use of adalimumab, 141 (1.5%) golimumab, and 60 (0.6%) certolizumab pegol. Concerning other biologics than anti-TNF, 147 (1.5%) had prior use of vedolizumab, and 38 (0.4%) ustekinumab.

At study entry, 2,725 (26.7%) patients were receiving infliximab, 1,937 (19%) adalimumab, 149 (1.5%) golimumab, 9 (0.1%) certolizumab pegol, 894 (8.8%) vedolizumab, and 343 (3.4%) ustekinumab.

History of cancer or dysplasia

Among all included patients, 298 (2.9%) patients had a prior history of any-type of cancer, including 135 UC or IBDu and 163 CD patients, (Supplementary table 6). Moreover, 108 patients (1.1%) had a medical history of high-grade dysplasia: 20 patients had colonic high-grade dysplasia, 3 esophageal high-grade dysplasia, and 71 uterine cervix high-grade dysplasia. There was no difference between UC and CD patients. A total of 1,085 (11.3%) patients had a

family history (first degree relative) of any of the following cancer: lymphoma, colorectal cancer, melanoma or breast cancer (Supplementary table 1).

History of vaccination and infection

Vaccination rate was 6.2% for human papillomavirus vaccine, 56.5% for hepatitis B vaccine, 35.1% for pneumococcus vaccine, and 53.9% for Bacille Calmette-Guerin (BCG) vaccine (Supplementary table 7). A confirmed history of symptomatic mononucleosis infection was reported in 376 patients (5%), including 140 UC or IBDu, and 236 CD patients before inclusion.

Discussion

I-CARE is the first prospective cohort study that is specifically designed to assess the risk-benefit ratio of current therapeutic strategies in the biologic era in patients with IBD. I-CARE is a European collaborative effort involving 15 countries. A total of 10,206 IBD patients were enrolled between March 2016 and April 2019.

To reach the I-CARE objectives, we developed innovative tools like a dedicated web-based tool to capture the information (e-Diary and e-PRO) coming from the patients, and a second platform to house the investigators database and eCRF completed by the investigators (Supplementary Figure 1). An interface was built between these two systems to allow enrollment of patients after the investigators completed their contact information on the eCRF, and investigators to have a summary of data entered by their patients for validation.

One of the strengths of the I-CARE project was the quality of data collection (Table 5). The patient had a central role in the investigation. However, patient data were annually reviewed and validated by their gastroenterologist. For cancer, dysplasia, any IBD related and IBD non-related hospitalizations, surgeries, the corresponding hospitalization and histological reports were collected. Collected comorbidities are alcohol, smoking, BMI. From the hospitalization reports, we will be able to collect other comorbidities, and perform a nested case control study.

The majority of patients had a CD diagnosis in ICARE (60.4%), this rate was similar to the CESAME study (60.3%)⁷. Age at diagnosis of IBD was similar to the previous study, with a large majority of patients diagnosed between 17 and 40 years of age¹⁷. Concerning the Montreal classification and the presence of perianal lesions, our data were consistent with literature¹⁸. As expected, in I-CARE, patients were more likely to be treated with biologics than in other databases^{19,20}. Even though I-CARE is not a population-based study because of a large sample

size, baseline characteristics are those commonly observed in European studies underscoring its validity and representativeness^{19,20}.

The primary focus of I-CARE was to address the lymphoma risk, including other malignancies, as well as serious infections in IBD patients exposed to biologics. Based on CESAME experience, to minimize potential bias and confounding effects for evaluation of the effect of each treatment exposure on the occurrence of severe infection, cancer and hospitalization, propensity score (using all details of IBD phenotype and history) for each treatment will be/was calculated using logistic regression models. To overcome the main limitations of the CESAME project, we prospectively assessed clinical disease activity in IBD patients through prospective monthly assessments (HBI (Harvey-Bradshaw Index) for CD and SCCAI (Simple Clinical Colitis Activity Index) for UC), and disease activity/severity through a scoring system of imaging and endoscopic reports. To this end, we were able to adjust for IBD activity the relationship between drug exposures and outcomes. We also recorded and quantified the exposure to IBD drugs of interest from IBD diagnosis, prior to the enrollment into the cohort, in order to be able to address the potential link between the cumulative dose of drug exposure and the late occurrence of malignancies. For the first time, we have collected all IBD treatments received since IBD diagnosis (every course, every drug class, every date of start and duration of treatment). Only the precise dose was not collected before I-CARE entry. Finally, we recorded family histories of lymphoma, colorectal cancer, melanoma and breast cancer that have been shown to have a key role in the individual cancer risks. The statistical power and granularity of ICARE will provide unique information on the relationships between IBD drugs and efficacy and safety outcomes in the biologics era.

Regarding the obstacles encountered during the I-CARE project, it was necessary to convince countries with existing national cohort to participate in the I-CARE project, obtain regulatory approval across countries, develop authorship rules, organize regular meetings at international

conferences to inform and motivate collaborators, and define a precise task distribution given the number of people involved in this project.

Future findings from I-CARE and sub-studies will likely be implemented in IBD guidelines and used to guide the decision-making process in daily practice.

Journal Pre-proof

Regulatory

Master ICARE Protocol received an approval from Saint Louis Ethic Committee on 15/05/2015 and CNIL approval on 27/10/2015.

Each country participating to ICARE had the responsibility to submit the protocol and the amendments in agreement with their own local regulation.

I-CARE Eudract Number : 2014-004728-23

Clinical Trial.gov – Register number : NCT 02377258

N° INDS : TP305083

CEREES approval on 20 Feb 2019

*Members of the I-CARE collaborator group are listed in the Appendix.

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Figure legend

Figure 1. Patient's Flowchart

Table legends

Table 1. Baseline characteristics

Table 2. Disease characteristics

Table 3. Ongoing immunomodulators, corticosteroids and 5-ASA treatments at entry

Table 4. Ongoing Biological treatments at entry

Table 5. Strengths of I-CARE

Table 1. Baseline characteristics

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|---|-------------------|--------|------|--|--------|------|--------------------------------------|--------|------|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Distribution of patients included by country | | | | | | | | | | <.0001 |
| Belgium | 499 | 4.9 | | 185 | 4.6 | | 314 | 5.1 | | |
| Denmark | 320 | 3.1 | | 148 | 3.7 | | 172 | 2.8 | | |
| France | 2955 | 29.0 | | 1007 | 24.9 | | 1948 | 31.6 | | |
| Germany | 481 | 4.7 | | 208 | 5.2 | | 273 | 4.4 | | |
| Greece | 850 | 8.3 | | 307 | 7.6 | | 543 | 8.8 | | |
| Hungary | 244 | 2.4 | | 98 | 2.4 | | 146 | 2.4 | | |
| Ireland | 273 | 2.7 | | 117 | 2.9 | | 156 | 2.5 | | |
| Israel | 298 | 2.9 | | 75 | 1.9 | | 223 | 3.6 | | |
| Italy | 861 | 8.4 | | 404 | 10.0 | | 457 | 7.4 | | |
| Netherlands | 116 | 1.1 | | 45 | 1.1 | | 71 | 1.2 | | |
| Poland | 80 | 0.8 | | 22 | 0.5 | | 58 | 0.9 | | |
| Portugal | 267 | 2.6 | | 99 | 2.5 | | 168 | 2.7 | | |
| Spain | 791 | 7.8 | | 312 | 7.7 | | 479 | 7.8 | | |
| Sweden | 94 | 0.9 | | 63 | 1.6 | | 31 | 0.5 | | |
| United Kingdom | 2077 | 20.4 | | 947 | 23.5 | | 1130 | 18.3 | | |
| Disease duration at inclusion (years) | 10206 | 10.6 | 8.9 | 4037 | 9.8 | 8.5 | 6169 | 11.2 | 9.1 | <.0001 |
| Gender | | | | | | | | | | <.0001 |
| Female | 5385 | 52.8 | | 2032 | 50.3 | | 3353 | 54.4 | | |
| Male | 4821 | 47.2 | | 2005 | 49.7 | | 2816 | 45.6 | | |
| Age at inclusion (years) | 10206 | 39.8 | 13.1 | 4037 | 41.5 | 13.7 | 6169 | 38.7 | 12.5 | <.0001 |
| IBD sub type | | | | | | | | | | <.0001 |
| Crohn's Disease | 6169 | 60.4 | | 0 | 0.0 | | 6169 | 100.0 | | |
| IBD Unclassified | 184 | 1.8 | | 184 | 4.6 | | 0 | 0.0 | | |
| Ulcerative Colitis | 3853 | 37.8 | | 3853 | 95.4 | | 0 | 0.0 | | |
| Working status | | | | | | | | | | <.0001 |
| Having a job | 7644 | 74.9 | | 3048 | 75.5 | | 4596 | 74.5 | | |
| Unemployed | 923 | 9.0 | | 303 | 7.5 | | 620 | 10.1 | | |
| Retired | 698 | 6.8 | | 337 | 8.3 | | 361 | 5.9 | | |
| Student | 941 | 9.2 | | 349 | 8.6 | | 592 | 9.6 | | |
| Body Mass Index (kg.m²) | 9384 | 24.8 | 4.8 | 3728 | 25.0 | 4.7 | 5656 | 24.7 | 4.9 | 0.0001 |
| Smoking status | | | | | | | | | | <.0001 |
| Current | 1471 | 15.5 | | 336 | 8.9 | | 1135 | 19.8 | | |
| Former | 2827 | 29.8 | | 1199 | 31.8 | | 1628 | 28.4 | | |
| Never | 5204 | 54.8 | | 2235 | 59.3 | | 2969 | 51.8 | | |
| Missing | 704 | | | 267 | | | 437 | | | |
| Alcohol Consumption | | | | | | | | | | <.0001 |
| No | 7715 | 81.0 | | 2917 | 77.1 | | 4798 | 83.6 | | |
| Yes | 1805 | 19.0 | | 864 | 22.9 | | 941 | 16.4 | | |
| Missing | 686 | | | 256 | | | 430 | | | |

* Chi-square test for qualitative variables, Wilcoxon test for quantitative variables
Abbreviation: IBD (Inflammatory Bowel Disease), SD (Standard Deviation)

Table 2. Disease characteristics

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|--|-------------------|--------|----|--|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Age at diagnosis (years) | | | | | | | | | | <.0001 |
| (A1) 16 and below | 1182 | 11.6 | | 325 | 8.1 | | 857 | 13.9 | | |
| (A2) between 17 and 40 included | 7314 | 71.7 | | 2848 | 70.5 | | 4466 | 72.4 | | |
| (A3) 41 and above | 1710 | 16.8 | | 864 | 21.4 | | 846 | 13.7 | | |
| CD Location (L1, L2, L3) | | | | | | | | | | |
| (L1) ileal, including caecum | 2172 | 37.9 | | | | | 2172 | 37.9 | | |
| (L2) colonic | 1100 | 19.2 | | | | | 1100 | 19.2 | | |
| (L3) ileocolonic | 2463 | 42.9 | | | | | 2463 | 42.9 | | |
| Missing | 434 | | | | | | 434 | | | |
| CD Behavior (B1, B2, B3) | | | | | | | | | | |
| (B1) non-stricturing, non- penetrating | 2976 | 52.0 | | | | | 2976 | 52.0 | | |
| (B2) stricturing | 1613 | 28.2 | | | | | 1613 | 28.2 | | |
| (B3) penetrating | 1134 | 19.8 | | | | | 1134 | 19.8 | | |
| Missing | 446 | | | | | | 446 | | | |
| Any perianal disease | | | | | | | | | | |
| No | 4145 | 72.1 | | | | | 4145 | 72.1 | | |
| Yes | 1606 | 27.9 | | | | | 1606 | 27.9 | | |
| Missing | 418 | | | | | | 418 | | | |
| UC involvement (E1, E2, E3) | | | | | | | | | | |
| (E1) Proctitis | 551 | 14.6 | | 551 | 14.6 | | | | | |
| (E2) Left sided colitis | 1501 | 39.9 | | 1501 | 39.8 | | | | | |
| (E3) Extensive UC | 1714 | 45.5 | | 1715 | 45.5 | | | | | |
| Missing | 271 | | | 271 | | | | | | |
| Cumulative estimated microscopic and/or macroscopic extend of the surface of colonic mucosa | | | | | | | | | | <.0001 |
| 0% | 2321 | 27.3 | | 436 | 13.0 | | 1885 | 36.8 | | |
|]0%-50%] | 3210 | 37.8 | | 1396 | 41.5 | | 1814 | 35.4 | | |
|]50%-100%] | 2961 | 34.9 | | 1533 | 45.6 | | 1428 | 27.9 | | |
| Missing | 1714 | | | 672 | | | 1042 | | | |
| Associate confirmed primary sclerosing cholangitis | | | | | | | | | | 0.0031 |
| No | 9262 | 98.2 | | 3657 | 97.7 | | 5605 | 98.5 | | |
| Yes | 174 | 1.8 | | 88 | 2.3 | | 86 | 1.5 | | |
| Missing | 770 | | | 292 | | | 478 | | | |

* Chi-square test

Abbreviation : CD (Crohn's Disease), SD (Standard Deviation), UC (Ulcerative Colitis)

Table 3. Ongoing immunomodulators, corticosteroids and 5-ASA treatments at entry

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|--|-------------------|--------|----|--|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Any oral form of 5-ASA (oral) | | | | | | | | | | <.0001 |
| No | 6638 | 65.0 | | 1473 | 36.5 | | 5165 | 83.7 | | |
| Yes | 3568 | 35.0 | | 2564 | 63.5 | | 1004 | 16.3 | | |
| Any topical forms of 5-ASA (suppository, foam, enema) | | | | | | | | | | <.0001 |
| No | 9196 | 90.1 | | 3103 | 76.9 | | 6093 | 98.8 | | |
| Yes | 1010 | 9.9 | | 934 | 23.1 | | 76 | 1.2 | | |
| Any form of systemic corticosteroids | | | | | | | | | | <.0001 |
| No | 9637 | 94.4 | | 3721 | 92.2 | | 5916 | 95.9 | | |
| Yes | 569 | 5.6 | | 316 | 7.8 | | 253 | 4.1 | | |
| Corticosteroids: administration of treatment | | | | | | | | | | 0.1963 |
| Intravenous | 11 | 1.9 | | 4 | 1.3 | | 7 | 2.8 | | |
| Oral | 558 | 98.1 | | 312 | 98.7 | | 246 | 97.2 | | |
| Budesonide (oral) | | | | | | | | | | <.0001 |
| No | 10058 | 98.5 | | 4018 | 99.5 | | 6040 | 97.9 | | |
| Yes | 148 | 1.5 | | 19 | 0.5 | | 129 | 2.1 | | |
| Budesonide MMX (oral) | | | | | | | | | | <.0001 |
| No | 10178 | 99.7 | | 4015 | 99.5 | | 6163 | 99.9 | | |
| Yes | 28 | 0.3 | | 22 | 0.5 | | 6 | 0.1 | | |
| Beclometasone (oral) | | | | | | | | | | <.0001 |
| No | 10186 | 99.8 | | 4019 | 99.6 | | 6167 | 100.0 | | |
| Yes | 20 | 0.2 | | 18 | 0.4 | | 1 | 0.0 | | |
| Azathioprine | | | | | | | | | | <.0001 |
| No | 6912 | 67.7 | | 2890 | 71.6 | | 4022 | 65.2 | | |
| Yes | 3294 | 32.3 | | 1147 | 28.4 | | 2147 | 34.8 | | |
| 6-Mercaptopurine | | | | | | | | | | 0.2819 |
| No | 9738 | 95.4 | | 3863 | 95.7 | | 5875 | 95.2 | | |
| Yes | 468 | 4.6 | | 174 | 4.3 | | 294 | 4.8 | | |
| Methotrexate | | | | | | | | | | <.0001 |
| No | 9881 | 96.8 | | 3969 | 98.3 | | 5912 | 95.8 | | |
| Yes | 325 | 3.2 | | 68 | 1.7 | | 257 | 4.2 | | |

* Chi-square test

Abbreviations : 5-ASA (5-aminosalicylates), SD (Standard Deviation)

Table 4. Ongoing Biological treatments at entry

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|---|-------------------|--------|----|--|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Biological treatments | | | | | | | | | | <.0001 |
| Adalimumab | 1937 | 19.0 | | 262 | 6.5 | | 1675 | 27.2 | | |
| Certolizumab Pegol | 9 | 0.1 | | 1 | 0.0 | | 8 | 0.1 | | |
| Golimumab | 149 | 1.5 | | 137 | 3.4 | | 12 | 0.2 | | |
| Infliximab | 2725 | 26.7 | | 853 | 21.1 | | 1872 | 30.3 | | |
| None | 4149 | 40.6 | | 2280 | 56.5 | | 1869 | 30.3 | | |
| Ustekinumab | 343 | 3.4 | | 12 | 0.3 | | 331 | 5.4 | | |
| Vedolizumab | 894 | 8.8 | | 492 | 12.2 | | 402 | 6.5 | | |
| Infliximab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | |
| <1 year | 780 | 28.6 | | 303 | 35.5 | | 477 | 25.5 | | |
| 1 year | 363 | 13.3 | | 129 | 15.1 | | 234 | 12.5 | | |
| 2 years | 353 | 13.0 | | 117 | 13.7 | | 236 | 12.6 | | |
| 3 years | 260 | 9.5 | | 72 | 8.4 | | 188 | 10.0 | | |
| 4 years | 217 | 8.0 | | 66 | 7.7 | | 151 | 8.1 | | |
| 5 years | 162 | 5.9 | | 43 | 5.0 | | 119 | 6.4 | | |
| 6 years | 143 | 5.2 | | 36 | 4.2 | | 107 | 5.7 | | |
| 7 years | 113 | 4.1 | | 25 | 2.9 | | 88 | 4.7 | | |
| 8 years | 80 | 2.9 | | 22 | 2.6 | | 58 | 3.1 | | |
| 9 years | 70 | 2.6 | | 16 | 1.9 | | 54 | 2.9 | | |
| 10 years | 56 | 2.1 | | 10 | 1.2 | | 46 | 2.5 | | |
| 11 years | 44 | 1.6 | | 5 | 0.6 | | 39 | 2.1 | | |
| 12 years | 32 | 1.2 | | 3 | 0.4 | | 29 | 1.5 | | |
| 13 years | 18 | 0.7 | | 2 | 0.2 | | 16 | 0.9 | | |
| 14 years | 10 | 0.4 | | 2 | 0.2 | | 8 | 0.4 | | |
| 15 years | 9 | 0.3 | | 2 | 0.2 | | 7 | 0.4 | | |
| 16 years | 9 | 0.3 | | 0 | 0.0 | | 9 | 0.5 | | |
| 17 years | 1 | 0.0 | | 0 | 0.0 | | 1 | 0.1 | | |
| 18 years | 1 | 0.0 | | 0 | 0.0 | | 1 | 0.1 | | |
| 19 years | 1 | 0.0 | | 0 | 0.0 | | 1 | 0.1 | | |
| 20 years | 1 | 0.0 | | 0 | 0.0 | | 1 | 0.1 | | |
| Missing | 2 | | | 0 | | | 2 | | | |
| Adalimumab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | |
| <1 year | 564 | 29.1 | | 109 | 41.6 | | 455 | 27.2 | | |
| 1 year | 297 | 15.3 | | 47 | 17.9 | | 250 | 14.9 | | |
| 2 years | 319 | 16.5 | | 40 | 15.3 | | 279 | 16.7 | | |
| 3 years | 211 | 10.9 | | 19 | 7.3 | | 192 | 11.5 | | |
| 4 years | 183 | 9.4 | | 21 | 8.0 | | 162 | 9.7 | | |
| 5 years | 97 | 5.0 | | 9 | 3.4 | | 88 | 5.3 | | |
| 6 years | 81 | 4.2 | | 6 | 2.3 | | 75 | 4.5 | | |
| 7 years | 75 | 3.9 | | 3 | 1.1 | | 72 | 4.3 | | |
| 8 years | 41 | 2.1 | | 4 | 1.5 | | 37 | 2.2 | | |
| 9 years | 28 | 1.4 | | 1 | 0.4 | | 27 | 1.6 | | |
| 10 years | 24 | 1.2 | | 3 | 1.1 | | 21 | 1.3 | | |
| 11 years | 8 | 0.4 | | 0 | 0.0 | | 8 | 0.5 | | |
| 12 years | 2 | 0.1 | | 0 | 0.0 | | 2 | 0.1 | | |
| 13 years | 2 | 0.1 | | 0 | 0.0 | | 2 | 0.1 | | |
| 14 years | 1 | 0.1 | | 0 | 0.0 | | 1 | 0.1 | | |
| Missing | 4 | | | 0 | | | 4 | | | |
| Certolizumab Pegol: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | |
| <1 year | 2 | 22.2 | | 1 | 100.0 | | 1 | 12.5 | | 0.6667 |
| 1 year | 3 | 33.3 | | 0 | 0.0 | | 3 | 37.5 | | |
| 2 years | 1 | 11.1 | | 0 | 0.0 | | 1 | 12.5 | | |
| 3 years | 1 | 11.1 | | 0 | 0.0 | | 1 | 12.5 | | |
| 4 years | 1 | 11.1 | | 0 | 0.0 | | 1 | 12.5 | | |
| 7 years | 1 | 11.1 | | 0 | 0.0 | | 1 | 12.5 | | |
| Golimumab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | |
| <1 year | 76 | 51.0 | | 71 | 51.8 | | 5 | 41.7 | | 0.1842 |
| 1 year | 36 | 24.2 | | 34 | 24.8 | | 2 | 16.7 | | |

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|--|-------------------|--------|----|--|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| 2 years | 25 | 16.8 | | 23 | 16.8 | | 2 | 16.7 | | |
| 3 years | 10 | 6.7 | | 7 | 5.1 | | 3 | 25.0 | | |
| 4 years | 2 | 1.3 | | 2 | 1.5 | | 0 | 0.0 | | |
| Vedolizumab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | 0.3220 |
| <1 year | 576 | 64.5 | | 325 | 66.1 | | 251 | 62.6 | | |
| 1 year | 187 | 20.9 | | 93 | 18.9 | | 94 | 23.4 | | |
| 2 years | 97 | 10.9 | | 57 | 11.6 | | 40 | 10.0 | | |
| 3 years | 24 | 2.7 | | 11 | 2.2 | | 13 | 3.2 | | |
| 4 years | 7 | 0.8 | | 5 | 1.0 | | 2 | 0.5 | | |
| 5 years | 1 | 0.1 | | 1 | 0.2 | | 0 | 0.0 | | |
| 8 years | 1 | 0.1 | | 0 | 0.0 | | 1 | 0.2 | | |
| Missing | 1 | | | 0 | | | 1 | | | |
| Ustekinumab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | 0.0950 |
| <1 year | 237 | 69.1 | | 10 | 83.3 | | 227 | 68.6 | | |
| 1 year | 55 | 16.0 | | 0 | 0.0 | | 55 | 16.6 | | |
| 2 years | 36 | 10.5 | | 0 | 0.0 | | 36 | 10.9 | | |
| 3 years | 8 | 2.3 | | 2 | 16.7 | | 6 | 1.8 | | |
| 4 years | 2 | 0.6 | | 0 | 0.0 | | 2 | 0.6 | | |
| 5 years | 2 | 0.6 | | 0 | 0.0 | | 2 | 0.6 | | |
| 6 years | 1 | 0.3 | | 0 | 0.0 | | 1 | 0.3 | | |
| 7 years | 1 | 0.3 | | 0 | 0.0 | | 1 | 0.3 | | |
| 8 years | 1 | 0.3 | | 0 | 0.0 | | 1 | 0.3 | | |

* Chi-square test or Fisher's exact test
Abbreviation : SD (Standard Deviation)

Table 5. Strengths of I-CARE

| |
|--|
| 1. Large statistically powered prospective observational cohort study |
| 2. Real-world data |
| 3. Standardized longitudinal follow-up |
| 4. Long-term follow-up |
| 5. Quality of data collection |
| 6. Primary objective: to assess prospectively the presence and the extent of safety concerns (cancers (especially lymphoma) and serious infections risks) for anti-TNF or other biologic alone or in combination with thiopurines |
| 7. Secondary objectives: <ul style="list-style-type: none"> - To investigate prospectively the impact of anti-TNF or other biologic based strategies on the natural history of IBD and their potential for disease modification - To assess the evolution of PROs on a yearly basis and the impact of anti-TNF agents or other biologic on PROs in IBD - To evaluate the benefit-risk ratio of strategies based on an earlier and wider use of anti-TNF or other biologic therapy for IBD - To assess the direct healthcare costs and cost-efficacy of current therapeutic strategies in IBD |

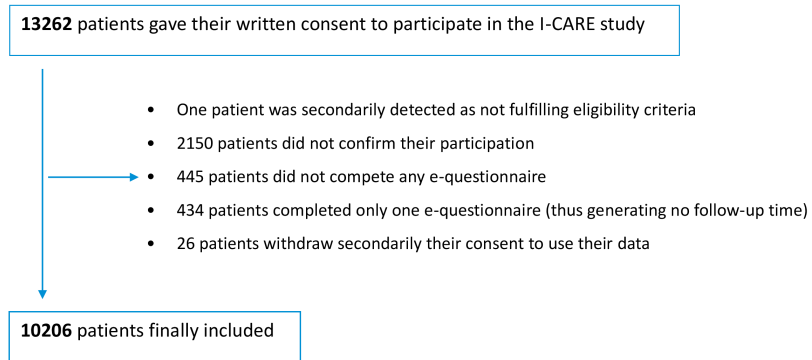


Figure 1 : Patient 's Flowchart

Appendix: I-CARE Collaborator Group**Investigators, listed by decreasing number of patients enrolled:**

Jean-Marc GORNET, Hôpital Saint-Louis, Université Paris Nord, Paris, France; Laurent BEAUGERIE, Hôpital Saint-Antoine, Sorbonne Université, Paris, France; Sebastian SHAJI, Hull University Teaching Hospitals, Hull York Medical School - University of Hull, Hull, UK; Laurent PEYRIN-BIROULET, CHRU Nancy, Nancy University, Nancy, France; Jean-Marie REIMUND, Hôpital universitaire de Strasbourg, Université de Strasbourg, Strasbourg, France; Xavier HEBUTERNE, Hôpital L'archet, Nice, France; Aurélien AMIOT, Hôpital Henri Mondor Université Paris Est, Créteil, France; Franco ARMELAO, Ospedale Santa Chiara, Azienda Provinciale per i Servizi Sanitari, Trento, Italy; Pierre BLANC, CHU Montpellier, Université de Montpellier, Montpellier, France; Claudio PAPI, Ospedale San Filippo Neri, Roma, Italy; Guillaume PINETON DE CHAMBRUN, Hôpital Saint-Eloi, Université de Montpellier, Montpellier, France; Xavier ROBLIN, CHU Saint-Etienne, Saint-Etienne Université, Saint-Etienne, France; Konstantinos KARMIRIS, Venizeleio General Hospital, Heraklion, Greece; Sohail SHARIQ, Ealing Hospital, Imperial college london, London, UK; Nikolaos VIAZIS, Evangelismos General Hospital, Athens, Greece; Jimmy LIMDI, Northern Care Alliance NHS Foundation Trust, University of Manchester, Manchester, UK; Piotr EDER, H. Święcicki University Hospital, Poznan University of Medical Sciences, Poznan, Poland; Georgios MICHALOPOULOS, Tzaneion General Hospital, Pireaus, Greece; Andrew BELL, Weston General Hospital, Weston-Super-Mare, UK; Livia BIANCONE, Policlinico Tor Vergata, Università di Roma Tor Vergata, Roma, Italy; Marie DEWITTE, CHU Rennes - Hôpital Pontchaillou, Université Rennes 1, Rennes, France; Zia MAZHAR, Basildon and Thurrock University Hospitals NHS Trust, Basildon, UK; Denis FRANCHIMONT, Erasmus Hospital, VUB -ULB, Brussels, Belgium; Stephane NANCEY, Hôpital Lyon-Sud, Université

Lyon 1, Lyon, France; Gilles MACAIGNE, CH Marne la vallée, Jossigny, France; Maria Beatrice PRINCIPI, Policlinico di Bari, Università di Bari, Bari, Italy; Mathurin FUMERY, CHU Amiens, Université de Picardie Jules Verne, Amiens, France; Gareth PARKES, St Bartholomew's Hospital, Queen Mary University of London, London, UK; Jean-Christophe VALATS, CHU Montpellier, Université de Montpellier, Montpellier, France;; Glen DOHERTY, St Vincent University Hospital & University College Dublin, Dublin, Ireland; Guillaume BOUGUEN, CHU Rennes - Hôpital Pontchaillou, Université Rennes 1, Rennes, France; Tamás MOLNAR, Albert Szent-Györgyi Health Center, University of Szeged, Szeged, Hungary;; Hersin TSAI, Hull University Teaching Hospitals, Hull York Medical School - University of Hull, Hull, UK; Mohsin GANGI, Stepping Hill Hospital, Stockport, UK; Natalia PEDERSEN, Slagelse Hospital, University of Copenhagen, Slagelse, Denmark; Frédéric HELUWAERT, CH Annecy Genevois, Annecy, France; Richard SHENDEREY, Airedale General Hospital, Leeds University School of Medicine, Airedale, UK; Sebastian ZEISSIG, , University Hospital Carl Gustav Carus, Technische Universität Dresden, Dresden, Germany; Jeffrey BUTTERWORTH, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Fabiana CASTIGLIONE, Policlinico Federico II, Università Federico II, Napoli, Italy; Lynsey CORLESS, Hull University Teaching Hospitals, Hull York Medical School- University of Hull, Hull, UK; Camille ZALLOT, CHRU Nancy, Université de Nancy, Nancy, France; ; Filip BAERT, AZ Delta, campus Rumbeke, Roeselare, Belgium; Salil SINGH, Royal Bolton Hospital, Bolton, UK; Sunil SONWALKAR, Calderdale Royal Hospital, Halifax, UK; Julie BURTON , Pinderfields Hospital, Wakefield, UK; Elizabeth CLAYTON, Pinderfields Hospital, Wakefield, UK; Jean-François RAHIER, CHU Namur, site Godinne, University of Namur, Namur, Belgium; Deven VANI, Pinderfields Hospital, Wakefield, UK; Renata D'INCA, Ospedale di Padova, Università di Padova, Padova, Italy; Guy BELLAICHE, Hôpital Robert Ballanger, Université de Bobigny, Aulnay-sous-bois,

France; Martine DE VOS, UZ Ghent, Ghent University, Ghent, Belgium; Julien KIRCHGESNER, Hôpital Saint-Antoine, Sorbonne Université, Paris, France; Uri KOPYLOV, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Triana LOBATON, UZ Ghent, Ghent University, Ghent, Belgium; Christophe LOCHER, Hôpital de Meaux, Meaux, France; Gerassimos MANTZARIS, Evangelismos General Hospital, Athens, Greece; George ABOUDA, Hull University Teaching Hospitals, Hull York Medical School - University of Hull, Hull, UK; Katie SMITH, Michael SPRAKES, Pinderfields Hospital, Wakefield, UK; Yeovil District Hospital, Yeovil, UK; Angeliki THEODOROPOULOU, Venizeleio General Hospital, Heraklion, Greece; Emma WESLEY, Musgrove Park Hospital, Taunton, UK; Joëlle BONNET, Hôpital Saint-Louis, Université Paris Nord, Paris, France; David ELPHICK, Chesterfield Royal Hospital, Chesterfield, UK; Cyrielle GILLETTA, Hôpital Rangueil, Université Toulouse 3, Toulouse, France; John GORDON, Hampshire Hospitals, University of Southampton, Basingstoke, UK; David LAHARIE, CHU Bordeaux, Université de Bordeaux, Pessac, France; Antoine NAKAD, Chwapi Hospital, Tournai, Belgium; Ambrogio ORLANDO, Ospedale V. Cervello, Università di Palermo, Palermo, Italy; Patrick DUBOIS, Kings College Hospital, King's College London, London, UK; Peter HASSELBLATT, Universitätsklinikum Freiburg, Universitätsklinikum Freiburg, Freiburg, Germany; Christophe MICHIELS, CHU Dijon, Dijon, France; Cathryn PRESTON, Bradford Teaching Hospitals, Leeds School of Medicine, Bradford, UK; Anca STAICU, Hull University Teaching Hospitals, Hull York Medical School/ University of Hull, Hull, UK; Lucine VUITTON, CHU de Besançon - UMR, Université de Besançon, Franche-comté, France; Mehdi KAASSIS, Centre Hospitalier de Cholet, Cholet, France; Ally SPEIGHT, Royal Victoria Infirmary, Newcastle University Medical School, Newcastle, UK; Deb GHOSH, Princess Alexandra Hospital, Harlow, UK; Mark LÖWENBERG, Amsterdam University Medical Center, location AMC, Amsterdam, The Netherlands; Nicolas MATHIEU, CHU Grenoble,

Université Grenoble Alpes , Grenoble, France; Anne-Laure PELLETIER, Groupe Hospitalier Bichat-Claude Bernard, Paris, France; Anne PHILLIPS, York Hospital, Hull York Medical School, York, UK; Fernando MAGRO, Centro Hospitalar Universitário de São João, Faculty of Medicine of the University of Porto, Porto, Portugal; Romain ALTWEGG, Hôpital Saint-Eloi, Montpellier, France; Irit AVNI BIRON, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Jonathon LANDY, Watford General Hospital, Watford, UK; Maria NACHURY, CHU Lille, Université Lille, Lille, France; Achuth SHENOY, Colchester General Hospital, Barts and The London School of Medicine and Dentistry Norwich Medical School Anglia Ruskin University, Colchester, UK; Caroline TRANG, CHU Nantes, Université Nantes , Nantes, France; Vered ABITBOL, Hôpital Cochin AP-HP, Université Paris Cité, Paris, France; Georgios BAMIAS, Sotiria General Hospital, National and Kapodistrian University, Athens, Greece; Klaudia FARKAS, Albert Szent-Györgyi Health center, University of Szeged, Szeged, Hungary; Christian MAASER, Klinikum Lüneburg, Klinikum Lüneburg, Lüneburg, Germany; Ariella SHITRIT, Shaare Tzedek Medical Center, Hebrew University, Jerusalem, Israel; Britta SIEGMUND, Charité Campus Benjamin Franklin, Charité Berlin, Berlin, Germany; Jérôme FILIPPI, Hôpital L'archet, Nice, France; Colm O'MORAIN, Beacon Hospital, UCD, Dublin, Ireland; Henit YANAI, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Laurent COSTES, Centre hospitalier intercommunal de Créteil, Créteil, France; David HOBDAIY, Sunderland Royal Hospital, Sunderland, UK; Zoltán SZEPEI, Albert Szent-Györgyi Health Center, University of Szeged, Szeged, Hungary; Emma CALABRESE, Policlinico Tor Vergata, Università di Roma Tor Vergata, Roma, Italy; Helen DALLAL, James Cook University Hospital, Durham University, Newcastle University, Middlesbrough, UK; Michael FUNG, NHS Plymouth, Plymouth, UK; Arvind RAMADAS, James Cook University Hospital, Durham University, Newcastle University, Middlesbrough, UK; Bijay BABURAJAN,

Maidstone Hospital, Maidstone, UK; Konrad KOSS, Macclesfield District General Hospital, Macclesfield, UK; Christophe BARBERIS, Hôpital Bagatelle, Talence, France; Anthony BUISSON, CHU Clermont-Ferrand, Inserm U1071, M2iSH, Université Clermont Auvergne, Clermont-Ferrand, France; Morgane AMIL, CHD Vendée, La Roche-sur-Yon, France; Paola BALESTRIERI, Campus Biomedico, Università Campus Biomedico, Roma, Italy; Matthew JOHNSON, Luton and Dunstable University Hospital, University College London, Luton, UK; Maria TZOUVALA, Agios Panteleimon General Hospital, Nikaia-Piraeus, Greece; Stéphanie VIENNOT, CHU Caen, Université de Caen, Caen, France; Andy LI, Worthing Hospital, Worthing, UK; Ferenc NAGY, Albert Szent-Györgyi Health Center, University of Szeged, Szeged, Hungary; Nick THOMPSON, Royal Victoria Infirmary, Newcastle University Medical School, Newcastle, UK; Laurent ALRIC, Hôpital Rangueil, Université Toulouse 3, Toulouse, France; Sunil SAMUEL, Nottingham University Hospitals NHS Trust Queen's Medical Centre, Nottingham, UK; Anne BOURRIER, Hôpital Saint-Antoine, Sorbonne Université, Paris, France; Elise CHANTELOUP, Hôpital Paris Saint-Joseph, Paris, France; Emilie DEL TEDESCO, CHU Saint-Etienne, Université Saint-Etienne, Saint-Etienne, France; Marcus HARBORD, Chelsea and Westminster Hospital, Imperial college london, London, UK; Alan LOBO, Royal Hallamshire Hospital, University of sheffield, Sheffield, UK; Sally MYERS, Hull University Teaching Hospitals, Hull York Medical School - University of Hull, Hull, UK; Richard POLLOK, St George's Hospital, University of London, London, UK; Tariq AHMAD, Royal Devon and Exeter Hospital, University of Exeter Medical School, Exeter, UK; Rakesh CHAUDHARY, Watford General Hospital, Watford, UK; Christos KARAKOIDAS, Naval Hospital, Athens, Greece; Edouard LOUIS, CHU de Liège, ULiège, Liège, Belgium; Ashraf SOLIMAN, Barnsley General Hospital, University of Sheffield, Barnsley, UK; Carmen STEFANESCU, Hôpital Beaujon, Université Paris, Clichy, France; Georgios THEOCHARIS, University Hospital of Patra, Patra, Greece; Stijn VANDEN BRANDEN, OLV-Aalst, Aalst,

Belgium; Belén BELTRAN , Hospital Universitari La Fe - Instituto de Investigación Sanitaria La Fe (IISLaFe), Polytechnic University of Valencia, Valencia, Spain; Yoram BOUHNİK, Hôpital Beaujon, Université de Paris, Clichy, France; Arnaud BOURREILLE, CHU Nantes, Université de Nantes , Nantes, France; Joana BRANCO, Hospital Prof. Doutor Fernando Fonseca, Amadora, Portugal; Ben COLLEYPRIEST, Royal United Hospitals Bath, Bath, UK; Rami ELIAKIM, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Paul KNIGHT, Wythenshawe Hospital, University of Manchester, Manchester, UK; Aoibhlinn O'TOOLE, Beaumont Hospital, RCSI, Dublin, Ireland; Virginia ROBLES, Hospital Vall d'Hebron, Universidad autonoma de Barcelona, universitat oberta de catalunya, Barcelona, Spain; Konstantinos TRIANTAFYLLOU, Attikon University Hospital, National and Kapodistrian University, Athens, Greece; Marta Maia BOSCA, Hospital Clinico Universitario de Valencia, University of Valencia, Valencia, Spain; Guy LAMBRECHT, AZ Damiaan, Ostend, Belgium; Lucia MARQUEZ MOSQUERA, Hospital del Mar. Barcelona, Pompeu Fabra University, Barcelona, Spain; Simon PANTER, South Tyneside District Hospital, South Shields, UK; Aikaterini PAPPA, University Hospital of Larissa, Larissa, Greece; Marion SIMON, Institut Mutualiste Montsouris, Paris, France; Ganesh SIVAJI, Harrogate District Hospital, Harrogate, UK; Christophe BELLANGER, Kremlin Bicêtre, Université Paris Saclay, Le Kremlin Bicêtre, France; Arthur BELLE, CHRU Nancy, Université de Nancy , Nancy, France; Natalia BORRUEL, Hospital Vall d'Hebron and Centro de Investigación Biomédica en Red de enfermedades Hepáticas y Digestivas (CIBEREHD), Autonomous University of Barcelona, Barcelona, Spain; Laurence EGAN, UCHG, NUIG, Galway, Ireland; Harald PEETERS, AZ St-Lucas, Ghent, Ghent, Belgium; Daniel SHARPSTONE, West Suffolk Hospital, University of Suffolk, Suffolk, UK; Ramesh ARASARADNAM, University Hospital Coventry, University of Warwick, Coventry, UK; José Manuel BENITEZ, Hospital Universitario Reina Sofía, Instituto Maimónides de Investigación

Biomédica de Córdoba (IMIBIC), University of Cordoba, Córdoba, Spain; Jens Frederik DAHLERUP, Aarhus University Hospital, University of Aarhus, Aarhus, Denmark; Olga GIOULEME, Hippokration General Hospital, Aristotle University, Thessaloniki, Greece; Javier P. GISBERT, Hospital Universitario de La Princesa, Instituto de Investigación Sanitaria Princesa (IIS-IP) and Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), Autonomous University of Madrid (UAM), Madrid, Spain; Ulf HELWIG, Internistische Praxengemeinschaft Oldenburg, University of Kiel, Germany; Miguel MINGUEZ, Hospital Clinico Universitario de Valencia, University of Valencia, Valencia, Spain; Eftychia TSIRONI, Metaxa Memorial General Hospital, Pireaus, Greece; Angela VARIOLA, Ospedale Sacro Cuore Don Calabria, Negrar di Valpolicella, Italy; Patrick ALLEN, Ulster Hospital, Belfast, UK; Lucille BOIVINEAU, Hôpital Saint-Eloi, Montpellier, France; Andy COLE, Royal Derby Hospitals, Derby, UK; Nina DIB, CHU Angers, Université Angers, Angers, France; Fernando GOMOLLON, Hospital Clínico Universitario "Lozano Blesa", Instituto de Investigación Sanitaria de Aragón (IIS-Aragón), Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), University of Zaragoza, Zaragoza, Spain; Richard JOHNSTON, Torbay Hospital, Torquay, UK; Konstantinos KATSANOS, University Hospital of Ioannina, University of Ioannina, Ioannina, Greece; Nick KENNEDY, Royal Devon and Exeter Hospital University of Exeter Medical School, Exeter, UK; Marianne KISZKA-KANOWITZ, Hvidovre Hospital, University of Copenhagen, Hvidovre, Denmark; Ignacio MARIN-JIMENEZ, Hospital Universitario Gregorio Marañón, IiSGM, Complutense University of Madrid, Madrid, Spain; Pál MIHELLER, 1st Department of Surgery and Interventional Gastroenterology, Semmelweis University, Budapest, Hungary; Pilar NOS, Hospital Universitari La Fe, Instituto de Investigación Sanitaria La Fe (IISLaFe), Universitat Politècnica de Valencia, Valencia, Spain; Othman SARAJ, Scarborough Hospital, Hull York Medical School, Scarborough, UK; Lars

VINTER-JENSEN, Aalborg University Hospital, University of Aalborg, Aalborg, Denmark; Eran ZITTAN, Haemeq Medical Center, Faculty of Medicine Technion, Afula, Israel; Clotilde BAUDRY, Hôpital Saint-Louis, Université Paris Nord, Paris, France; Xavier CALVET, Hospital Universitari Parc Taulí, Autonomous University of Barcelona, Sabadell, Spain; Marie-Christine CAZELLES-BOUDIER, Centre Hospitalier de la Côte Basque, Bayonne, France; Jean-Louis COENEGRACHTS, Jessa Ziekenhuis Hospital, Hasselt, Belgium; Garret CULLEN, St Vincent University Hospital & University College Dublin, Dublin, Ireland; Marco DAPERNO, Ospedale Ordine Mauriziano Umberto I, Università di Torino, Torino, Italy; Anjan DHAR, Darlington Memorial Hospital, Durham, UK; Romain GERARD, CHU Lille, Université de Lille, Lille, France; Christian Lodberg HVAS, Aarhus University Hospital, University of Aarhus, Aarhus, Denmark; Nanna JENSEN, Bispebjerg Hospital, University of Copenhagen, Copenhagen, Denmark; Nitsan MAHARSHAK, Sourasky Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Mark MCALINDON, Royal Hallamshire Hospital, University of Sheffield, Sheffield, UK; Simon MCLOUGHLIN, Christchurch Hospital, Christchurch, UK; Miles PARKES, Addenbrookes's Hospital, University of Cambridge, Cambridge, UK; Kamal PATEL, St George's Hospital, University of London, London, UK; Armando PEIXOTO, Centro Hospitalar Universitário de São João, Faculty of Medicine of the University of Porto, Porto, Portugal; Dimitrios POLYMEROS, Attikon University Hospital, Athens, Greece; Francisco PORTELA, Centro Hospitalar Universitário de Coimbra, Coimbra, Portugal; Rodolfo ROCCA, Ospedale Ordine Mauriziano Umberto I, Università di Torino, Torino, Italy; Philippe SEKSIK, Hôpital Saint Antoine, Sorbonne Université, Paris, France; Sreedhar SUBRAMANIAN, Royal Liverpool University Hospital, University of Liverpool, Liverpool John Moores University, Liverpool School of Tropical Medicine, Liverpool, UK; Ruth TENNENBAUM, Centre Hospitalier Poissy St Germain-en-Laye, St Germain-en-Laye, France; Raja ATREYA, Universitätsklinikum

Erlangen, Universitätsklinikum Erlangen, Erlangen, Germany; Oliver BACHMANN, Medizinische Hochschule Hannover, Medizinische Hochschule Hannover, Hannover, Germany; Arthur BERGER, CHU Angers, Université Angers, Angers, France; Renáta BOR, Albert Szent-Györgyi Health Center, University of Szeged, Szeged, Hungary; Maire BUCKLEY, St Vincent University Hospital & University College Dublin, Dublin, Ireland; Daniel CARPIO, Complejo Hospitalario Universitario de Pontevedra, University of Alcalá de Henares and the University of Granada, Pontevedra, Spain; María CHAPARRO, Hospital Universitario de La Princesa, Instituto de Investigación Sanitaria Princesa (IIS-IP) and Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), Autonomous University of Madrid (UAM), Madrid, Spain; Francesco COSTA, Azienda ospedaliero-universitaria pisana, Università di Pisa, Pisa, Italy; Eugeni DOMENECH, Hospital Universitari Germans Trias i Pujol Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), Universitat Autònoma Barcelona, Badalona, Spain; Maria ESTEVE, Hospital Universitari Mutua Terrassa. Centro Investigación biomédica en red de enfermedades hepáticas y digestivas, University of Barcelona, Barcelona, Spain; Stephen FOLEY, King's Mill Hospital, University of Nottingham, Sutton-in-Ashfield, UK; Jordi GUARDIOLA, Hospital Universitario de Bellvitge, IDIBELL, Universidad de Barcelona, Hospitalet del Llobregat, Spain; Ioannis KOUTROBAKIS, University Hospital of Heraklion, University of Crete, Heraklion, Greece; Tanja KUEHBACHER, Medius Kliniken Nürtingen, Medius Kliniken Nürtingen, Nürtingen, Germany; Cécilia LANDMAN, Hôpital Saint-Antoine, Sorbonne Université, Paris, France; Alessandro LAVAGNA, Ospedale Ordine Mauriziano Umberto I, Università di Torino, Torino, Italy; Noemí MANCENÍDO, Hospital Universitario Infanta Sofía, European University of Madrid, San Sebastián de los Reyes, Spain; Míriam MAÑOSA, Hospital Universitari Germans Trias i Pujol Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), Badalona, Spain;

Maria Dolores MARTÍN-ARRANZ, La Paz University Hospital, Universidad Autónoma de Madrid, Hospital La Paz Institute for Health Research, La Paz Hospital, Madrid, Spain; Laurianne PLASTARAS, CHU Colmar, Colmar, France; Maria Lia SCRIBANO, Ospedale S. Camillo-Forlanini, Roma, Italy; Subhasish SENGUPTA, Our Lady of Lourdes Hospital, RCSI, Drogheda, Ireland; Nils TEICH, Internistische Gemeinschaftspraxis für Verdauungs- und Stoffwechselkrankheiten, Leipzig, Germany; My-Linh TRAN-MINH, Hôpital Saint-Louis, Université Paris Nord, Paris, France; Evanthia ZAMPELI, Alexandra General Hospital, Athens, Greece; Leila AMININEJAD, Erasmus Hospital, VUB-ULB, Brussels, Belgium; Teresa ARROYO, Hospital Clínico Universitario "Lozano Blesa", Instituto de Investigación Sanitaria de Aragón (IIS-Aragón), Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), University of Zaragoza, Zaragoza, Spain; Alain ATTAR, Hôpital Beaujon, UFR de Médecine, Xavier Bichat, Université de Paris, Clichy la garenne, France; Ann-Sofie BACKMAN, Karolinska University Hospital, Inst Med Solna Karolinska Institutet, Stockholm, Sweden; Anita BÁLINT, Albert Szent-Györgyi Health Center, University of Szeged, Szeged, Hungary; John BECKLY, Royal Cornwall Hospital, University of Exeter Medical School, Truro, UK; Shomron BEN HORIN, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Sónia BERNARDO, Centro Hospitalar Lisboa Norte, Lisboa, Portugal; Ludovic CAILLO, Hôpital universitaire de Nîmes, Université Montpellier-Nîmes, Nîmes, France; Bénédicte CARON, Department of Gastroenterology and Inserm NGERE U1256, Nancy University Hospital, University of Lorraine, 54500 Vandoeuvre-lès-Nancy, France; María Shanika DE SILVA, Russells Hall Hospital, Dudley, UK; Anna FÁBIÁN, Albert Szent-Györgyi Health Center, University of Szeged, Szeged, Hungary; Gionata FIORINO, IRCCS S. Raffaele, Università Vita-Salute San Raffaele, Milano, Italy; Ana GUTIERREZ, Hospital General Universitario Alicante, Centro de Investigación Biomédica en Red de enfermedades Hepáticas y Digestivas - ISABIAL, Instituto

de Investigación Sanitaria y Biomédica de Alicante, Alicante, Spain; Adi LAHAT, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Mohamed MASMOUDI, Hôpital de Meaux, Meaux, France; Marco MENDOLARO, Ospedale Ordine Mauriziano Umberto I, Università di Torino, Torino, Italy; Vinciane MULS, CHU Saint-Pierre, VUB -ULB, Brussels, Belgium; Florian POULLENOT, CHU Bordeaux, Université de Bordeaux, Pessac, France; Christopher PROBERT, Royal Liverpool University Hospital, University of Liverpool, Liverpool John Moores University, Liverpool School of Tropical Medicine, Liverpool, UK; Catherine REENAERS, CHU de Liège, ULiège, Liège, Belgium; Mariann RUTKA, Albert Szent-Györgyi Health Center, University of Szeged, Szeged, Hungary; Zaman SARWARI, Odense University Hospital Svendborg, University of Odense, Svendborg, Denmark; Joanne SAYER, Doncaster Royal Infirmary, Doncaster, UK; Beatriz SICILIA, Hospital Universitario de Burgos, Burgos, Spain; Helena SOUSA, Centro Hospitalar Universitário do Algarve - Portimão, Portimão, Portugal; Catherine VAN KEMSEKE, CHU de Liège, ULiège, Liège, Belgium; Ana VIEIRA, Hospital Garcia Orta, Almada, Portugal; Yamile ZABANA, Hospital Universitari Mútua Terrassa, Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), University of Barcelona, Terrassa, Spain; Marco ASTEGIANO, Ospedale San Giovanni antica sede, AOU Città della Salute e della Scienza di Torino, Torino, Italy; Paul BANIM, James Paget University Hospital, University of Suffolk, Great Yarmouth, UK; Dominik BETTENWORTH, Praxis für Innere Medizin, Münster, Germany; Médina BOUALIT, Hôpital de Valenciennes, Université de Lille, Valenciennes, France; Jacob Broder BRODERSEN, Hospital of Southwest Jutland, University of Southern Denmark, Esbjerg, Denmark; Angeliki CHRISTIDOU, Evangelismos General Hospital, Athens, Greece; Rachel COONEY, Queen Elizabeth Hospital, University of Birmingham, Birmingham, UK; João CORTEZ PINTO, Instituto Português Oncologia - Lisboa Francisco Gentil, Lisboa, Portugal; Marília CRAVO, Hospital Beatriz Ângelo, Loures,

Portugal; Anneline CREMER, Erasmus Hospital, VUB-ULB, Brussels, Belgium; Silvio DANESE, IRCCS S. Raffaele, Università Vita-Salute San Raffaele, Milano, Italy; Antonio DI SABATINO, Policlinico San Matteo, Università di Pavia, Pavia, Italy; Jan FALLINGBORG, Aalborg University Hospital, University of Aalborg, Aalborg, Denmark; Antonio FERRONATO, Ospedale Alto Vicentino AULSS 7 Pedemontana, Santorso, Italy; Esther GARCIA PLANELLA, Hospital de la Santa Creu i Sant Pau, Open University of Catalonia, Barcelona, Spain; Sanjay GUPTA, Croydon University Hospital, St George's, University of London King's College School of Medicine and Dentistry, Croydon, UK; Jonas HALFVARSON, Örebro University Hospital, Faculty of Medicine and Health, Örebro University, Örebro, Sweden; Eran ISRAELI, Wolfson Medical Center, Sackler Medical School Tel Aviv University, Tel Aviv, Israel; Samantha KESTENBAUM, Bristol Royal Infirmary, University of Bristol, Bristol, UK; Lone LARSEN, Aalborg University Hospital, University of Aalborg, Aalborg, Denmark; Elisabeth MACKEN, UZA, Antwerp University, Antwerp, Belgium; Nicoletta MATHOU, Konstantopoulou General Hospital, Athens, Greece; Ágnes MILASSIN, Albert Szent-Györgyi Health Center, University of Szeged, Szeged, Hungary; Joanna POFELSKI, CH Annecy Genevois, Annecy, France; Chiara RICCI, Presidio Spedali Civili di Brescia, Università di Brescia, Brescia, Italy; Francisco RODRIGUEZ-MORANTA, Hospital Universitario de Bellvitge, IDIBELL, Hospitalet del Llobregat, Spain; Martin SCHMIDT-LAUBER, Praxis für Gastroenterologie Oldenburg, Oldenburg, Germany; Ian SHAW, Gloucester Royal Infirmary, Gloucester, UK; Marta SOARES, Centro Hospitalar Universitário de Coimbra, Coimbra, Portugal; Heithem SOLIMAN, Hôpital Louis Mourier, Université de Paris, Paris, France; Christos TRIANTOS, University Hospital of Patra, University of Patras, Patra, Greece; Konstantinos ZOGRAFOS, Athens Medical P. Faliron, Athens, Greece; Anurag AGRAWAL, Doncaster Royal Infirmary, Doncaster, UK; Alessandro ARMUZZI, IBD Center Humanitas Research Hospital, Rozzano Department of Biomedical

Sciences Humanitas University, Peive Emanuele, Milan, Italy; Alexandre AUBOURG, CHU Trousseau Tours, Université de Tours, Tours, France; Manuel BARREIRO-DE ACOSTA, Hospital Clínico Universitario de Santiago de Compostela, University of Santiago de Compostela, Santiago, Spain; Jesús BARRIO, Hospital Universitario Río Hortega, Gerencia Regional de Salud de Castilla y León (SACYL), Valladolid, Spain; Daniel BERGEMALM, Örebro University Hospital, Faculty of Medicine and Health, Örebro University, Örebro, Sweden ; Fernando BERMEJO, Hospital Universitario de Fuenlabrada, University Rey Juan Carlos, Madrid, Spain; Giorgia BODINI, Ospedale San Martino, Università di Genova, Genova, Italy; Johan BOHR, Örebro University Hospital, Faculty of Medicine and Health, Örebro University, Örebro, Sweden; Peter BOSSUYT, Imelda Hospital, Bonheiden, Belgium; Dimitrios CHRISTODOULOU, University Hospital of Ioannina, University of Ioannina, Ioannina, Greece; Christophe CLAESSENS, AZ Turnhout, Turnhout, Belgium; Paul COLLINS, Royal Liverpool University Hospital, University of Liverpool, Liverpool John Moores University, Liverpool School of Tropical Medicine, Liverpool, UK; Ruth DE FRANCISCO, Hospital Universitario Central de Asturias, Instituto de Investigación Sanitaria del Principado de Asturias (ISPA), University of Oviedo, Oviedo, Spain; Santiago GARCIA, Hospital Universitario Miguel Servet, Zaragoza University, Zaragoza, Spain; Sotirios GEORGOPOULOS, Athens Medical P. Faliron, Athens, Greece; Felix GOUTORBE, Centre Hospitalier de la Côte Basque, Bayonne, France; Chrisostomos KALANTZIS, Army Share Fund Hospital, Athens, Greece; Anastasia KOURIKOU, Hippokration General Hospital, Athens, Greece; Vincent MACE, CHD Vendée, La Roche-sur-Yon, France; Georgia MALAMUT, Hôpital Européen Georges Pompidou, Université de Paris, Paris, France; Paula MINISTRO, Centro Hospitalar Tondela-Viseu, Viseu, Portugal; Isabelle NION LARMURIER, Hôpital Saint-Antoine, Sorbonne Université, Paris, France; Elena RICART, Hospital Clínic Barcelona Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas

(CIBEREHD) IDIBAPS, University of Barcelona (UB), Barcelona, Spain; Mélanie SERRERO, Hôpital Nord Marseille, Université d'Aix-Marseille, Marseille, France; Juliette SHERIDAN, St Vincent University Hospital & University College Dublin, Dublin, Ireland; Petra WEIMERS, North Zealand Hospital, University of Copenhagen, Hillerød, Denmark; Vibeke ANDERSEN, Hospital of Southern Jutland, University of Southern Denmark, Aabenraa, Denmark; Bruno ARROJA, Hospital de Braga, Braga, Portugal; Bernd BOKEMEYER, Gastroenterologische Gemeinschaftspraxis Minden, Minden, Germany; Luis BUJANDA, Hospital Universitario de Donostia. Biodonostia Health Research Institute. Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), University of the Basque Country (UPV/EHU), San Sebastián, Spain; Thibault DEGAND, CHU Dijon, Dijon, France; Carl ERIKSSON, Örebro University Hospital, Faculty of Medicine and Health, Örebro University, Örebro, Sweden; Cécile GARCEAU, CHD Vendée, La Roche-sur-Yon, France; Henning GLERUP, Regional Hospital Silkeborg, University of Aarhus, Silkeborg, Denmark; Idan GOREN, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Lucina JACKSON, Bon Secours Hospital, UCC, Cork, Ireland; Stéphane KOCH, CHU Besançon, Université Besançon, Franche-comté, France; Francisco MESONERO, Hospital Universitario Ramón y Cajal, University of Alcalá de Henares, Madrid, Spain; Ingrid ORDAS, Hospital Clinic of Barcelona, Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBER-EHD), Institut d'Investigacions Biomèdiques August Pi i Sunyer (IDIBAPS), University of Barcelona (UB), Barcelona, Spain; Pauline RIVIERE, CHU Bordeaux, Université de Bordeaux, Pessac, France; Simone SAIBENI, Ospedale di Rho, Rho, Italy; João SOARES, Hospital de Braga, Braga, Portugal; Noémie TAVERNIER, Hôpital Tourcoing, Université de Lille, Tourcoing, France; Klaus THEEDE, Hvidovre hospital, University of Copenhagen, Hvidovre, Denmark; Bella UNGAR, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Elke

BÄSTLEIN, Magen Darm Zentrum Wiener Platz, Köln, Germany; Antonio GASBARRINI, Policlinico A. Gemelli, Università Cattolica del Sacro Cuore, Italy; Andreas PROTOPAPAS, AHEPA University Hospital, Thessaloniki, Greece; Wolfgang REINDL, Universitätsmedizin Mannheim, Universitätsmedizin Mannheim, Mannheim, Germany; Fabrizio BOSSA, Fondazione Casa Sollievo della Sofferenza, IRCCS, San Giovanni Rotondo, Italy; Ailsa HART, St Marks Hospital, Imperial college london, London, UK; Franz-Josef HEIL, Fachärztliche Schwerpunktpraxis für Magen-Darm-Erkrankungen, Andernach, Germany; Anthony O'CONNOR, TUH, TCD, Dublin, Ireland; Bas OLDENBURG, UMC Utrecht, Utrecht University, Utrecht, The Netherlands; Luca PASTORELLI, Policlinico San Donato, Università di Milano, San Donato Milanese, Italy; Stephen PATCHETT, Beaumont Hospital, RCSI, Dublin, Ireland; Subramaniam RAMAKRISHNAN, Warrington Hospital, Warrington, UK; John De CAESTECKER, Leicester Royal Infirmary, Leicester University, Leicester, UK; Ana ECHARRI, Hospital ArquiStudy Coordinatorto Marcide, Complejo Hospitalario Universitario de Ferrol, University of Navarra, Ferrol, Spain; David KEVANS, St. James's Hospital, TCD, Dublin, Ireland; Jürgen BÜNING, Schwerpunktpraxis Gastroenterologie, Lübeck, Germany; Rosa COELHO, Centro Hospitalar Universitário de São João, Faculty of Medicine of the University of Porto, Porto, Portugal; Jeroen JANSEN, OLVG oost, Amsterdam, The Netherlands; Benjamin KOSLOWSKI, Shaare Tzedek Medical Center, Hebrew University, Jerusalem, Israel; Christopher WELLS, University Hospital of North Tees, Stockton, UK; Daniel CEBALLOS, Hospital Universitario de Gran Canaria Dr. Negrín, University of Las Palmas de Gran Canaria, Las Palmas de Gran Canaria, Spain; Daan De Konig, Gelre ziekenhuizen, Gelre, The Netherlands; Ingrid KÖNIG, Praxis Hopsital, Bautzen, Germany; Hari PADMANABHAN, Newcross Hospital, Wolverhampton, UK; Timi PATANI, Warrington Hospital, Warrington, UK; Raheel QURESHI, Queen Elizabeth Hospital, Newcastle University Medical School, Gateshead, UK; Edyta ZAGOROWICZ, The Maria

Sklodowska-Curie National Research Institute of Oncology, Warsaw, Poland; Matthieu ALLEZ, Hôpital Saint-Louis, Université Paris Nord, Paris, France; Emmanouil ARCHAVLIS, Evangelismos General Hospital, Athens, Greece; Delphine BONNET, Hôpital Rangueil, Université Toulouse 3, Toulouse, France; Luisa GUIDI, Policlinico A. Gemelli, Università Cattolica del Sacro Cuore, Roma, Italy; Deirdre MCNAMARA, TUH, TCD, Dublin, Ireland; Piero VERNIA, Policlinico Umberto I, Università La Sapienza, Roma, Italy; Michael WEIDENHILLER, Facharztzentrum Regensburg, Regensburg, Germany; Lang ALON, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Trine BOYSEN, Hvidovre Hospital, University of Copenhagen, Hvidovre, Denmark; Charlotte DELATTRE, Hôpital Saint-Antoine, Sorbonne Université, Paris, France; Richard FARRELL, Connolly Hospital, RCSI, Dublin, Ireland; Rolf-Achim KRÜGER, Praxengemeinschaft, Radebeul, Germany; Thierry PAUPARD, CH Dunkerque, Dunkerque, France; Bénédicte PROST, CH Saint-Joseph Saint-Luc, Lyon, France; Ida VIND, Hvidovre Hospital, University of Copenhagen, Hvidovre, Denmark; Flavio CAPRIOLI, Ospedale Maggiore Policlinico di Milano, Università di Milano, Milano, Italy; Vladimir GANCHO, Nykøbing Falster Sygehus, University of Copenhagen, Nykøbing Falster, Denmark; Vincent QUENTIN, Hôpital Yves Le Foll, Saint-Brieuc, France; Benjamin AVIDAN, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Geert D'HAENS, Amsterdam University Medical Center, location AMC, Amsterdam, The Netherlands; Jane MCCARTHY, Mercy University Hospital, UCC, Cork, Ireland; Jonathon SNOOK, Poole Hospital, Poole, UK; Konstantinos SOUFLERIS, Theageneio Cancer Hospital, Thessaloniki, Greece; Frank ZERBIB, CHU Bordeaux, Université de Bordeaux, Pessac, France; Dan CARTER, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Annekatrien DEPLA, Slotervaart ziekenhuis, Amsterdam, The Netherlands; Thomas EISENBACH, Praxengemeinschaft, Leverkusen, Germany; Walter FRIES, Policlinico G. Martino, Università

di Messina, Messina, Italy; Nikolaos GRAMMATIKOS, Hippokration General Hospital, Thessaloniki, Greece; Saskia ILEGEMS, Emmaüs ziekenhuis, AZ St-Maarten, Mechelen, Belgium; Antonio LOPEZ-SANROMAN, Hospital Universitario Ramón y Cajal, University of Alcalá de Henares, Madrid, Spain; Jacques MOREAU, Hôpital Rangueil, Université Toulouse 3, Toulouse, France; Gabriele RIEGLER, Azienda ospedaliera Seconda Università di Napoli, Seconda Università di Napoli, Napoli, Italy; Svend RIETDIJK, OLVG oost, Amsterdam, The Netherlands; Marta ROCHA, Centro Hospitalar do Porto, Porto, Portugal; Isabelle ROSA, Centre hospitalier intercommunal de Créteil, Créteil, France; Barbara RYAN, TUH, TCD, Dublin, Ireland; Yelena YEREMENKO, Haemeq Medical Center, Faculty of Medicine Technion, Afula, Israel; Arnaud BORUCHOWICZ, Hôpital de Valenciennes, Université de Lille, Valenciennes, France; Filipe DAMIÃO, Centro Hospitalar Lisboa Norte, Lisboa, Portugal; Foteini LAOUDI, Athens Medical P. Faliro, Athens, Greece; Andreas LÜGERING, MVZ Portal 10, Münster, Germany; Giampiero MACARRI, Ospedale civile Augusto Murri, Fermo, Italy; Konstantinos THOMOPOULOS, University Hospital of Patra, University of Patras, Patra, Greece; Luísa BARROS, Centro Hospitalar do Tâmega e Sousa, Penafiel, Portugal; Thomas BLIXT, Zealand University Hospital, University of Copenhagen, Koege, Denmark; Aurélien GARROS, CH Saint-Joseph Saint-Luc, Lyon, France; Sam KHORRAMI, Hospital Universitario Son Espases, Palma de Mallorca, Spain; Harry SOKOL, Hôpital Saint-Antoine, Sorbonne Université, Paris, France; Andreas STURM, DRK-Kliniken Berlin, DRK-Kliniken Berlin, Berlin, Germany; Dan LIVOVSKY, Shaare Tzedek Medical Center, Hebrew University, Jerusalem, Israel; Jochen MAUL, MVZ für Gastroenterologie am Bayrischen Platz, Berlin, Germany; Heinrich MIKS, MVZ Hamm, Hamm, Germany; Vasileios PAPADOPOULOS, Attikon University Hospital, Athens, Greece; Carsten SCHMIDT, Medizinische Klinik Fulda, Medizinische Klinik Fulda, Fulda, Germany; Yifat SNIR, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Lise

SVENNINGSSEN, Regional Hospital Herning, University of Aarhus , Herning, Denmark; Wafaa AHMED, Maidstone Hospital, Maidstone, UK; Yelena BROITMAN, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Emmanuel CUIILLERIER, Hôpital Victor Jousselin, Dreux, France; Prashant KANT, York Hospital, Hull York Medical School, York, UK; Jan LEYDEN, MMUH, UCD, Dublin, Ireland; Lev LICHTENSTEIN, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Susana LOPES, Centro Hospitalar Universitário de São João, Faculty of Medicine of the University of Porto, Porto, Portugal; Chloé MARTINEAU, Hôpital Saint-Antoine, Sorbonne Université, Paris, France; Hugh MULCAHY , St Vincent University Hospital & University College Dublin, Dublin, Ireland; Axel SCHWEITZER, Gastroenterologische Gemeinschaftspraxis Münster, Münster, Germany; Fiona VAN SCHAIK, UMC Utrecht, Utrecht University, Utrecht, The Netherlands; Hagar BANAI, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Pauline DANION, Hôpital Lyon-Sud, Université Lyon 1, Lyon, France; Charlotte DULERY, CHU Bordeaux, Université de Bordeaux, Pessac, France; Herma FIDDER, UMC Utrecht, Utrecht University, Utrecht, The Netherlands; Claire GAY, Hôpital Lyon-Sud ,Université Lyon 1, Lyon, France; Hervé HAGEGE, Centre hospitalier intercommunal de Créteil, Créteil, France; Florence HARNOIS, CH Marne la vallée, Jossigny, France; Søren Peter JØRGENSEN, Aarhus University Hospital, University of Aarhus, Aarhus , Denmark; Jens MÜLLER-ZIEHM, Gastroenterologische Schwerpunktpraxis Hannover, Hannover, Germany; Michail OIKONOMOU, Euroclinic, Athens, Greece; Carolina PALMELA, Hospital Beatriz Ângelo, Loures, Portugal; Jörg SCHULZE/RÖSKE, Berufsausübungsgemeinschaft, Jerichow, Germany; Mark SMITH, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Tamar THURM, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Francesca BRESSO, Karolinska

University Hospital, Inst Med Solna Karolinska Institutet, Stockholm, Sweden; Hedia BRIXI, CHU de Reims, Université de Reims Champagne Ardenne, Reims, France; John JONES, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Pdraig MACMATHUNA, MMUH, UCD, Dublin, Ireland; Spyridon MICHPOULOS, Alexandra General Hospital, Athens, Greece; Claire PAINCHART, Hôpital de Valenciennes, Université de Lille, Valenciennes, France; Yulia RON, Sourasky Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Marianne VESTER-ANDERSEN, Zealand University Hospital, University of Copenhagen, Koege, Denmark; Gonçalo ALEXANDRINO, Hospital Prof. Doutor Fernando Fonseca, Amadora, Portugal; Norbert BÖRNER, Gastroenterologische Gemeinschaftspraxis Mainz, Mainz, Germany; Mariana CARDOSO, Hospital Prof. Doutor Fernando Fonseca, Amadora, Portugal; Cristina CHAGAS, Centro Hospitalar Lisboa Ocidental, Lisboa, Portugal; Axel DIGNAß, Agaplesion Krankenhaus Frankfurt, Agaplesion Krankenhaus Frankfurt, Frankfurt, Germany; Iris DOTAN, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Charlotte HEDIN, Karolinska University Hospital, Inst Med Solna Karolinska Institutet, Stockholm, Sweden; Pantelis KARATZAS, Laiko General Hospital, Athens, Greece; Panagiotis KASAPIDIS, Central Clinic, Athens, Greece; Károly PALATKA, 2nd Department of Internal Medicine, University of Debrecen, Debrecen, Hungary; Georgios SAKIZLIS, Latriko Athinon Hospital, Athens, Greece; Ana WILSON, St Marks Hospital, Imperial college london, London, UK; Nick BOSANKO, NHS Plymouth, Plymouth, UK; Paulo CALDEIRA, Centro Hospitalar Universitário do Algarve - Faro, Faro, Portugal; Charlotte GAGNIERE, Hôpital Henri Mondor, Université de Paris, Paris, France; Louise LIBIER, Hôpital Tourcoing, Université de Lille, Tourcoing, France; Camille MEUNIER, Hôpital Lyon-Sud, Université Lyon 1, Lyon, France; Gero MOOG, Gastroenterologische Facharztpraxis, Kassel, Germany; Audrey PASQUION, CH Saint-Joseph Saint-Luc, Lyon, France; Roberta PICA, Ospedale

Sandro Pertini, Roma, Italy; Ayesha AKBAR, St Marks Hospital, Imperial college london, London, UK; Nadia ARAB, Hôpital L'archet, Nice, France; Guillaume CADIOT, CHU de Reims, Université de Reims Champagne Ardenne, Reims, France; João CARVALHO, Centro Hospitalar Vila Nova de Gaia/Espinho, Vila Nova de Gaia, Portugal; Claire CHARPIGNON, Institut Mutualiste Montsouris, Paris, France; Klaus FELLERMANN, Praxisklinik Nürnberg, Praxisklinik Nürnberg, Freudenstadt, Germany; Sigal FISHMAN, Sourasky Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Gerald FRASER, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Nathan GLUCK, Sourasky Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Mark HOESL, Praxisklinik Nürnberg, Nürnberg, Germany; Jarosław KIERKUS, Children's Memorial Health Institute, Warsaw, Poland; Maria KLOPOCKA, Nicolaus Copernicus University in Toruń, Collegium Medicum, Bydgoszcz, Poland; Eduardo MARTIN ARRANZ, Hospital Universitario La Paz, Instituto de Investigacion Sanitaria La Paz (IDIPAZ), Madrid, Spain; Luis MENCHEN, Hospital Universitario Gregorio Marañón, IiSGM, Complutense University of Madrid, Madrid, Spain; Susanna NIKOLAUS, Universitätsklinikum Schleswig-Holstein, UKSH Kiel, Kiel, Germany; Anca PETRACHE, Vejle Hospital, University of Odense, Vejle, Denmark; Cyriel PONSIOEN, Amsterdam UMC Location AMC, Amsterdam, The Netherlands; Sabino RIESTRA, Hospital Universitario Central de Asturias, Instituto de Investigación Sanitaria del Principado de Asturias (ISPA), University of Oviedo, Oviedo, Spain; Pilar ROBLEDO, Hospital Universitario de Cáceres, University of Extremadura, Cáceres, Spain; Cristina RODRIGUEZ, Complejo Hospitalario de Navarra, Public University of Navarra, Pamplona, Spain; Misheal SAMER, Haameq Medical Center, Faculty of Medicine Technicion, Afula, Israel; Matthias TISCHER, Gastroenterologische Praxis Dresden, Dresden, Germany; Joanna WYPYCH, Copernicus Hospital, Gdańsk, Poland; Julien BAUDON, Centre Hospitalier de Cholet, Cholet, France;

Cristina BEZZIO, Ospedale di Rho, Rho, Italy; Gilles BOSCHETTI, Hôpital Lyon-Sud, Université Lyon 1, Lyon, France; Johan BURISCH, Hvidovre Hospital, University of Copenhagen, Hvidovre, Denmark; Tom CREED, Bristol Royal Infirmary, University of Bristol, Bristol, UK; Maria Giulia DEMARZO, Azienda ospedaliera universitaria San Martino, Università di Genova, Genova, Italy; Stefano FESTA, Ospedale San Filippo Neri, Roma, Italy; Andrés FIGUEROA, Hospital Universitario de Gran Canaria Dr. Negrín, University of Las Palmas de Gran Canaria, Las Palmas de Gran Canaria, Spain; Mette JULSGAARD, Aarhus University Hospital, University of Aarhus, Aarhus, Denmark; Pablo NAVARRO, Hospital Clínico Universitario de Valencia, University of Valencia, Valencia, Spain; Pablo PEREZ-GALINDO, Complejo Hospitalario Universitario de Pontevedra, Pontevedra, Spain; Cléa ROUILLON, CHU Caen, Université de Caen, Caen, France; Emanuele SABLICH, Ospedale di Rho, Rho, Italy; Joan TOSCA, Hospital Clínico Universitario de Valencia, University of Valencia, Valencia, Spain; Mathias VIDON, CHU Trousseau Tours, Créteil, France; Marine VIDON, CHRU Nancy, Université de Nancy, Nancy, France; René-Louis VITTE, Centre Hospitalier Poissy St Germain-en-Laye, St Germain-en-Laye, France; Anne WAMPACH, Centre hospitalier intercommunal de Créteil, Créteil, France;

National Coordinators :

Vered ABITBOL, Hôpital Cochin AP-AH, Université Paris Cité, Paris, France; Sebastian SHAJI, Hull University Teaching Hospitals - Hull York Medical School, University of Hull, Hull, UK; Livia BIANCONE, Policlinico Tor Vergata, Università di Roma Tor Vergata, Roma, Italy; Alessandro ARMUZZI, IBD Center Humanitas Research Hospital, Rozzano Department of Biomedical Sciences Humanitas University, Peive Emanuele, Milan, Italy; Konstantinos KARMIRIS, Venizeleio General Hospital, Heraklion, Greece; Nikolaos VIAZIS, Evangelismos General Hospital, Athens, Greece; Eugeni DOMENECH, Hospital Universitari

Germans Trias i Pujol Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), Universitat Autònoma Barcelona, Badalona, Spain; Javier P. GISBERT, Hospital Universitario de La Princesa, Instituto de Investigación Sanitaria Princesa (IIS-IP) and Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), Universidad Autónoma de Madrid (UAM), Madrid, Spain; Peter BOSSUYT, Imelda General Hospital, Bonheiden, Belgium; Catherine REENAERS, CHU de Liège, ULiège, Liège, Belgium; Christian MAASER, Lüneburg Clinic, Lüneburg Clinic , Lüneburg, Germany; Britta SIEGMUND, Charité Campus Benjamin Franklin, Charité Berlin, Berlin, Germany; Ulf HELWIG, Private Practice for Internal Medicine, University of Kiel, Germany; Johan BURISCH, Copenhagen University Hospital - Amager and Hvidovre, Hvidovre, Denmark; Mette JULSGAARD, Aarhus University Hospital, University of Aarhus , Aarhus, Denmark; Henit YANAI, Rabin Medical Center, Sackler Faculty of Medicine, Tel Aviv University, Tel Aviv, Israel; Uri KOPYLOV, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Glen DOHERTY, St Vincent University Hospital & University College Dublin, Dublin, Ireland; Fernando MAGRO, Centro Hospitalar Universitário de São João, Faculdade de Medicina da Universidade do Porto, Porto, Portugal; Tamás MOLNAR, Albert Szent-Györgyi Health Center, University of Szeged, Szeged, Hungary; Mark LöWENBERG, Amsterdam University Medical Center, location AMC, Amsterdam, The Netherlands; Bas OLDENBURG, UMC Utrecht, Utrecht University, Utrecht, The Netherlands; Jonas HALFVARSON, Örebro University Hospital, Faculty of Medicine and Health of Örebro University, Örebro, Sweden; Ann-Sofie BACKMAN, Karolinska University Hospital, Inst Med Solna Karolinska Institutet, Stockholm, Sweden; Edyta ZAGOROWICZ, The Maria Skłodowska-Curie National Research Institute of Oncology, Warsaw, Poland; Jarosław KIERKUS, Children's Memorial Health Institute, Warsaw, Poland;

Methodologist / Biostatistician / Data manager :

Cédric BAUMANN, UMDS CHRU Nancy - Hôpitaux de Brabois, Vandoeuvre-Les-Nancy, France; Isabelle CLERC URMES, UMDS CHRU Nancy - Hôpitaux de Brabois, Vandoeuvre-Les-Nancy, France; Hélène ROUSSEAU, UMDS CHRU Nancy - Hôpitaux de Brabois, Vandoeuvre-Les-Nancy, France; Marc BORIE, UMDS CHRU Nancy - Hôpitaux de Brabois, Vandoeuvre-Les-Nancy, France.

Coders :

Bénédicte CARON, Department of Gastroenterology and Inserm NGERE U1256, Nancy University Hospital, University of Lorraine, 54500 Vandoeuvre-lès-Nancy, France; Julien KIRCHGESNER, Hôpital Saint-Antoine, Sorbonne Université, Paris, France ; Mathieu UZZAN, Hôpital Henri Mondor, Université Paris Est, Créteil, France; Rachel COONEY, Queen Elizabeth Hospital, University Of Birmingham, Birmingham, UK; Kelly CHATTEN, Fairfield General Infirmary, Oldham, UK; Jimmy LIMDI, Northern Care Alliance NHS Foundation Trust, University of Manchester, Manchester, UK; Rimmer PETER, Queen Elizabeth Hospital, University Of Birmingham, Birmingham, UK; Iqbal TARIQ, Queen Elizabeth Hospital, University Of Birmingham, Birmingham, UK; Marta COSSIGNANI, Policlinico Tor Vergata, Università Di Roma Tor Vergata, Roma, Italy; Nikolaos VIAZIS, Evangelismos General Hospital, Athens Greece; Fiorella CAÑETE, Hospital Universitari Germans Trias I Pujol Centro De Investigación Biomédica En Red De Enfermedades Hepáticas Y Digestivas (CIBEREHD), Badalona, Spain ; Tom HOLVOET, Bird Group, Landegem, Belgium; Susanne KRASZ, University Hospital Carl Gustav Carus, Technische Universität Dresden, Dresden, Germany; Petra WEIMERS, North Zealand Hospital, University Of Copenhagen, Hillerød, Denmark; Idan GOREN, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan_Israel, Juliette SHERIDAN, St Vincent University

Hospital & University College Dublin, Dublin, Ireland; Sandra DIAS, Grupo De Estudo Da Doença Inflamatória Intestinal - GEDII, Porto, Portugal; Klaudia FARKAS, Albert Szent-Györgyi Health Center, University Of Szeged, Szeged, Hungary; Daniel BERGEMALM, Örebro University Hospital, Faculty of Medicine and Health, Örebro University, Örebro_Sweden; Edyta ZAGOROWICZ, The Maria Sklodowska-Curie National Research Institute of Oncology, Warsaw, Poland.

Study Coordinators:

Hadas ABALIA, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Aziza ABAZA, Hôpital de Meaux, Meaux, France; Gal ABRAMOVICH, Haemeq Medical Center, Faculty of Medicine Technion, Afula, Israel; Ingrid ACKZELL, Karolinska University Hospital, Stockholm, Sweden; Carol ADAMS, University Hospital of North Tees, Stockton, UK; Catherine ADDLETON, Royal Derby Hospitals, Derby, UK; Erika ALFAMBRA, Hospital Clínico Universitario "Lozano Blesa". Instituto de Investigación Sanitaria de Aragón (IIS-Aragón), Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), Zaragoza, Spain; Alicia ALGABA, Hospital Universitario de Fuenlabrada, University Rey Juan Carlos, Madrid, Spain; Clare ALLCOCK, Russells Hall Hospital, Dudley, UK; Joanna ALLISON, Yeovil District Hospital, Yeovil, UK; Karine AMOURIAUX, CHU Nantes, Université de Nantes, Nantes, France; Julie ANDERSON, York Hospital, Hull York Medical School, York, UK; Emma ANDERSON, Our Lady of Lourdes Hospital, RCSI, Drogheda, Ireland; Saskia Appelmans, BIRD GROUP, Landegem, Belgium; Sophie ARMAND, CH Saint-Joseph Saint-Luc, Lyon, France; Lisa ARMSTRONG, Airedale General Hospital, Leeds University School of Medicine, Airedale,

UK; Stacey ATKINS, Torbay Hospital, Torquay, UK; Masoumeh ATTARAN-BANDARABADI, Medizinische Hochschule Hannover, Medizinische Hochschule Hannover, Hannover, Germany; Yvonne BAILEY, TUH, TCD, Dublin, Ireland; Florian BÄR, Schwerpunktpraxis Gastroenterologie, Lübeck, Germany; Stephanie BARDOT, CHU Nantes, Université de Nantes, Nantes, France; Natasha BECK, Bristol Royal Infirmary, University of Bristol, Bristol, UK; Lillie BENNETT, Queen Elizabeth Hospital, University of Birmingham, Birmingham, UK; Jonathan Phil BERGFELD, Medizinische Klinik Fulda, Medizinische Klinik Fulda, Fulda, Germany; Ramdane BERKANE, Hôpital de Meaux, Meaux, France; Marion BLIN, Hôpital Nord Marseille, Université Aix-Marseille, Marseille, France; Hanne BOEY, Imelda Hospital, Bonheiden, Belgium; Louise BOWLAS, Queen Elizabeth Hospital, University of Birmingham, Birmingham, UK; Joanne BRADLEY-POTTS, Wythenshawe Hospital, University of Manchester, Manchester, UK; Tracy BREAR, King's Mill Hospital, University of Nottingham, Sutton-in-Ashfield, UK; Nicole BRETLENDER-PETERS, MVZ Hamm, Hamm, Germany; Ellen BROWN, Darlington Memorial Hospital, Durham, UK; Johanna BROWN, Royal Derby Hospitals, Derby, UK; Elizabeth BUCKINGHAM, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Katrien BUELLENS, Emmaüs ziekenhuis, AZ St-Maarten, Mechelen, Belgium; Rhian BULL, Chelsea and Westminster Hospital, Imperial college london, London, UK; Maura Burke, UCHG, NUIG, Galway, Ireland; Leighanne BURNS, University Hospital Coventry, University of Warwick, Coventry, UK; Julie BURTON, Pinderfields Hospital, Wakefield, UK; Agness BWALYA, Harrogate District Hospital, Harrogate, UK; Karine CABANAS, CHU Nantes, Université de Nantes, Nantes, France; Muriel Callaghan, Connolly Hospital, RCSI, Dublin, Ireland; Océane CAMOU, Hôpital Rangueil, Université Toulouse 3, Toulouse, France; Debbie CAMPBELL, Colchester General Hospital, Barts and The London School of Medicine and Dentistry Norwich Medical School Anglia Ruskin University,

Colchester, UK; Elvira CAPOFERRO, Ospedale Sacro Cuore Don Calabria, Negrar di Valpolicella, Italy; Mandy CARNAHAN, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Cornelia CARNIO, Universitätsklinikum Erlangen, Universitätsklinikum Erlangen, Erlangen, Germany; Anne CARTER, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Concetta CASALI CLACK, MVZ for Gastroenterology at Bayrischer Platz, Berlin, Germany; Leïla CHEDOUBA, Hôpital Saint-Louis, Université Paris Nord, Paris, France; Bessie CIPRIANO, St Bartholomew's Hospital, Queen Mary University of London, London, UK; Sophie CLAEYS, AZ St-Lucas, Ghent, Ghent, Belgium; Elizabeth CLAYTON, Pinderfields Hospital, Wakefield, UK; Manon CLOSSET, CHRU Nancy, Université de Nancy, Nancy, France; Dilek COBAN, CHU Clermont-Ferrand, Inserm U1071, M2iSH, Université Clermont Auvergne, Clermont-Ferrand, France; Sara COCOCCIA, Policlinico San Matteo, Pavia University, Pavia, Italy; Carolann COE, St Vincent University Hospital & University College Dublin, Dublin, Ireland; Helen COLE, Royal Devon and Exeter Hospital, University of Exeter Medical School, Exeter, UK; Emilie COLLET, CHU Namur, Site Godinne, University of Namur, Namur, Belgium; Kayleigh COLLINS, Gloucester Royal Infirmary, Gloucester, UK; Isabelle COMBES, CH Annecy Genevois, Annecy, France; Emma CONNOR, Nottingham University Hospitals NHS Trust Queen's Medical Centre, Nottingham, UK; Kathryn CONSTANTIN, Watford General Hospital, Watford, UK; Susan COOKE, Chesterfield Royal Hospital, Chesterfield, UK; Nathanaëlle CORNET, CHU Angers, Angers, France; Estelle CORRIHONS, Centre Hospitalier de la Côte Basque, Bayonne, France; Pilar CORSINO, Hospital Universitario Miguel Servet, Zaragoza, Zaragoza University, Zaragoza, Spain; Rosie CORTAVILLE, Watford General Hospital, Watford, UK; Marta COSSIGNANI, Policlinico Tor Vergata, Università di Roma Tor Vergata, Roma, Italy; Donna COTTERILL, Weston General Hospital, Weston-Super-Mare, UK; Amanda COWTON, Darlington Memorial

Hospital, Durham, UK; Harriet COX, York Hospital, Hull York Medical School, York, UK; Viktoria CRIPPS, Musgrove Park Hospital, Taunton, UK; Amanda CROWDER, Chesterfield Royal Hospital, Chesterfield, UK; Tzufit CUKIER, Shaare Tzedek Medical Center, Hebrew University, Jerusalem, Israel; Amelia DANIEL, Princess Alexandra Hospital, Harlow, UK; Chris DAWE, Royal Bolton Hospital, Bolton, UK; Jose DE HAAN, Gelre ziekenhuizen, Gelre, The Netherlands; Rosanna DE LA CROIX, OLVG oost, Amsterdam, The Netherlands, Lien DECAESTEKER, AZ Delta, campus Rumbeke, Roeselare, Belgium; Evva DEJONCKHEERE, AZ Delta, campus Rumbeke, Roeselare, Belgium; Juan DELARE VILLANEGRO, Addenbrookes's Hospital, University of Cambridge, Cambridge, UK; Guillaume DELAVAL, CHU Caen, Université de Caen, Caen, France; Mariangela DELLIPONTI, Policlinico San Matteo, Pavia University, Pavia, Italy; Aude DELOMMEZ, CHU Lille, Université de Lille, Lille, France; Emilie DETRY, CHRU Nancy, Université de Nancy, Nancy, France; Melanie DHANARATNE, Ealing Hospital, Imperial college london, London, UK; Sandra DIAS, Grupo de Estudo da Doença Inflamatória Intestinal GEDII, Porto, Portugal; LAURA DIEZ GALAN, Hospital Universitario Miguel Servet, Zaragoza, Zaragoza University, Zaragoza, Spain; Marie DODEL, CHU Clermont-Ferrand, Inserm U1071, M2iSH, Université Clermont Auvergne, Clermont-Ferrand, France; Emma DOOKS, Airedale General Hospital, Leeds University School of Medicine, Airedale, UK; Joseph DU CHEYRON, Centre Hospitalier Poissy St Germain-en-Laye, St Germain-en-Laye, France ; Linda DUANE, UCHG, NUIG, Galway, Ireland; Helene Dukwen, Internistische Praxengemeinschaft Oldenburg, Kiel University, Oldenburg, Germany; Jennifer DULLING VULGO COCHRAN, MVZ for Gastroenterology at Bayrischer Platz, Berlin, Germany; Simona DYER, Scarborough Hospital, Hull York Medical School, Scarborough, UK; Harvey DYMOND, Weston General Hospital, Weston-Super-Mare, UK; Charlotte EKBLAD, Royal United Hospitals Bath, Bath, UK; Kerry ELLIOTT, Scarborough Hospital, Hull York Medical School, Scarborough, UK; Ingrid EMMERSON,

South Tyneside District Hospital, South Shields, UK; Irène EUGENE-JOLCHINE, Centre Hospitalier Poissy St Germain-en-Laye, St Germain-en-Laye, France ; Lorna FLEMING , Royal Liverpool University Hospital, University of Liverpool, Liverpool John Moores University, Liverpool School of Tropical Medicine, Liverpool, UK; Lorna FLEMING , Royal Liverpool University Hospital, University of Liverpool, Liverpool John Moores University, Liverpool School of Tropical Medicine, Liverpool, UK; Eve FLETCHER, Royal Cornwall Hospital, University of Exeter Medical School, Truro, UK; Sarah FORD, Hull University Teaching Hospitals, Hull York Medical School/ University of Hull, Hull, UK; Greg FORSHAW, York Hospital, Hull York Medical School, York, UK; Angela FOULDS, Torbay Hospital, Torquay, UK; Caroline FRANCOIS, Centre Hospitalier de CHOLET, Cholet, France; Nicole FUGE, Klinikum Lüneburg, Klinikum Lüneburg, Lüneburg , Germany; Gal GAFNI, Haemeq Medical Center, Faculty of Medicine Technion, Afula, Israel; Miri GANON, Wolfson Medical Center, Sackler Medical School Tel Aviv University, Tel Aviv, Israel; Olga GARCIA NUÑEZ, Hospital Universitario Gregorio Marañón, Madrid, Spain; Laura GARCIA RAMIREZ, Fundación para la Investigación Biomédica del Hospital Universitario La Paz (FIBHULP), Madrid, Spain; Sophie GELDER, Queen Elizabeth Hospital, Gateshead, UK; Raimonda GETTKOWSKI, Competence Network for Intestinal Diseases e.V., Kiel, Germany; Daniela GILARDI, Istituto clinico Humanitas, Rozzano, Italy; Paolo GIUFFRIDA, Policlinico San Matteo, Pavia University, Pavia, Italy; Vincent GOBERT, Hôpital de Meaux, Meaux, France; Jo GODDEN, West Suffolk Hospital , University of Suffolk, Suffolk, UK; Nuala GODWIN, Beaumont Hospital , RCSI, Dublin, Ireland; Kay GOULDEN, Fairfield General Infirmary, Oldham, UK; Sharon GRAHAM, Ulster Hospital, Belfast, UK; Charlotte GREEN, Barnsley General Hospital, University of Sheffield, Barnsley, UK; Marie GREEN, Newcross Hospital, Wolverhampton, UK; Aboubakar GUEYE, Groupe Hospitalier Bichat-Claude Bernard, Paris, France; Tuba GULER, Schwerpunktpraxis Gastroenterologie, Lübeck,

Germany; Ida GUSTAVSSON, Örebro University Hospital, Örebro, Sweden ; Helena HADJISAVVAS, Hôpital Lyon-Sud, Université Lyon 1, Lyon, France; Fiona HAMMONDS, Royal Cornwall Hospital, University of Exeter Medical School, Truro, UK; Christina HANTZI, Agaplesion Krankenhaus Frankfurt, Agaplesion Krankenhaus Frankfurt, Frankfurt, Germany; Marion HAUKE, Universitätsmedizin Mannheim, Universitätsmedizin Mannheim, Mannheim, Germany; Julie HAYDOCK , Royal Liverpool University Hospital, University of Liverpool, Liverpool John Moores University, Liverpool School of Tropical Medicine, Liverpool, UK; Julie HAYDOCK , Royal Liverpool University Hospital, University of Liverpool, Liverpool John Moores University, Liverpool School of Tropical Medicine, Liverpool, UK; Orla HAYES, St. James's Hospital , TCD, Dublin , Ireland; Lizette HELBO NISLEV, North Zealand Hospital, University of Copenhagen, Hillerød, Denmark; Jessica HOCHSTODTER, Competence Network for Intestinal Diseases e.V., Kiel, Germany; Ashleigh HOGG, Royal Victoria Infirmary, Newcastle University Medical School, Newcastle, UK; Ashleigh HOGG, Royal Victoria Infirmary, Newcastle University Medical School, Newcastle, UK; Manuela HÖLBING, Medizinische Klinik Fulda, Medizinische Klinik Fulda, Fulda, Germany; Maureen HOLLAND, Macclesfield District General Hospital, Macclesfield, UK; Maartje HOLSBERGEN , Amsterdam University Medical Center, location AMC, Amsterdam, The Netherlands; Linda HOWARD, Yeovil District Hospital, Yeovil, UK; Aviya HOYDA, Shaare Tzedek Medical Center, Hebrew University, Jerusalem, Israel; Robert HULL, Royal Bolton Hospital, Bolton, UK; Jane IRISH, St Bartholomew's Hospital, Queen Mary University of London, London, UK; Wendy JACKSON, James Cook University Hospital, Durham University, Newcastle University, Middlesbrough, UK; Wendy JANSSEN, AZ Turnhout, Turnhout, Belgium; Lesley JEFFREY , Royal Victoria Infirmary, Newcastle University Medical School, Newcastle, UK; Lesley JEFFREY, Royal Victoria Infirmary, Newcastle University Medical School, Newcastle, UK; Sofia JOURDAN, CHU Dijon, Dijon, France; Izabela JUTROWSKA, Medical Network,

Warsaw, Poland; Chava KANIEL, Shaare Tzedek Medical Center, Hebrew University, Jerusalem, Israel; Theofilos KAREZOS, EOMIFNE (Greek IBD Club), Athens, Greece; Niamh KELLY, Bon Secours, UCC, Cork, Ireland; Jessica KELLY, Royal Liverpool University Hospital, University of Liverpool, Liverpool John Moores University, Liverpool School of Tropical Medicine, Liverpool, UK; Mary Kennedy, Connolly Hospital, RCSI, Dublin, Ireland; Una KENNEDY, St. James's Hospital, TCD, Dublin, Ireland; Joyce KIBARU, St George's Hospital, University of London, London, UK; Gemma KIRKMAN, Doncaster Royal Infirmary, Doncaster, UK; Janine KLAPROTH, Klinikum Lüneburg, Klinikum Lüneburg, Lüneburg, Germany; Corinna KNEESE, Schwerpunktpraxis Gastroenterologie, Lübeck, Germany; Andrea KOCH, Competence Network for Intestinal Diseases e.V., Kiel, Germany; Kathleen KOKKE, AZ Turnhout, Turnhout, Belgium; Martha KOPPELOW, Charité Campus Benjamin Franklin, Charité Berlin, Berlin, Germany; Susanne KRASZ, University Hospital Carl Gustav Carus, Technische Universität Dresden, Dresden, Germany; Sabine KRAUSE, Charité Campus Benjamin Franklin, Charité Berlin, Berlin, Germany; Sabine KRAUSPE, Medizinische Klinik Fulda, Medizinische Klinik Fulda, Fulda, Germany; Petra KWAKKENBOS, Slotervaart ziekenhuis, Amsterdam, The Netherlands; Nunzia LABARILE, Policlinico di Bari, Università di Bari, Bari, Italy; Hannah LANG, Medizinische Hochschule Hannover, Medizinische Hochschule Hannover, Hannover, Germany; Marianne LASSAILLY, Hôpital Rangueil, Université Toulouse 3, Toulouse, France; Martine LECONTE, CHU Amiens, Université de Picardie Jules Verne, Amiens, France; Linda LEPCZYNSKI, Universitätsmedizin Mannheim, Universitätsmedizin Mannheim, Mannheim, Germany; Emma LEVELL, Hampshire Hospitals, University of Southampton, Basingstoke, UK; Nina LEVHAR, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Kerstin LINDHORT, Medizinische Hochschule Hannover, Medizinische Hochschule Hannover, Hannover, Germany; Jessica LISLE, Hull University Teaching Hospitals, Hull York Medical School, University of Hull,

Hull, UK; Beatriz LOPEZ CAUCE, Hospital Universitario Gregorio Marañón, Madrid, Spain; Gabriele LORENZ, Universitätsmedizin Mannheim, Universitätsmedizin Mannheim, Mannheim, Germany; Ambra LOVATI, Ospedale Maggiore Policlinico di Milano, Università di Milano, Milano, Italy; Tracey LOWRY, Pinderfields Hospital, Wakefield, UK; Margareta LUND, Örebro University Hospital, Örebro, Sweden; Anne LUTZ VORDERBRÜGGE, Gastroenterologische Gemeinschaftspraxis Mainz, Mainz, Germany; Suzanne MAANSSON, North Zealand Hospital, University of Copenhagen, Hillerød, Denmark; Videsheka MADAPATHAGE, Hôpital de Meaux, Meaux, France; Maelys CHEVIAKOFF, Hôpital Lyon-Sud, Université Lyon 1, Lyon, France; Alison MAGNESS, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Orla MANLEY, St Vincent University Hospital & University College Dublin, Dublin, Ireland; Catherine MANYONI, Torbay Hospital, Torquay, UK; Ingke MARG, Charité Campus Benjamin Franklin, Charité Berlin, Berlin, Germany; Antonella MARRA, Policlinico di Bari, Università di Bari, Bari, Italy; Carole MARTINS, Hôpital Beaujon, Université de Paris, Clichy, France; Arianna MASSELLA, Ospedale Sacro Cuore Don Calabria, Negrar di Valpolicella, Italy; Aurore MATHIAS, CHU Bordeaux, Pessac, France; Karin MENZEL, MVZ Portal 10, Münster, Germany; Danielle MERVYN, St Vincent University Hospital & University College Dublin, Dublin, Ireland; Charlotte MINSART, Erasmus Hospital, VUB-ULB, Brussels, Belgium; Sally MITCHELL, Airedale General Hospital, Leeds University School of Medicine, Airedale, UK; Kathleen MONKS, Royal Liverpool University Hospital, University of Liverpool, Liverpool John Moores University, Liverpool School of Tropical Medicine, Liverpool, UK; Mélanie MONTERO, CHRU Nancy, Université de Nancy, Nancy, France; Alson MOORE, Leicester Royal Infirmary, Leicester University, Leicester, UK; Maren MOSER, Competence Network for Intestinal Diseases e.V., Kiel, Germany; Alison MOSS, Musgrove Park Hospital, Taunton, UK; Angela MULLEN, MMUH, UCD, Dublin,

Ireland; M^a Francisca MURCIANO, Hospital del Mar. Barcelona, Autonomous University of Barcelona, Barcelona, Spain; Deanna NAYLOR, Colchester General Hospital, Barts and The London School of Medicine and Dentistry Norwich Medical School Anglia Ruskin University, Colchester, UK; Ansgar NEHUS, Praxis für Innere Medizin, Münster, Germany; Anne NICHOLSON, Basildon and Thurrock University Hospitals NHS Trust, Basildon, UK; Sarah NÖDING, Agaplesion Krankenhaus Frankfurt, Agaplesion Krankenhaus Frankfurt, Frankfurt, Germany; Sinead Nolan , Bon Secours, UCC, Cork, Cork; Janet NÖRENBERG, Medizinische Klinik Fulda, Medizinische Klinik Fulda, Fulda, Germany; Clare NORTHCOTT, NHS Plymouth, Plymouth, UK; Pauline OATES, Sunderland Royal Hospital, Sunderland, UK; Jim O'Connell, St. James's Hospital , Dublin , Ireland; Alison o'kelly, Colchester General Hospital, Barts and The London School of Medicine and Dentistry Norwich Medical School Anglia Ruskin University, Colchester, UK; Noam ORBACH-ZINGBOIM, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Judit OROBITG, Hospital Universitari de Bellvitge, Universitat de Barcelona, Barcelona, Spain; Charlene OTIENO, Royal Derby Hospitals, Derby, UK; Charlotte OWEN, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Sarah Patch, Poole Hospital, Poole, UK; Maor PAUKER, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Renate PAULI, Charité Campus Benjamin Franklin, Charité Berlin, Berlin, Germany; Harriet PEARSON, York Hospital, Hull York Medical School, York, UK; FALGON PEGGY, Hôpital Lyon-Sud, Université Lyon 1 , Lyon, France; Séverine PETIT, CHRU Nancy, Université de Nancy, Nancy, France; Christine PETRISSANS, Centre Hospitalier de la Côte Basque, Bayonne, France; Simona PIERGALLINI, Ospedale civile Augusto Murri, Fermo, Italy; Lucy PIPPARD, Yeovil District Hospital, Yeovil, UK; Laura PITT, York Hospital, Hull York Medical School, York, UK; Gabriella PÓCSIK, Albert Szent-Györgyi Health Center, University of Szeged, Szeged, Hungary; Yoann POHER, Nord

Marseille, Université d'Aix-Marseille, Marseille, France; Chloé POMES, Hôpital Rangueil, Université Toulouse 3, Toulouse, France; Lucy PRITCHARD, NHS Plymouth, Plymouth, UK; Laura PUCHADES, Hospital Clinico Universitario de Valencia, University of Valencia, Valencia, Spain; Sheena QUAID, Ealing Hospital, Imperial college london, London, UK; Aleem RANA, St George's Hospital, University of London, London, UK; Aleem RANA, St George's Hospital, University of London, London, UK; Dana RAYNARD, Worthing Hospital, Worthing, UK; Mykla REILLY, Stepping Hill Hospital, Stockport, UK; Sonja REINERT, Klinikum Lüneburg, Klinikum Lüneburg, Lüneburg, Germany; Manuela REINKNECHT, Gastroenterologische Facharztpraxis, Kassel, Germany; Baerbel RENNER, Universitätsklinikum Schleswig-Holstein, UKSH Kiel, Kiel, Germany; Rob Reynolds, TUH, TCD, Dublin, Dublin; Giulia RIZZUTO, Ospedale V. Cervello, Palermo University, Palermo, Italy; Matthew ROBINSON, Calderdale Royal Hospital, Halifax, UK; Joke ROBRECHTS, Imelda Hospital, Bonheiden, Belgium; Eva M^a RODRIGUEZ, Hospital Universitario de La Princesa, GETECCU (Grupo Español de Trabajo En enfermedad de Crohn y Colitis Ulcerosa) and Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), Autonomous University of Madrid (UAM), Madrid, Spain; Efrat ROSENBLUM, Haemeq Medical Center, Faculty of Medicine Technion, Afula, Israel; Tamlyn RUSSEL, Musgrove Park Hospital, Taunton, UK; Ibiyemi SADARE, NHS Plymouth, Plymouth, UK; Noa SALAMA, Sheba Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Toos SCHAKEL, OLVG oost, Amsterdam, The Netherlands; Anja SCHAUER, Medizinsiche Klinik Fulda, Medizinsiche Klinik Fulda, Fulda, Germany; Elisa SCHIAVONI, Policlinico A. Gemelli, Fondazione Policlinico Universitario Gemelli, Roma, Italy; Caroline SHAW, Connolly Hospital, RCSI, Dublin, Ireland; Sarah SHELTON, King's Mill Hospital, University of Nottingham, Sutton-in-Ashfield, UK; Virginie SICART, Hôpital Rangueil, Université Toulouse 3, Toulouse, France; Elodie SIOUVILLE, CHU Nantes,

Université de Nantes, Nantes, France; Orla SMITH, St Vincent University Hospital & University College Dublin, Dublin, Ireland; Théo SOUDE, CHU Nantes, Université de Nantes, Nantes, France; Sophie STEPHENSON, Bradford Teaching Hospitals, Leeds School of Medicine, Bradford, UK; Elaine STEPHENSON, Royal Victoria Infirmary, Newcastle University Medical School, Newcastle, UK; Marjan STEPPE, BIRD GROUP, Landegem, Belgium; An STERKX, OLV-Aalst, Aalst, Belgium; Jo STICKLEY, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Jo STICKLEY, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Jo STICKLEY, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Kathleen SUGRUE, Mercy University Hospital, UCC, Cork, Ireland; Natalia SWIETEC, UZ Ghent, Ghent University, Ghent, Belgium; Charlotte TASIAUX, CHU Namur, site Godinne, University of Namur, Namur, Belgium; Bhavneet THAMU, Royal Hallamshire Hospital, University of Sheffield, Sheffield, UK; Susane THOMAS, Universitätsklinikum Carl Gustav Carus, University Hospital Carl Gustav Carus, Dresden, Germany; Ogwa TOBI, Watford General Hospital, Watford, UK; Kahina TOUABI, CHRU Nancy, Université de Nancy, Nancy, France; Shifra TOVI, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Julie TREGONNING, James Cook University Hospital, Durham University, Newcastle University, Middlesbrough, UK; Laura TURCHINI, Policlinico A. Gemelli, Fondazione Policlinico Universitario Gemelli, Roma, Italy; Julia UNKHOFF, Gastroenterologische Gemeinschaftspraxis Münster, Münster, Germany; Olesya UNRUH, Medizinische Hochschule Hannover, Medizinische Hochschule Hannover, Hannover, Germany; Nurcan UZUN, Charité Campus Benjamin Franklin, Charité Berlin, Berlin, Germany; Frauke VAN AERT, UZA, Antwerp University, Antwerp, Belgium; Sandrine VANDEN BERGH, Chwapi, Tournai, Belgium; Louise VANDENBROUCKE, AZ Damiaan, Ostend, Belgium; Laura

VANSTEENKISTE, BIRD GROUP, Landegem, Belgium; Shay VARDIT, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Valentin VERGRIETE, CH Dunkerque, Dunkerque, France; Elaine WALKER, Watford General Hospital, Watford, UK; Eleanor WARNER, Maidstone Hospital, , Maidstone, UK; Olivia WATCHORN, Leicester Royal Infirmary , Leicester University, Leicester, UK; Ekaterina WATSON, Ealing Hospital, Imperial college london, London, UK; Marie-Claire WAUTHIER, CHU St-Pierre, VUB -ULB, Brussels, Belgium; Maria WEETMAN, University Hospital of North Tees, Stockton, UK; Margaret WESTON, Leicester Royal Infirmary, Leicester University, Leicester, UK; Wiebke WEST-PETROSCHKA, Universitätsklinikum Schleswig-Holstein, UKSH Kiel, Kiel, Germany; Susann WIENECKE, Klinikum Lüneburg, Klinikum Lüneburg, Lüneburg, Germany; Kerstin WIERLING, Gastroenterologische Gemeinschaftspraxis Münster, Münster, Germany; Miriam WIESTLER, Medizinische Hochschule Hannover, Medizinische Hochschule Hannover, Hannover, Germany; Rebecca WILCOX, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Elva WILHELMSEN, James Paget University Hospital, University of Suffolk, Great Yarmouth, UK; Angharad WILLIAMS, West Suffolk Hospital , University of Suffolk, Suffolk, UK; Georgina WILLIAMSON, Wythenshawe Hospital, University of Manchester, Manchester, UK; Deborah WILSON, University Hospital of North Tees, Stockton, UK; Kate WISTANCE, Royal Shrewsbury Hospital, Keele University School of medicine, Staffordshire University, Shrewsbury, UK; Nicolas WORTMANN, Medizinische Hochschule Hannover, Medizinische Hochschule Hannover, Hannover, Germany; Subie WURIE, University Hospital Coventry, University of Warwick, Coventry, UK; Karin YADGAR, Rabin Medical Center, Sackler Medical School Tel Aviv University, Ramat Gan, Israel; Gail YOUNG, Ulster Hospital, Belfast, UK; Megan YOUNG, Macclesfield District General Hospital, Macclesfield, UK.

GETAID contributors :

Julien AUCOUTURIER; Marie- Jo BERTIN; Hasnae BOUGRINE; Marie COISNON;
Antoine DEFRANCE; Kati GUTIERREZ; Amel HAROUZ; Laure JERBER; Aida KHLIFI;
Amina KIRATI; Nasaladjine LIWORO ; Maude LOGOLTAT; Charlotte MAILHAT;
Chancely M'BAYI; Yasmina MEDANE; Dalal MERKHOUSA ; Saouda MOHAMED
ELHAD; Bertille MONTHE; Fanny MOYON; Pascaline RABIEGA; Jennifer SEKELA;
Charlotte THILLOY.

SANOIA contributors (Digital interaction with patient):

Naima HAMAMOUCHE, Frederic PARTISOTTI

CleanWeb contributors (eCRF):

Patrick BLANDIN; Hocine MOKHTARI; Laure COUTARD

Supplementary table legends

Table 1. Family History of inflammatory bowel disease or cancer

Table 2. Previous surgeries

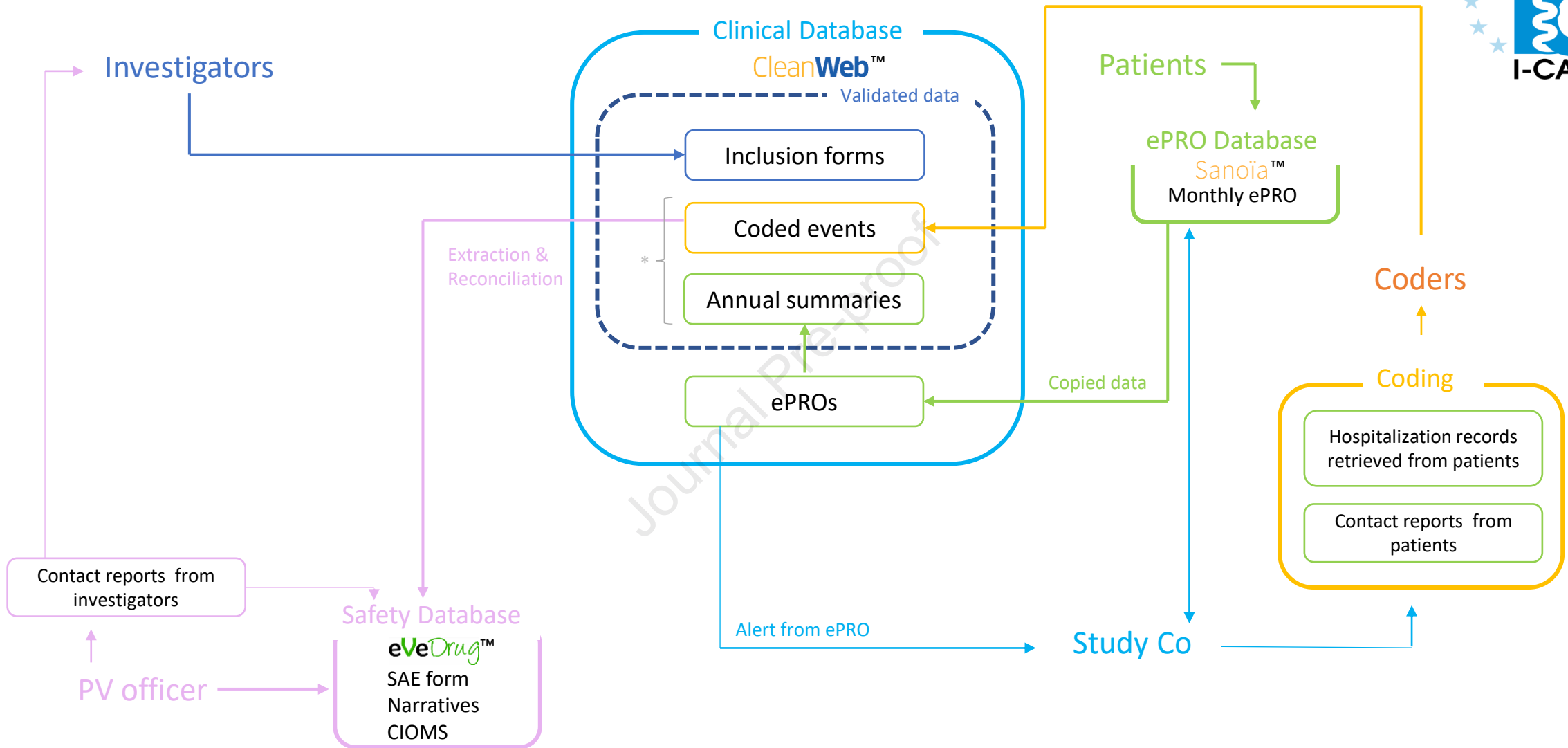
Table 3. Previous 5-ASA and corticosteroids treatments

Table 4. Previous Immunomodulators treatments

Table 5. Previous Biological treatments

Table 6. History of cancer

Table 7. History of vaccination and infection



* Reconciliation at the end of the study

Figure 1a:ICARE Dataflow

I-CARE EXECUTIVE COMMITTEE

Filip BAERT (BE)
Laurent BEAUGERIE (FR)
Laurent PEYRIN-BIROULET (FR)
Jean-François RAHIER (BE)



I-CARE OPERATIONAL TEAM GETAID (PARIS)

Charlotte MAILHAT (Project Director)
Marie COISNON (Project Manager)
Kati GUTIEREZ (Pharmacovigilance Director)
Hasnae BOUGRINE (Datamanager)
Antoine DEFRANCE (CRA)
Jennifer SEKELA (Study coordinator)
Bertille MONTHE (Pharmacovigilant)



I-CARE METHODOLOGICAL TEAM PARC (NANCY)

Cédric BAUMANN (Methodologist)
Hélène ROUSSEAU (Statistician)



I-CARE CC

Julien KIRCHGESNER (coder referent)
Daniel BERGEMALM (SE)
Fiorella CANETE PIZARRO (ES)
Benedicte CARON (FR)
Kelly CHATTEN (UK)
Rachel COONEY (UK)
Marta COSSIGNANI (IT)
Sandra DIAS (PT)
Kludia FARKAS (HU)
Idan GOREN (IL)
Tom HOLVOET (BE / NL)
Tariq IQBAL (UK)
Susanne KRASZ (DE)
Jimmy LIMDI (UK)
Peter RIMMER (UK)
Juliette SHERIDAN (IE)
Mathieu UZZAN (FR)
Nikos VIAZIS (GR)
Petra WEIMERS (DK)
Edyta ZAGOROWICZ (PL)

PATIENT PLATFORM E-HEALTH SERVICES SANOIA (GEMENOS)

Naïma HAMAMOUCHE- SERVY
Frederic PARTISOTTI



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COORDINATOR

GROUP

Vered ABITBOL (FR)
Alessandro ARMUZZI (IT)
Ann-Sofie BECKMAN (SE)
Livia BIANCONE (IT)
Peter BOSSUYT (BE)
Johan BURISCH (DK)
Glen DOHERTY (IE)
Eugeni DOMÈNECH (ES)
Javier GISBERT (ES)
Jonas HALFVARSON (SE)
Ulf HELWIG (DE)
Mette JULSGAARD (DK)
Konstantinos KARMIRIS (GR)
Jaroslaw KIERKUS (PL)
Uri KOPYLOV (IL)
Mark LOWENBERG (NL)
Christian MAASER (DE)
Fernando MAGRO (PT)
Tamás MOLNAR (HU)
Bas OLDENBURG (NL)
Catherine REENAERS (BE)
Sebastian SHAJI (UK)
Britta SIEGMUND (DE)
Nikolaos VIAZIS (GR)
Henit YANAI (IL)
Edyta ZAGOROWICZ (PL)

eCRF

TENTELEMEDECINE TECHNOLOGIES- CLEANWEB (PARIS)

Patrick BLANDIN
Hocine MOKHTARI
Laure COUTARD



I-CARE SCIENTIFIC COMMITTEE

EXECUTIVE COMMITTEE MEMBERS

Filip BAERT (BE)
Laurent BEAUGERIE (FR)
Laurent PEYRIN-BIROULET (FR)
Jean-François RAHIER (BE)

NATIONAL COORDINATOR GROUP

Vered ABITBOL (FR)
Alessandro ARMUZZI (IT)
Ann-Sofie BECKMAN (SE)
Livia BIANCONE (IT)
Peter BOSSUYT (BE)
Johan BURISCH (DK)
Glen DOHERTY (IE)
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Jaroslaw KIERKUS (PL)
Uri KOPYLOV (IL)
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Tamás MOLNAR (HU)
Stephane NAHON (FR)
Bas OLDENBURG (NL)
Catherine REENAERS (BE)
Sebastian SHAJI (UK)
Britta SIEGMUND (DE)
Nikolaos VIAZIS (GR)
Henit YANAI (IL)
Edyta ZAGOROWICZ (PL)

GETAID

Charlotte MAILHAT (Project Director)
Marie COISNON (Project Manager)



Figure 1b: I-Care contributors

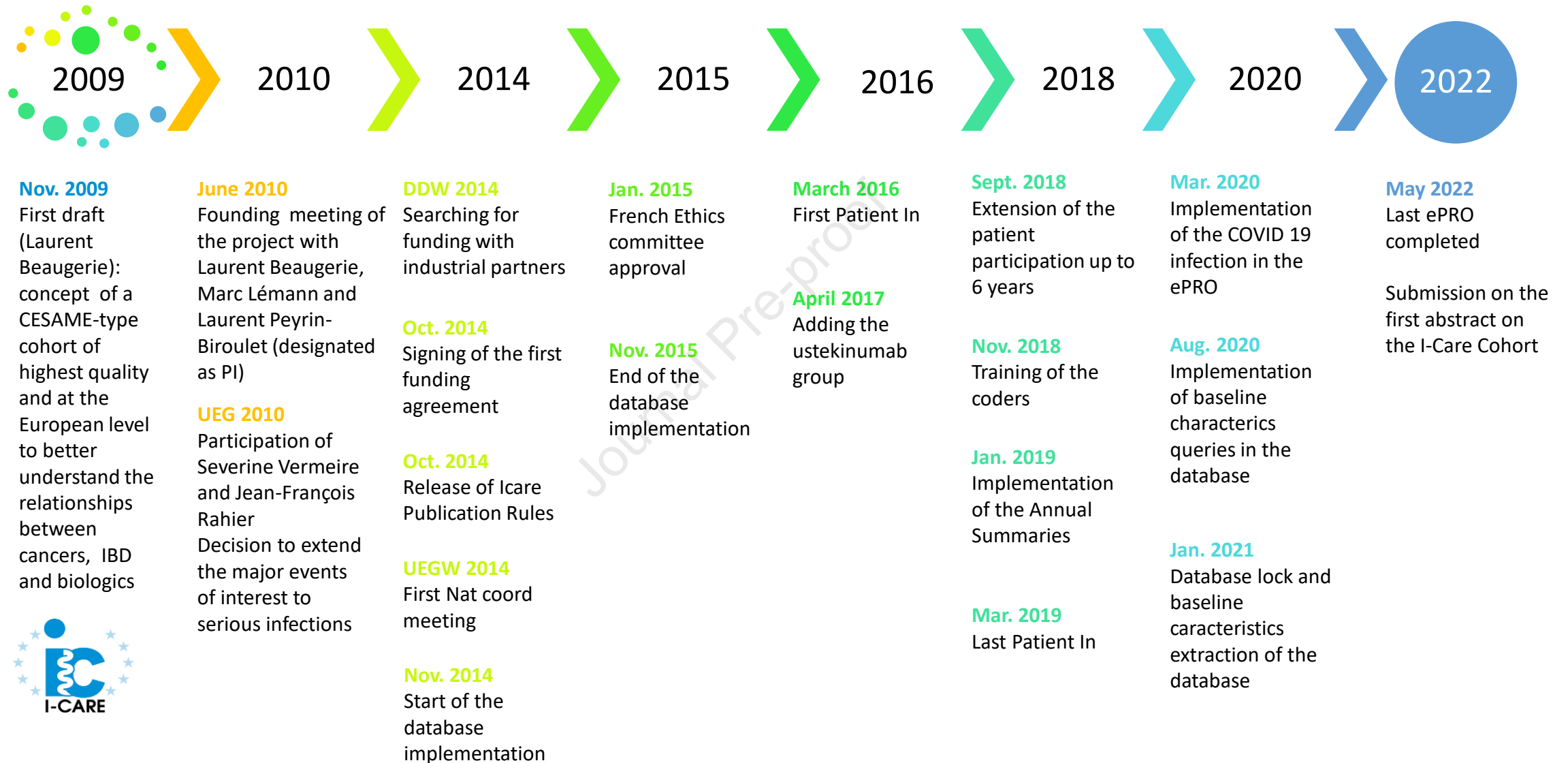


Figure 1c: Some history of I-Care



I-CARE STUDY GROUP

| | | | | | | | |
|---------------------|----------------------|------------------------|----------------------------|----------------------|------------------------|------------------------|--------------------------|
| Vered ABITBOL | Paola BALESTRIERI | Renáta BOR | João CARVALHO | Daan DE KONING | Jerome FILIPPI | Luisa GUIDI | Nick KENNEDY |
| Georges ABOUDA | Anita BALINT | Norbert BÖRNER | Fabiana CASTIGLIONE | Shanika DE SILVA | Gionata FIORINO | Sanjay GUPTA | Samantha KESTENBAUM |
| Anurag AGRAWAL | Giorgos BAMIAS | Natalia BORRUEL | Christine CAZELLES BOUDIER | Martine DE VOS | Sigal FISHMAN | Ana GUTIÉRREZ | David KEVANS |
| Tariq AHMAD | Hagar BANAI | Arnaud BORUCHOWICZ | Daniel CEBALLOS | Thibault DEGAND | Stephen FOLEY | Herve HAGEGE | Sam KHORRAMI |
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| Laurent ALRIC | Clotilde BAUDRY | Yoram BOUHNİK | Angeliki CHRISTIDOU | Antonio DI SABATINO | Charlotte GAGNIERE | Charlotte HEDIN | Uri KOPYLOV |
| Romain ALTWEGG | Laurent BEAUGERIE | Arnaud BOURREILLE | Dimitrios CHRISTODOULOU | Nina DIB | Emmanuel GALOO | Franz Josef HEIL | Benjamin KOSLOWSKI |
| Sylvain AMBREGNA | John BECKLEY | Anne BOURRIER | Christophe CLAESSENS | Axel DIGNAß | Vladimir GANCHO | Frederic HELUWAERT | Konrad KOSS |
| Morgane AMIL | Andrew BELL | Trine BOYSEN | Rosa COELHO | Renata D'INCA | Mohsin GANGI | Ulf HELWIG | Ioannis KOUTROUBAKIS |
| Leila AMININEJAD | Guy BELLÁICHE | Joana BRANCO | Jean-Louis COENEGRACHTS | Glen DOHERTY | Cécile GARCEAU | David HOBDAY | Rolf KRÜGER |
| Aurélien AMIOT | Christophe BELLANGER | Francesca BRESSO | Andy COLE | Eugeni DOMÈNECH | Santiago GARCÍA | Mark HOESL | Tanja KÜHBACHER |
| Vibeke ANDERSEN | Arthur BELLE | Hedia BRIXI | Ben COLLEYPRIEST | Iris DOTAN | Esther GARCIA-PLANELLA | Clémence HORAIST | David LAHARIE |
| Ramesh ARASARADNAM | Belén BELTRÁN | Jacob Broder BRODERSEN | Paul COLLINS | Patrick DUBOIS | Antonio GASBARRINI | Christian Lodberg HVAS | Adi LAHAT |
| Emmanuel ARCHAVLIS | Shomron BEN HORIN | Yelena BROITMAN | Rachel COONEY | Charlotte DULERY | Claire GAY | Saskia ILEGEMS | Guy Lambrecht |
| Peixoto ARMANDO | José Manuel BENÍTEZ | Maire BUCKLEY | Lynsey CORLESS | Ana ECHARRI | Sotirios GEORGOPOULOS | Eran ISRAELI | Cecilia LANDMAN |
| Franco ARMELAO | Daniel BERGEMALM | Anthony BUISSON | João CORTEZ PINTO | Piotr EDER | Romain GERARD | Lucina JACKSON | Jonathan LANDY |
| Alessandro ARMUZZI | Arthur BERGER | Luis BUJANDA | Francesco COSTA | Laurence EGAN | Deb GHOSH | Jeroen JANSEN | Fotini LAOUDI |
| Bruno ARROJA | Fernando BERMEJO | Jürgen BÜNING | Laurent COSTES | Thomas EISENBACH | Cyrielle GILLETTA | Kierkus JAROSLAW | Lone LARSEN |
| Maria Teresa ARROYO | Sonia BERNARDO | Jeffrey BUTTERWORTH | Marilia CRAVO | Khaldoun EL RIZ | Olga GIOULEME | Nanna Martin JENSEN | Alessandro LAVAGNA |
| Marco ASTEGIANO | Dominik BETTENWORTH | Guillaume CADIOT | Anneline CREMER | Rami ELIAKIM | Javier GISBERT | Matthew JOHNSON | Eric LE BALC |
| Raja ATREYA | Livia BIANCONE | Ludovic CAILLO | Emmanuel CUILLERIER | David ELPHICK | Henning GLERUP | Richard JOHNSTON | Jan LEYDEN |
| Alain ATTAR | Pierre BLANC | Emma CALABRESE | Garret CULLEN | Carl ERIKSSON | Nathan GLUCK | John JONES | Andy LI |
| Alexandre AUBOURG | Thomas BLIXT | Paulo CALDEIRA | Jens Frederik DAHLERUP | Maria ESTEVE | Fernando GOMOLLÓN | Søren Peter JØRGENSEN | Louise LIBIER |
| Benjamin AVIDAN | Giorgia BODINI | Xavier CALVET | Helen DALLAL | Anna FABIAN | John GORDON | Mehdi KAASSIS | Lev LICHTENSTEIN |
| Irit AVNI BIRON | Johan BOHR | Flavio CAPRIOLI | Filipe DAMIAO | Jan FALLINGBORG | Idan GOREN | Chrysostomos KALANTZIS | Jimmy LIMDI |
| Bijay BABURAJAN | Lucile BOIVINEAU | Mariana CARDOSO | Silvio DANESE | Klaudia FARKAS | Jean-Marc GORNET | Christos KARAKOIDAS | Dan LIVOVSKY |
| Oliver BACHMANN | Bernd BOKEMEYER | Bénédicte CARON | Marco DAPERNO | Richard FARRELL | Félix GOUTORBE | Konstantinos KARMIRIS | Alan LOBO |
| Ann-Sofie BACKMAN | Delphine BONNET | Daniel CARPIO | John DE CAESTECKER | Antonio FERRONATO | Nikolaos GRAMMATIKOS | Panagiotis KASAPIDIS | Christophe LOCHER |
| Filip BAERT | Joelle BONNET | Dan CARTER | Ruth DE FRANCISCO | Herma FIDDER | Jordi GUARDIOLA | Konstantinos KATSANOS | Susana LOPES |



I-CARE STUDY GROUP

| | | | | | | |
|-----------------------------|-------------------------|-------------------------------|-----------------------------|-----------------------|----------------------------|--------------------------|
| Antonio LÓPEZ SANROMÁN | Luís MENCHÉN | Aoibhlinn O'TOOLE | Christopher PROBERT | Carsten SCHMIDT | Konstantinos SOUFLERIS | Piero VERNIA |
| Edouard LOUIS | Marco MENDOLARO | Hari PADMANABHAN | Benedicte PROST | Martin SCHMIDT-LAUBER | Helena SOUSA | Marianne VESTER-ANDERSEN |
| Mark LOWENBERG | Francisco MESONERO | Károly PALATKA | Andreas PROTOPAPAS | Manon SCHOULER | Ally SPEIGHT | Nikolaos VIAZIS |
| Andreas LÜGERING | Georgios MICHALOPOULOS | Carolina PALMELA | Vincent QUENTIN | Jörg SCHULZE | Michael SPRAKES | Ana VIEIRA |
| Christian MAASER | Christophe MICHIELS | Simon PANTER | Raheel QURESHI | Axel SCHWEITZER | Anca STAICU | Stéphanie VIENNOT |
| Padraig MAC MATHUNA | Spyridon MICHPOULOS | Georgios PAPTAEODORIDIS | Jean-François RAHIER | Maria Lia SCRIBANO | Carmen STEFANESCU | Ida VIND |
| Gilles MACAIGNE | Pál MIHELLER | Claudio PAPI | Subramaniam RAMAKRISHNAN | Shaji SEBASTIAN | Andreas STURM | Lars VINTER-JENSEN |
| Giampiero MACARRI | Heinrich MIKS | Benjamin PARIENTE | Catherine REENAERS | Philippe SEKSIK | Sreedhar SUBRAMANIAN | Lucine VUITTON |
| Vincent MACE | Ágnes MILASSIN | Gareth PARKES | Jean-Marie REIMUND | Subhasish SENGUPTA | Lise SVENNINGSEN | Michael WEIDENHILLER |
| Elisabeth MACKEN | Miguel MÍNGUEZ | Miles PARKES | Wolfgang REINDL | Mélanie SERRERO | Zoltán SZEPEZ | Petra WEIMERS |
| Fernando MAGRO | Paula MINISTRO | Luca PASTORELLI | Elena RICART | Sohail SHARIQ | Noémie TAVERNIER | Christopher WELLS |
| Nitsan MAHARSHAK | Tamás MOLNAR | Timi PATANI | Chiara RICCI | Daniel SHARPSTONE | Niels TEICH | Emma WESLEY |
| Georgia MALAMUT | Gero MOOG | Stephen PATCHETT | Gabriele RIEGLER | Ian SHAW | Ruth TENNENBAUM | Ana WILSON |
| Chrysoula MALLI | Jacques MOREAU | Kamal PATEL | Sabino RIESTRA | Richard SHENDEREY | Klaus THEEDE | Joanna WYPYCH |
| Noemí MANCENÍDO | Morgane MOURGUET | Thierry PAUPARD | Svend RIETDIJK | Achuth SHENOY | Georgios THEOCHARIS | Vasileios XOURGIAS |
| Spilios MANOLAKOPOULOS | Hugh MULCAHY | Natalia PEDERSEN | Pauline RIVIERE | Juliette SHERIDAN | Angeliki THEODOROPOULOU | Henit YANAI |
| Míriam MAÑOSA | Jens MÜLLER-ZIEHM | Harald PEETERS | Pilar ROBLEDO | Ariella SHITRIT | Konstantinos THOMOPOULOS | Yelena YEREMENKO |
| Gerassimos MANTZARIS | Vinciane MULS | Anne-Laure PELLETIER | Virginia ROBLES | Beatriz SICILIA | Nick THOMPSON | Yamile ZABANA |
| Ignacio MARÍN | Sally MYERS | Anca PETRACHE | Xavier ROBLIN | Britta SIEGMUND | Tamar THURM | Edyta ZAGOROWICZ |
| Costas MARKOGLOU | Maria NACHURY | Laurent PEYRIN-BIROULET | Rodolfo ROCCA | Nicolas SIGUR | Matthias TISCHER | Camille ZALLOT |
| Lucía MÁRQUEZ | Ferenc NAGY | Anne PHILLIPS | Marta ROCHA | Marion SIMON | Caroline TRANG POISSON | Eyanthia ZAMPELI |
| Eduardo MARTÍN ARRANZ | Stephane NAHON | Roberta PICA | Cristina RODRÍGUEZ | Salil SINGH | My-Linh TRAN-MINH | Sebastian ZEISSIG |
| Maria Dolores MARTÍN ARRANZ | Antoine NAKAD | Guillaume PINETON DE CHAMBRUN | Francisco RODRIGUEZ MORANTA | Elena SION | Konstantinos TRIANTAFYLLOU | Frank ZERBIB |
| Chloé Martineau | Stéphane NANCEY | Marie Pierre PINGANNAUD | Yulia RON | Ganesh SIVAJI | Christos TRIANTOS | Eran ZITTAN |
| Mohamed Ali MASMOUDI | Susanna NIKOLAUS | Laurianne PLASTARAS | Isabelle ROSA | Katie SMITH | Eftychia TSIRONI | Konstantinos ZOGRAFOS |
| Nicolas MATHIEU | Isabelle NION LARMURIER | Joanna POFELSKI | Mariann RUTKA | Mark SMITH | Maria TZOUVALA | |
| Nicoletta MATHOU | Pilar NOS | Vanessa POLIN | Barbara RYAN | Yifat SNIR | Bella UNGAR | |
| Jochen MAUL | Anthony O'CONNOR | Richard POLLOK | Simone SAIBENI | Jonathon SNOOK | Jean-Christophe VALATS | |
| Zia MAZHAR | Konstantinos OIKONOMOU | Dimitrios POLYMEROS | Georgios SAKIZLIS | Joao SOARES | Catherine VAN KEMSEKE | |
| Mark MCALINDON | Michail OIKONOMOU | Cyriel PONSIOEN | Misheal SAMER | Marta SOARES | Fiona VAN SCHAİK | |
| Jane McCARTHY | Bas OLDENBURG | Francisco PORTELA | Sunil SAMUEL | Harry SOKOL | Stijn VANDEN BRANDEN | |
| Simon MCLAUGHLIN | Colm O'MORAIN | Florian PoulLENOT | Othman SARAJ | Ashraf SOLIMAN | Deven VANI | |
| Deirdre McNAMARA | Ingrid ORDÁS | Cathryn PRESTON | Zaman SARWARI | Heithem SOLIMAN | Emmanouil VARDAS | |
| Maria MELA | Ambrogio ORLANDO | Maria Beatrice PRINCIPI | Joanna SAYER | Sunil SONWALKAR | Angela VARIOLA | |

Supplementary Table 1. Family History of inflammatory bowel disease or cancer

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|---|-------------------|--------|----|--|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Family history of IBD | | | | | | | | | | 0.0263 |
| No | 8442 | 88.1 | | 3382 | 89.0 | | 5060 | 87.5 | | |
| Yes | 1141 | 11.9 | | 418 | 11.0 | | 723 | 12.5 | | |
| Missing | 623 | | | 237 | | | 386 | | | |
| Family history of lymphoma, colorectal cancer, melanoma, breast cancer | | | | | | | | | | 0.0201 |
| No | 8485 | 88.7 | | 3333 | 87.7 | | 5152 | 89.1 | | |
| Yes | 1085 | 11.3 | | 466 | 12.3 | | 619 | 10.7 | | |
| Missing | 636 | | | 238 | | | 398 | | | |

* Chi-square test

Abbreviation : IBD (Inflammatory Bowel Disease), SD (Standard Deviation)

Supplementary Table 2. Previous surgeries

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|--|-------------------|--------|----|---|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Previous surgery | | | | | | | | | | <.0001 |
| No | 7473 | 73.2 | | 3877 | 96.0 | | 3596 | 58.3 | | |
| Yes | 2733 | 26.8 | | 160 | 4.0 | | 2573 | 41.7 | | |
| Proximal small bowel resection | | | | | | | | | | <.0001 |
| No | 10004 | 98.0 | | 4036 | 100.0 | | 5968 | 96.7 | | |
| Yes | 202 | 2.0 | | 1 | 0.0 | | 201 | 3.3 | | |
| Ileocaecal or ileal resection | | | | | | | | | | <.0001 |
| No | 8699 | 85.2 | | 4034 | 99.9 | | 4665 | 75.6 | | |
| Yes | 1507 | 14.8 | | 3 | 0.1 | | 1504 | 24.4 | | |
| Strictureplasty | | | | | | | | | | <.0001 |
| No | 10082 | 98.8 | | 4036 | 100.0 | | 6046 | 98.0 | | |
| Yes | 124 | 1.2 | | 1 | 0.0 | | 123 | 2.0 | | |
| Segmental colectomy | | | | | | | | | | <.0001 |
| No | 9855 | 96.6 | | 4025 | 99.7 | | 5830 | 94.5 | | |
| Yes | 351 | 3.4 | | 12 | 0.3 | | 339 | 5.5 | | |
| Subtotal colectomy with ileorectal anastomosis | | | | | | | | | | <.0001 |
| No | 10039 | 98.4 | | 4015 | 99.5 | | 6024 | 97.6 | | |
| Yes | 167 | 1.6 | | 22 | 0.5 | | 145 | 2.4 | | |
| Total proctocolectomy with ileoanal anastomosis | | | | | | | | | | 0.7557 |
| No | 10119 | 99.1 | | 4004 | 99.2 | | 6115 | 99.1 | | |
| Yes | 87 | 0.9 | | 33 | 0.8 | | 54 | 0.9 | | |
| Surgical drainage of abdominal abscess | | | | | | | | | | <.0001 |
| No | 10038 | 98.4 | | 4028 | 99.8 | | 6010 | 97.4 | | |
| Yes | 168 | 1.6 | | 9 | 0.2 | | 159 | 2.6 | | |
| Permanent stoma | | | | | | | | | | <.0001 |
| No | 10085 | 98.8 | | 4036 | 100.0 | | 6049 | 98.1 | | |
| Yes | 121 | 1.2 | | 1 | 0.0 | | 120 | 1.9 | | |
| Perianal surgery | | | | | | | | | | <.0001 |
| No | 9345 | 91.6 | | 3982 | 98.6 | | 5363 | 86.9 | | |
| Yes | 861 | 8.4 | | 55 | 1.4 | | 806 | 13.1 | | |

* Chi-square test

Abbreviation : SD (Standard Deviation)

Supplementary Table 3. Previous 5-ASA and corticosteroids treatments

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|---|-------------------|--------|----|--|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Any oral form of 5-ASA | | | | | | | | | | <.0001 |
| No | 5967 | 63.6 | | 2679 | 72.2 | | 3288 | 58.0 | | |
| Yes | 3413 | 36.4 | | 1034 | 27.8 | | 2379 | 42.0 | | |
| Missing | 826 | | | 324 | | | 502 | | | |
| Foam, suppositories or enema form of 5-ASA | | | | | | | | | | <.0001 |
| No | 7223 | 76.4 | | 2086 | 55.5 | | 5137 | 90.2 | | |
| Yes | 2229 | 23.6 | | 1670 | 44.5 | | 559 | 9.8 | | |
| Missing | 754 | | | 281 | | | 473 | | | |
| Any form of systemic corticosteroids | | | | | | | | | | 0.0063 |
| No | 3223 | 34.1 | | 1344 | 35.7 | | 1879 | 33.0 | | |
| Yes | 6237 | 65.9 | | 2420 | 64.3 | | 3817 | 67.0 | | |
| Missing | 746 | | | 273 | | | 473 | | | |
| Budesonide | | | | | | | | | | <.0001 |
| No | 7474 | 79.0 | | 3496 | 92.8 | | 3978 | 69.9 | | |
| Yes | 1990 | 21.0 | | 270 | 7.2 | | 1720 | 30.1 | | |
| Missing | 742 | | | 271 | | | 471 | | | |
| Budesonide MMX | | | | | | | | | | <.0001 |
| No | 9383 | 98.9 | | 3701 | 98.2 | | 5682 | 99.4 | | |
| Yes | 106 | 1.1 | | 69 | 1.8 | | 37 | 0.6 | | |
| Missing | 717 | | | 267 | | | 450 | | | |
| Beclometasone | | | | | | | | | | <.0001 |
| No | 9057 | 95.4 | | 3425 | 90.9 | | 5632 | 98.4 | | |
| Yes | 434 | 4.6 | | 344 | 9.1 | | 90 | 1.6 | | |
| Missing | 715 | | | 268 | | | 447 | | | |

* Chi-square test

Abbreviations : 5-ASA (5-aminosalicylates), SD (Standard Deviation)

Supplementary Table 4. Previous Immunomodulators treatments

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|---|-------------------|--------|----|---|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Azathioprine | | | | | | | | | | <.0001 |
| No | 7070 | 69.3 | | 3161 | 78.3 | | 3909 | 63.4 | | |
| Yes | 3136 | 30.7 | | 876 | 21.7 | | 2260 | 36.6 | | |
| Azathioprine: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | . |
| <1 year | 1488 | 48.4 | | 473 | 55.1 | | 1015 | 45.8 | | |
| 1 year | 302 | 9.8 | | 76 | 8.8 | | 226 | 10.2 | | |
| 2 years | 309 | 10.1 | | 79 | 9.2 | | 230 | 10.4 | | |
| 3 years | 182 | 5.9 | | 45 | 5.2 | | 137 | 6.2 | | |
| 4 years | 163 | 5.3 | | 45 | 5.2 | | 118 | 5.3 | | |
| 5 years | 128 | 4.2 | | 34 | 4.0 | | 94 | 4.2 | | |
| 6 years | 119 | 3.9 | | 28 | 3.3 | | 91 | 4.1 | | |
| 7 years | 81 | 2.6 | | 25 | 2.9 | | 56 | 2.5 | | |
| 8 years | 57 | 1.9 | | 12 | 1.4 | | 45 | 2.0 | | |
| 9 years | 42 | 1.4 | | 5 | 0.6 | | 37 | 1.7 | | |
| 10 years | 47 | 1.5 | | 8 | 0.9 | | 39 | 1.8 | | |
| 11 years | 37 | 1.2 | | 9 | 1.0 | | 28 | 1.3 | | |
| 12 years | 36 | 1.2 | | 4 | 0.5 | | 32 | 1.4 | | |
| 13 years | 23 | 0.7 | | 5 | 0.6 | | 18 | 0.8 | | |
| 14 years | 11 | 0.4 | | 4 | 0.5 | | 7 | 0.3 | | |
| 15 years | 9 | 0.3 | | 1 | 0.1 | | 8 | 0.4 | | |
| 16 years | 13 | 0.4 | | 1 | 0.1 | | 12 | 0.5 | | |
| 17 years | 9 | 0.3 | | 0 | 0.0 | | 9 | 0.4 | | |
| 18 years | 4 | 0.1 | | 1 | 0.1 | | 3 | 0.1 | | |
| 20 years | 5 | 0.2 | | 1 | 0.1 | | 4 | 0.2 | | |
| 21 years | 2 | 0.1 | | 0 | 0.0 | | 2 | 0.1 | | |
| 22 years | 1 | 0.0 | | 1 | 0.1 | | 0 | 0.0 | | |
| 24 years | 1 | 0.0 | | 0 | 0.0 | | 1 | 0.0 | | |
| 25 years | 1 | 0.0 | | 1 | 0.1 | | 0 | 0.0 | | |
| 26 years | 1 | 0.0 | | 0 | 0.0 | | 1 | 0.0 | | |
| 29 years | 1 | 0.0 | | 0 | 0.0 | | 1 | 0.0 | | |
| >30 years | 1 | 0.0 | | 1 | 0.1 | | 0 | 0.0 | | |
| Missing | 63 | | | 17 | | | 46 | | | |
| 6-Mercaptopurine | | | | | | | | | | <.0001 |
| No | 9728 | 95.3 | | 3890 | 96.4 | | 5838 | 94.6 | | |
| Yes | 478 | 4.7 | | 147 | 3.6 | | 331 | 5.4 | | |
| 6-Mercaptopurine: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | . |
| <1 year | 330 | 70.5 | | 100 | 68.5 | | 230 | 71.4 | | |
| 1 year | 44 | 9.4 | | 15 | 10.3 | | 29 | 9.0 | | |
| 2 years | 24 | 5.2 | | 7 | 4.8 | | 17 | 5.3 | | |
| 3 years | 20 | 4.3 | | 4 | 2.7 | | 16 | 5.0 | | |
| 4 years | 10 | 2.1 | | 5 | 3.4 | | 5 | 1.6 | | |
| 5 years | 6 | 1.3 | | 3 | 2.1 | | 3 | 0.9 | | |
| 6 years | 8 | 1.7 | | 4 | 2.7 | | 4 | 1.3 | | |
| 7 years | 6 | 1.3 | | 3 | 2.1 | | 3 | 0.9 | | |
| 8 years | 6 | 1.3 | | 3 | 2.1 | | 3 | 0.9 | | |
| 9 years | 4 | 0.9 | | 1 | 0.7 | | 3 | 0.9 | | |
| 10 years | 2 | 0.4 | | 0 | 0.0 | | 2 | 0.6 | | |
| 11 years | 2 | 0.4 | | 1 | 0.7 | | 1 | 0.3 | | |
| 12 years | 2 | 0.4 | | 0 | 0.0 | | 2 | 0.6 | | |
| 14 years | 1 | 0.2 | | 0 | 0.0 | | 1 | 0.3 | | |
| 15 years | 1 | 0.2 | | 0 | 0.0 | | 1 | 0.3 | | |
| 16 years | 1 | 0.2 | | 0 | 0.0 | | 1 | 0.3 | | |
| 18 years | 1 | 0.2 | | 0 | 0.0 | | 1 | 0.3 | | |
| Missing | 10 | | | 1 | | | 9 | | | |
| Methotrexate | | | | | | | | | | <.0001 |
| No | 9568 | 93.7 | | 3931 | 97.4 | | 5637 | 91.4 | | |
| Yes | 638 | 6.3 | | 106 | 2.6 | | 532 | 8.6 | | |
| Methotrexate: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | . |

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|----------|-------------------|--------|----|---|--------|----|--------------------------------------|--------|----|----|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| <1 year | 316 | 51.2 | | 59 | 57.8 | | 257 | 49.9 | | |
| 1 year | 99 | 16.0 | | 15 | 14.7 | | 84 | 16.3 | | |
| 2 years | 86 | 13.9 | | 14 | 13.7 | | 72 | 14.0 | | |
| 3 years | 33 | 5.3 | | 6 | 5.9 | | 27 | 5.2 | | |
| 4 years | 28 | 4.5 | | 4 | 3.9 | | 24 | 4.7 | | |
| 5 years | 14 | 2.3 | | 0 | 0.0 | | 14 | 2.7 | | |
| 6 years | 13 | 2.1 | | 0 | 0.0 | | 13 | 2.5 | | |
| 7 years | 10 | 1.6 | | 2 | 2.0 | | 8 | 1.6 | | |
| 8 years | 7 | 1.1 | | 0 | 0.0 | | 7 | 1.4 | | |
| 9 years | 3 | 0.5 | | 0 | 0.0 | | 3 | 0.6 | | |
| 10 years | 5 | 0.8 | | 1 | 1.0 | | 4 | 0.8 | | |
| 12 years | 1 | 0.2 | | 1 | 1.0 | | 0 | 0.0 | | |
| 14 years | 1 | 0.2 | | 0 | 0.0 | | 1 | 0.2 | | |
| 15 years | 1 | 0.2 | | 0 | 0.0 | | 1 | 0.2 | | |
| Missing | 21 | | | 4 | | | 17 | | | |

* Chi-square test

Abbreviation : SD (Standard Deviation)

Supplementary Table 5. Previous Biological treatments

| | Total N= 10207 | | | Ulcerative colitis or IBD Unclassified N=4038 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|---|-------------------|--------|----|---|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Infliximab | | | | | | | | | | <.0001 |
| No | 7790 | 82.2 | | 3286 | 86.6 | | 4504 | 79.2 | | |
| Yes | 1690 | 17.8 | | 507 | 13.4 | | 1183 | 20.8 | | |
| Missing | 726 | | | 244 | | | 482 | | | |
| Infliximab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | . |
| <1 year | 743 | 44.8 | | 249 | 49.8 | | 494 | 42.6 | | |
| 1 year | 269 | 16.2 | | 92 | 18.4 | | 177 | 15.3 | | |
| 2 years | 247 | 14.9 | | 62 | 12.4 | | 185 | 15.9 | | |
| 3 years | 145 | 8.7 | | 36 | 7.2 | | 109 | 9.4 | | |
| 4 years | 93 | 5.6 | | 25 | 5.0 | | 68 | 5.9 | | |
| 5 years | 55 | 3.3 | | 12 | 2.4 | | 43 | 3.7 | | |
| 6 years | 27 | 1.6 | | 8 | 1.6 | | 19 | 1.6 | | |
| 7 years | 30 | 1.8 | | 7 | 1.4 | | 23 | 2.0 | | |
| 8 years | 11 | 0.7 | | 2 | 0.4 | | 9 | 0.8 | | |
| 9 years | 16 | 1.0 | | 3 | 0.6 | | 13 | 1.1 | | |
| 10 years | 7 | 0.4 | | 2 | 0.4 | | 5 | 0.4 | | |
| 11 years | 4 | 0.2 | | 1 | 0.2 | | 3 | 0.3 | | |
| 12 years | 5 | 0.3 | | 0 | 0.0 | | 5 | 0.4 | | |
| 13 years | 1 | 0.1 | | 1 | 0.2 | | 0 | 0.0 | | |
| 14 years | 2 | 0.1 | | 0 | 0.0 | | 2 | 0.2 | | |
| 15 years | 4 | 0.2 | | 0 | 0.0 | | 4 | 0.3 | | |
| 17 years | 1 | 0.1 | | 0 | 0.0 | | 1 | 0.1 | | |
| Missing | 30 | | | 7 | | | 23 | | | |
| Adalimumab | | | | | | | | | | <.0001 |
| No | 8186 | 86.0 | | 3515 | 92.3 | | 4671 | 81.8 | | |
| Yes | 1334 | 14.0 | | 292 | 7.7 | | 1042 | 18.2 | | |
| Missing | 686 | | | 240 | | | 456 | | | |
| Adalimumab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | . |
| <1 year | 562 | 42.9 | | 184 | 64.1 | | 378 | 36.9 | | |
| 1 year | 242 | 18.5 | | 51 | 17.8 | | 191 | 18.7 | | |
| 2 years | 185 | 14.1 | | 27 | 9.1 | | 158 | 15.4 | | |
| 3 years | 131 | 10.0 | | 13 | 4.5 | | 118 | 11.5 | | |
| 4 years | 71 | 5.4 | | 7 | 2.4 | | 64 | 6.3 | | |
| 5 years | 44 | 3.4 | | 2 | 0.7 | | 42 | 4.1 | | |
| 6 years | 36 | 2.7 | | 0 | 0.0 | | 36 | 3.5 | | |
| 7 years | 17 | 1.3 | | 1 | 0.3 | | 16 | 1.6 | | |
| 8 years | 10 | 0.8 | | 0 | 0.0 | | 10 | 1.0 | | |
| 9 years | 4 | 0.3 | | 1 | 0.3 | | 3 | 0.3 | | |
| 10 years | 6 | 0.5 | | 1 | 0.3 | | 5 | 0.5 | | |
| 11 years | 2 | 0.2 | | 0 | 0.0 | | 2 | 0.2 | | |
| 17 years | 1 | 0.1 | | 0 | 0.0 | | 1 | 0.1 | | |
| Missing | 23 | | | 5 | | | 18 | | | |
| Certolizumab pegol | | | | | | | | | | <.0001 |
| No | 9501 | 99.4 | | 3805 | 99.8 | | 5696 | 99.1 | | |
| Yes | 60 | 0.6 | | 6 | 0.2 | | 54 | 0.9 | | |
| Missing | 645 | | | 226 | | | 446 | | | |
| Certolizumab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | . |
| <1 year | 35 | 59.3 | | 2 | 33.3 | | 33 | 62.3 | | |
| 1 year | 14 | 23.7 | | 2 | 33.3 | | 12 | 22.6 | | |
| 2 years | 4 | 6.8 | | 0 | 0.0 | | 4 | 7.5 | | |
| 3 years | 4 | 6.8 | | 1 | 16.7 | | 3 | 5.7 | | |
| 4 years | 1 | 1.7 | | 0 | 0.0 | | 1 | 1.9 | | |
| 5 years | 1 | 1.7 | | 1 | 16.7 | | 0 | 0.0 | | |
| Missing | 1 | | | 0 | | | 1 | | | |
| Golimumab | | | | | | | | | | <.0001 |
| No | 9347 | 98.5 | | 3700 | 97.1 | | 5717 | 99.4 | | |
| Yes | 141 | 1.5 | | 109 | 2.9 | | 32 | 0.6 | | |

| | Total N= 10207 | | | Ulcerative colitis or IBD Unclassified N=4038 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|--|-------------------|--------|----|---|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Missing | 648 | | | 228 | | | 420 | | | |
| Golimumab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | |
| <1 year | 95 | 68.8 | | 74 | 67.9 | | 21 | 72.4 | | . |
| 1 year | 25 | 18.1 | | 22 | 20.2 | | 3 | 10.3 | | |
| 2 years | 11 | 8.0 | | 9 | 8.3 | | 2 | 6.9 | | |
| 3 years | 6 | 4.3 | | 4 | 3.7 | | 2 | 6.9 | | |
| 4 years | 1 | 0.7 | | 0 | 0.0 | | 1 | 3.4 | | |
| Missing | 3 | | | 0 | | | 3 | | | |
| Vedolizumab | | | | | | | | | | |
| No | 9392 | 98.5 | | 3753 | 98.9 | | 5639 | 98.2 | | 0.0030 |
| Yes | 147 | 1.5 | | 41 | 1.1 | | 106 | 1.8 | | |
| Missing | 667 | | | 243 | | | 424 | | | |
| Vedolizumab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | |
| <1 year | 91 | 63.2 | | 29 | 72.5 | | 62 | 59.6 | | . |
| 1 year | 32 | 22.2 | | 6 | 15.0 | | 26 | 25.0 | | |
| 2 years | 16 | 11.1 | | 3 | 7.5 | | 13 | 12.5 | | |
| 3 years | 4 | 2.8 | | 2 | 5.0 | | 2 | 1.9 | | |
| 4 years | 1 | 0.7 | | 0 | 0.0 | | 1 | 1.0 | | |
| Missing | 2 | | | 1 | | | 1 | | | |
| Ustekinumab | | | | | | | | | | |
| No | 9518 | 99.6 | | 3807 | 99.9 | | 5711 | 99.4 | | 0.0002 |
| Yes | 38 | 0.4 | | 4 | 0.1 | | 34 | 0.6 | | |
| Missing | 650 | | | 226 | | | 424 | | | |
| Ustekinumab: Estimated duration of treatment before entry in I-CARE (years) | | | | | | | | | | |
| <1 year | 28 | 73.7 | | 3 | 75.0 | | 25 | 73.5 | | . |
| 1 year | 4 | 10.5 | | 0 | 0.0 | | 4 | 11.8 | | |
| 2 years | 2 | 5.3 | | 1 | 25.0 | | 1 | 2.9 | | |
| 3 years | 1 | 2.6 | | 0 | 0.0 | | 1 | 2.9 | | |
| 4 years | 3 | 7.9 | | 0 | 0.0 | | 3 | 8.8 | | |

* Chi-square test

Abbreviation : SD (Standard Deviation)

Supplementary Table 6. History of cancer

| | Total N= 10206 | | | Ulcerative colitis or IBD Unclassified N=4037 (39.6%) | | | Crohn's Disease N=6169 (60.4%) | | | p* |
|--|-------------------|--------|----|---|--------|----|--------------------------------------|--------|----|--------|
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Personal history of cancer | | | | | | | | | | 0.0395 |
| No | 9908 | 97.1 | | 3902 | 96.7 | | 6006 | 97.4 | | |
| Yes | 298 | 2.9 | | 135 | 3.3 | | 163 | 2.6 | | |
| DYSPLASIA Colon | | | | | | | | | | 0.1574 |
| No | 10186 | 99.8 | | 4026 | 99.7 | | 6160 | 99.9 | | |
| Yes | 20 | 0.2 | | 11 | 0.3 | | 9 | 0.1 | | |
| DYSPLASIA Esophagus | | | | | | | | | | 0.2827 |
| No | 10203 | 100.0 | | 4037 | 100.0 | | 6166 | 100.0 | | |
| Yes | 3 | 0.0 | | 0 | 0.0 | | 3 | 0.0 | | |
| DYSPLASIA Uterine cervix (only CIN 3) | | | | | | | | | | 0.1496 |
| No | 10135 | 99.3 | | 4003 | 99.2 | | 6132 | 99.4 | | |
| Yes | 71 | 0.7 | | 34 | 0.8 | | 37 | 0.6 | | |
| DYSPLASIA Uterine cervix (only women) | | | | | | | | | | 0.0756 |
| No | 5314 | 98.7 | | 1998 | 98.3 | | 3316 | 98.9 | | |
| Yes | 71 | 1.3 | | 34 | 1.7 | | 37 | 1.1 | | |

* Chi-square test or Fisher's exact test
Abbreviation : SD (Standard Deviation)

Supplementary Table 7. History of vaccination and infection

| | Total | | | Ulcerative colitis or IBD Unclassified | | | Crohn's Disease | | | p* |
|--|----------|--------|----|---|--------|----|-------------------|--------|----|--------|
| | N= 10206 | | | N=4037 (39.6%) | | | N=6169 (60.4%) | | | |
| | N | %/mean | SD | N | %/mean | SD | N | %/mean | SD | |
| Human papilloma virus vaccine | | | | | | | | | | 0.6856 |
| No | 6088 | 93.8 | | 2443 | 94.0 | | 3645 | 93.7 | | |
| Yes | 404 | 6.2 | | 158 | 6.0 | | 246 | 6.3 | | |
| Missing | 3714 | | | 1436 | | | 2278 | | | |
| Hepatitis B vaccine | | | | | | | | | | 0.0379 |
| No | 2646 | 43.5 | | 1093 | 45.1 | | 1553 | 42.4 | | |
| Yes | 3441 | 56.5 | | 1331 | 54.9 | | 2110 | 57.6 | | |
| Missing | 4119 | | | 1613 | | | 2506 | | | |
| Pneumococcus vaccine | | | | | | | | | | <.0001 |
| No | 4031 | 64.9 | | 1762 | 71.6 | | 2269 | 60.5 | | |
| Yes | 2184 | 35.1 | | 700 | 28.4 | | 1484 | 39.5 | | |
| Missing | 3991 | | | 1575 | | | 2416 | | | |
| BCG vaccine | | | | | | | | | | 0.4242 |
| No | 2609 | 46.1 | | 1074 | 46.8 | | 1535 | 45.7 | | |
| Yes | 3046 | 53.9 | | 1222 | 53.2 | | 1824 | 54.3 | | |
| Missing | 4551 | | | 1741 | | | 2810 | | | |
| Herpes zoster | | | | | | | | | | 0.7668 |
| No | 5984 | 97.4 | | 2426 | 97.5 | | 3558 | 97.3 | | |
| Yes | 160 | 2.6 | | 63 | 2.5 | | 97 | 2.7 | | |
| Missing | 4062 | | | 1548 | | | 2514 | | | |
| Confirmed symptomatic mononucleosis | | | | | | | | | | 0.2027 |
| No | 7178 | 95.0 | | 2910 | 95.4 | | 4268 | 94.8 | | |
| Yes | 376 | 5.0 | | 140 | 4.6 | | 236 | 5.2 | | |
| Missing | 2652 | | | 987 | | | 1665 | | | |

* Chi-square test

Abbreviation : BCG (Bacille Calmette-Guerin), SD (Standard Deviation)

What You Need to Know

Background: There is a need to evaluate the benefit-risk ratio of current therapies in inflammatory bowel disease (IBD) patients to provide the best quality of care.

Findings: I-CARE is an ongoing investigator-initiated observational European prospective cohort study that will provide unique information on the long-term benefits and risks of biological therapies in IBD patients.

Implications for patient care: Future findings from I-CARE and sub-studies will likely be implemented in IBD guidelines and used to guide the decision-making process in daily practice.