







Expression Quantitative Trait Locus Analysis in Systemic Sclerosis Identifies New Candidate Genes Associated With Multiple Aspects of Disease Pathology

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Objective. To identify the genetic variants that affect gene expression (expression quantitative trait loci [eQTLs]) in systemic sclerosis (SSc) and to investigate their role in the pathogenesis of the disease.

Methods. We performed an eQTL analysis using whole-blood sequencing data from 333 SSc patients and 524 controls and integrated them with SSc genome-wide association study (GWAS) data. We integrated our findings from expression modeling, differential expression analysis, and transcription factor binding site enrichment with key clinical features of SSc.

Results. We detected 49,123 validated *cis*-eQTLs from 4,539 SSc-associated single-nucleotide polymorphisms (SNPs) ($P_{\text{GWAS}} < 10^{-5}$). A total of 1,436 genes were within 1 Mb of the 4,539 SSc-associated SNPs. Of those 1,436 genes, 565 were detected as having ≥ 1 eQTL with an SSc-associated SNP. We developed a strategy to prioritize disease-associated genes based on their expression variance explained by SSc eQTLs ($r^2 > 0.05$). As a result, 233 candidates were identified, 134 (58%) of them associated with hallmarks of SSc and 105 (45%) of them differentially expressed in the blood cells, skin, or lung tissue of SSc patients. Transcription factor binding site analysis revealed enriched motifs of 24 transcription factors (5%) among SSc eQTLs, 5 of which were found to be differentially regulated in the blood cells (*ELF1* and *MGA*), skin (*KLF4* and *ID4*), and lungs (*TBX4*) of SSc patients. Ten candidate genes (4%) can be targeted by approved medications for immune-mediated diseases, of which only 3 have been tested in clinical trials in patients with SSc.

Conclusion. The findings of the present study indicate a new layer to the molecular complexity of SSc, contributing to a better understanding of the pathogenesis of the disease.

INTRODUCTION

Systemic sclerosis (SSc) is a chronic rheumatic autoimmune disease with a high degree of clinical heterogeneity that affects the

connective tissue (1), and with one of the highest mortality rates among rheumatic diseases (2). The pathogenesis of SSc is often characterized by a triad of hallmarks: immune dysfunction, fibrosis, and vasculopathy. Immune dysfunction involves autoimmune

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processes and inflammation as a result of an imbalance in T cell, B cell, and macrophage activation (1). Fibrosis occurs as a result of the activation of fibroblasts, epithelial–mesenchymal transition, and excessive extracellular matrix deposition (3). Vasculopathy typically consists of a loss of small vessels followed by impaired compensatory vasculogenesis and angiogenesis (4). The relationship between immune dysfunction, vascular damage, and fibrosis remains fairly unknown.

Like most autoimmune diseases, SSc has a complex etiology and a poorly understood genetic component. In this regard, substantial efforts have been made to identify genetic features that contribute to disease susceptibility. To date, large-scale genetic studies have identified up to 27 loci associated with SSc at the genome-wide level of significance ($P < 5.0 \times 10^{-8}$) (5–7), including the HLA region (8). Those studies provide invaluable information on disease etiopathogenesis, contributing to drug discovery and repurposing (9,10). Nevertheless, most of the single-nucleotide polymorphisms (SNPs) associated with SSc map to noncoding regions of the genome.

A number of SSc-associated loci could be involved in the regulation of gene expression, acting as expression quantitative trait loci (eQTLs), which have a widespread presence in the genome (11). Analysis of eQTLs can provide a mechanical link between a variant and its effect on gene expression, and multiple eQTLs can be used to explain or model gene expression variance. In this regard, eQTL analyses have been successfully conducted in other autoimmune diseases such as systemic lupus erythematosus (SLE) and rheumatoid arthritis (RA), among others (12,13). Interestingly, variants mapped to noncoding enhancer regions across 6 autoimmune diseases led to the development of a multiple-enhancer variant hypothesis. According to this theory, the contribution of several SNPs in linkage disequilibrium at the same loci can influence multiple enhancers and be assigned to common pathways (12). Furthermore, eQTLs have been identified in specific cell subsets (14) and have been applied to autoimmune disease prognostics (15), which illustrates the relevance of these analyses in understanding the pathogenesis of the autoimmune process. In this study, we aimed to explore the *cis*-genetic effects of SSc-associated risk loci on expression and performed an eQTL analysis using whole-blood RNA sequencing data from 857 samples.

PATIENTS AND METHODS

Patients and controls. For additional details regarding all methods, see the Supplementary Methods, available on the *Arthritis & Rheumatology* website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>. This study included 333 patients of European descent who were diagnosed as having SSc according to the American College of Rheumatology (ACR)/European Alliance of Associations for Rheumatology (EULAR) 2013 criteria (16) and were participants in the PRECISE

Systemic Autoimmune Diseases (PRECISEADS) project (<https://clinicaltrials.gov/ct2/show/NCT02890134>). See Appendix A for members of the PRECISEADS Clinical Consortium. A total of 524 age- and sex-matched controls without known autoimmune disease were selected. Patients and controls were randomly grouped into equal size discovery and validation sets, matched for age, sex, and medication use. Supplementary Table 1, available on the *Arthritis & Rheumatology* website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>, describes the characteristics of the 2 patient sets. All patients and controls gave written informed consent, which was approved by local ethics committees. For additional details on ethics approvals, see the Supplementary Methods, available on the *Arthritis & Rheumatology* website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>.

RNA sequencing and genotyping. RNA sequencing data were obtained and processed as described by Beretta et al (17). Genetic data were obtained using the Illumina SNP chip genome-wide association study (GWAS) platforms HumanCore-12-v1, Infinium CoreExome-24v1-2, and Infinium CoreExome-24v1-3. Only SNPs typed on all 3 platforms were used for imputation and analysis. Samples were subjected to strict quality filtering analyzed for ancestry and identity. Imputation was performed on the Michigan Imputation Server and filtered for quality, minor allele frequency (MAF) > 0.05, and Hardy-Weinberg equilibrium. Raw data are the property of the PRECISEADS Consortium. Metadata and aggregated data are available upon request from the corresponding author.

Detection of eQTLs. RNA-Seq and genetic data were checked to exclude mismatched samples using sex prediction and genotype mismatches using an in-house pipeline. Our analysis was limited to 4,539 candidate SNPs that showed at least a suggestive level of association with SSc ($P_{\text{GWAS}} < 1 \times 10^{-5}$ in the study by López-Isaac et al [5]). SNPs with high linkage disequilibrium (≥ 0.8) were added to the candidate SNPs, totaling 13,253 SNPs. We used the Matrix eQTL R package (18) and fit a linear regression model that tests the influence of the number of risk alleles on gene expression residuals obtained by correcting for potential confounders (i.e., population substructure) using the strategy described by Westra et al (12) based on principal components. For SNPs with a MAF of <0.1, we additionally calculated a dominant model to keep in check excessive influence of low numbers of homozygotes of the minor allele. The eQTLs of SNPs with a MAF of <0.1 were discarded if they were not significant at a false discovery rate (FDR) of <0.05 in both the linear and dominant models.

Our analyses were focused on *cis*-eQTLs in a window of 1 million bp around the transcription start site of a gene, which implies 1,436 genes, given the 13,253 candidate SNPs. The eQTLs were identified for the SSc and control groups separately to avoid interaction effects, and we split the groups equally into discovery and

replication sets. An FDR of <0.05 defined significant genetic effects on gene expression. The eQTLs were considered validated if they were found in 2 sets, using a stringent cutoff (FDR <0.05) in one set and a nominal P value cutoff ($P < 0.05$) in the other. To expand on sensitivity and to aid finding SSc-specific eQTLs we created a “validated across groups” set of eQTLs, using the strategy described above, but this time validating eQTLs obtained from all SSc samples with eQTLs obtained from all control samples and vice versa. In the first run, eQTLs and genes whose expression was associated with ≥ 1 eQTL (eGenes) were detected for SNPs associated with SSc. In the second run, we detected eQTLs for all SNPs within a distance of 1 Mb of an eGene detected in the first run, including SNPs unrelated to SSc.

SSc eQTLs were identified as “SSc-specific” if the eQTL was validated using the 2 SSc subsets and was not found in any of the control data sets or the validated-across-groups data set at a nominal cutoff level of 0.1. Candidate SSc-specific eQTLs were compared to public databases of blood eQTLs from healthy subjects (Genotype-Tissue Expression [GTEx] Project V7) (11,12); 27% of these eQTLs had proxy SNPs, which were found with their respective gene in one of these databases and were no longer considered SSc-specific. We repeated eQTL detection for the subset of SSc patients who had received no known medication, following the discovery and replication strategy described above to find additional SSc-specific eQTLs.

Stepwise linear regression (forward selection). Independent eQTL signals that influence the expression of a gene were determined following a stepwise linear regression procedure. Forward selection was repeated until no additional signal was detected at a nominal P level of $P < 0.05$. This was done for SNP–eGene combinations obtained from the analysis described above.

Differential expression analysis. The edgeR package in R was used to calculate differential expression in the 7 most abundant cell types using cellular composition of whole blood as a covariate, as estimated from expression profiles using CIBERSORT (19). Additional covariates were disease, sex, age, medication, and age–cell, medication–cell, disease–sex, and disease–age interactions. For additional details, see the Supplementary Methods, available on the *Arthritis & Rheumatology* website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>. Differential expression data for skin and lung tissues were obtained either from published tables (20,21) or by using the default analysis in GEO (GEO2R) with the GSE58095 data set comparing all cases against all controls.

Transcription factor binding site analysis. Only the SSc-associated SNPs ($P_{\text{GWAS}} < 10^{-5}$) that were part of the best expression models obtained by stepwise linear regression analysis (forward selection) were analyzed. Using the R package TFBSTools (22), we obtained all potential transcription factor binding

sites and scored the effect of each SNP on transcription factor binding. If enrichment was significant (FDR <0.1) for ≥ 3 scores, the overall enrichment of the particular transcription factor binding site was considered significant. To calculate enrichment, Fisher’s exact test was performed with a random selection of 50,000 eQTLs from the GTEx database V7 (matched for MAF and distance to transcription start site) as background.

Drug target analysis. We retrieved 2,384 different drugs and their 1,138 target genes from the Open Targets database in October 2019. Medications used for rheumatic and skin-related diseases were extracted from the same database, yielding 542 drugs currently used to treat these diseases.

Tissue enrichment analysis. A baseline enrichment of blood eQTLs was calculated in all tissues using the GTEx database V7. Using a z -test, we investigated whether the enrichment of blood eQTLs obtained in this study was even higher than the baseline enrichment of all tissues.

RESULTS

Study design, gene and eQTL numbers, and comparison to external data sets. We aimed to explore the *cis*-genetic effects of SSc-associated risk loci on expression in SSc and control data sets to detect potential disease-specific eQTLs and to model gene expression variation for gene prioritization. Prioritized genes were analyzed for SSc hallmarks and drug repurposing, and selected eQTLs were analyzed for transcription factor binding site and tissue enrichment. Supplementary Figure 1, available on the *Arthritis & Rheumatology* website at <http://online.library.wiley.com/doi/10.1002/art.41657/abstract>, gives an overview of all analyses performed.

A total of 18,507 and 38,600 replicated *cis*-eQTLs were identified in SSc patients and controls, respectively, affecting the expression of 137 and 200 genes (eGenes), respectively. After validating across groups of eQTLs found in all SSc patients with eQTLs found in controls, and vice versa, a total of 49,123 eQTLs were identified, influencing 236 eGenes with a median of 73 eQTLs per gene. The maximum number of eGenes detected in any of the data sets at a nominal level ($P < 0.01$) was 565, among them 64 long noncoding RNAs like *XXbac-BPG181B23.7* (lnc-HLA-B-2:3), *TAPSAR1*, or *HCG11* (see Supplementary Table 2, available on the *Arthritis & Rheumatology* website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>).

The eQTLs (a) of the 2 discovery sets, (b) validated across groups, and (c) at the intersection of validated control and validated SSc eQTLs were compared against the GTEx database, and 66%, 15%, and 8% unknown eQTLs, respectively, were found, which depicts the different levels of stringency of our setup. Of interest, 95% of the eQTLs in our whole-blood data set that

overlapped with the GTEx database were found in multiple tissues according to GTEx.

SSc-specific eQTLs. The eQTLs replicated in SSc whole blood were compared to eQTLs observed in control data sets with low stringency (nominal $P < 0.1$). We found 59 eQTLs from 16 genes potentially specific to SSc. Repeating our analysis in a subset of patients who did not receive immunomodulating drugs revealed 28 additional eQTLs and 6 additional genes. In-depth comparison to known blood eQTLs from healthy controls (GTEx V7) (11,12) and their proxies ($r^2 > 0.8$) excluded 24 eQTLs

(27%) from being SSc-specific. Careful examination suggested eQTLs from *HLA-B*, *NCR3*, *RAF1*, *NEU1*, *HLA-DQA1*, *HLA-DOB*, *HID1*, and *IER3* to be the best candidates for SSc-specific eQTLs (Figure 1 and Supplementary Figure 2, available on the *Arthritis & Rheumatology* website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>).

Enrichment of blood eQTLs in tissues affected by disease. We explored whether the validated blood eQTLs from SSc patients could be interpreted in other contexts beyond immunity. The GTEx database provides a comprehensive overview of eQTL

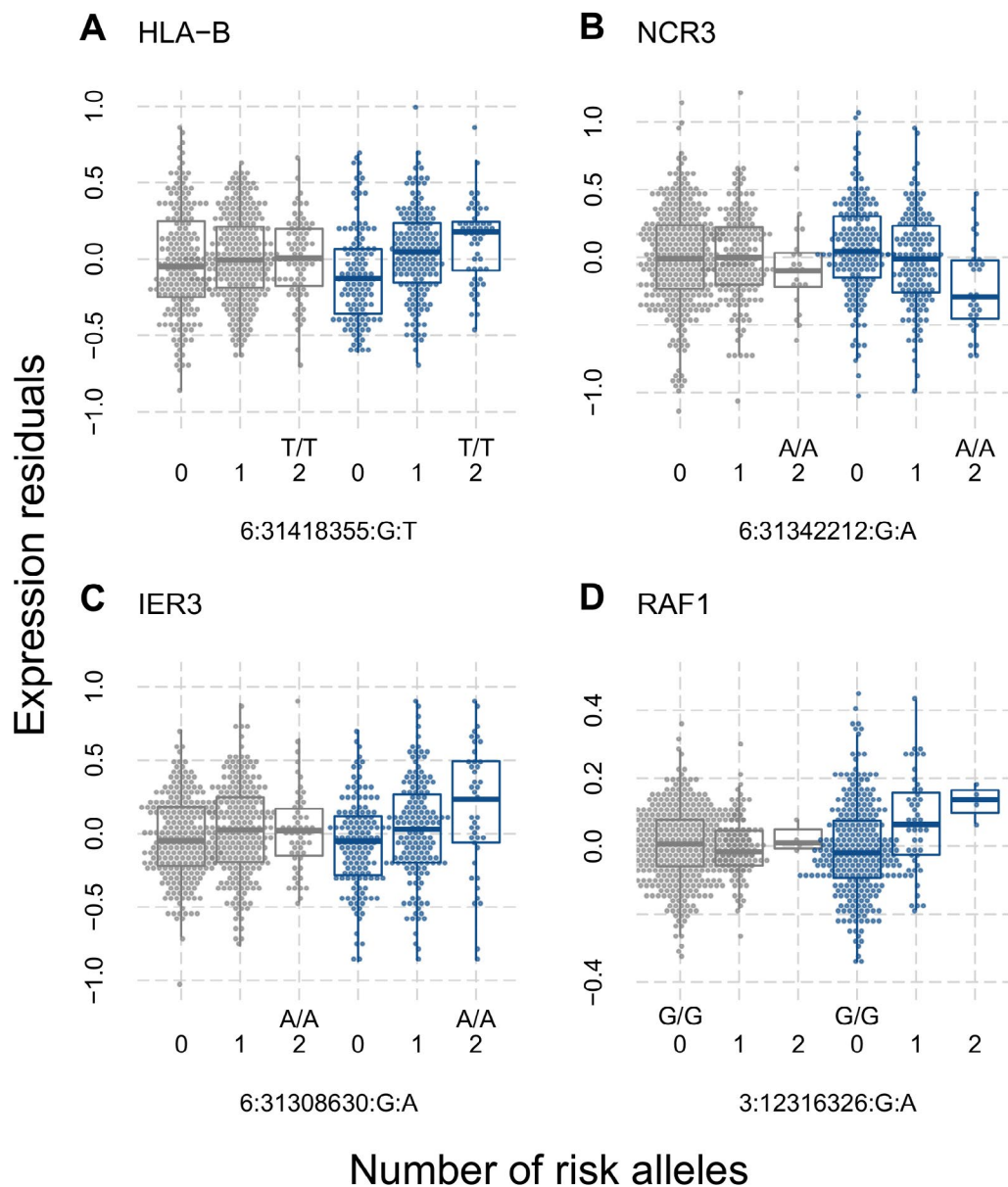


Figure 1. Expression quantitative trait loci found in patients with systemic sclerosis (SSc) (blue) but not in controls (gray). Residual expression levels, determined using principal components analysis, of the genes *HLA-B* (A), *NCR3* (B), *IER3* (C), and *RAF1* (D) are shown for the indicated genotypes in controls and SSc patients. The number of minor alleles, the risk genotype, and single-nucleotide polymorphisms are indicated on the x-axis. Data are shown as box plots. Each box represents the 25th to 75th percentiles. Lines inside the boxes represent the median. Lines outside the boxes represent the 10th and 90th percentiles. Circles represent individual subjects.

sharing among 49 different tissues. Using a meta-analysis published by GTEx V7, we found that only 6% of eQTLs are tissue-specific, 81% have been detected in ≥ 5 tissues, and 15% are present in $>90\%$ of tissues. This clearly shows that eQTLs detected in blood can be interpreted functionally in other tissues. Indeed, 95% of the GTEx-known eQTLs detected in this study are found in ≥ 10 different tissues apart from blood. We investigated whether the eQTLs identified in our study were enriched in the GTEx eQTLs of non-blood tissues to test our assumptions on interpretability beyond the context of whole blood. A significant enrichment was found in 19 tissues (Figure 2), the majority of which can readily be interpreted in the context of SSc, as the disease affects many tissues, such as the lungs, heart, and esophagus.

Expression variance explained (EVE) can be used to prioritize SSc eQTLs and SSc eGenes. While many eGenes with an SSc-specific eQTL can probably explain the pathogenesis of SSc at least partially (Supplementary Table 2, available on the *Arthritis &*

Rheumatology website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>), we decided to focus on the candidate eGenes that are most affected by SSc genetics.

To measure the influence of genetics on gene expression, we used a stepwise modeling procedure to obtain independent eQTLs per gene and calculate the EVE. Comparing the EVE using only SSc-specific eQTLs (EVE_{SSc}) against the EVE using all eQTLs (EVE_{all} ; including eQTLs unrelated to SSc) we obtained a measure (ratio) of how much EVE can be attributed to SSc genetics. Figure 3A depicts a comparison of the 2 calculated EVE values. For 104 eGenes (18%), the EVE differed by $<30\%$. One hundred thirty eGenes (23%) showed stronger differences in EVE, but still had an EVE_{SSc} of >0.05 ($r^2 > 0.05$). The remaining 331 eGenes had a low EVE_{SSc} (< 0.05), and the EVE differed by $>30\%$. This comparison distinguished 3 groups with high, intermediate, and low influence of SSc genetics.

Three groups of eGenes were identified based on the impact that SSc genetics had on their expression. We analyzed these

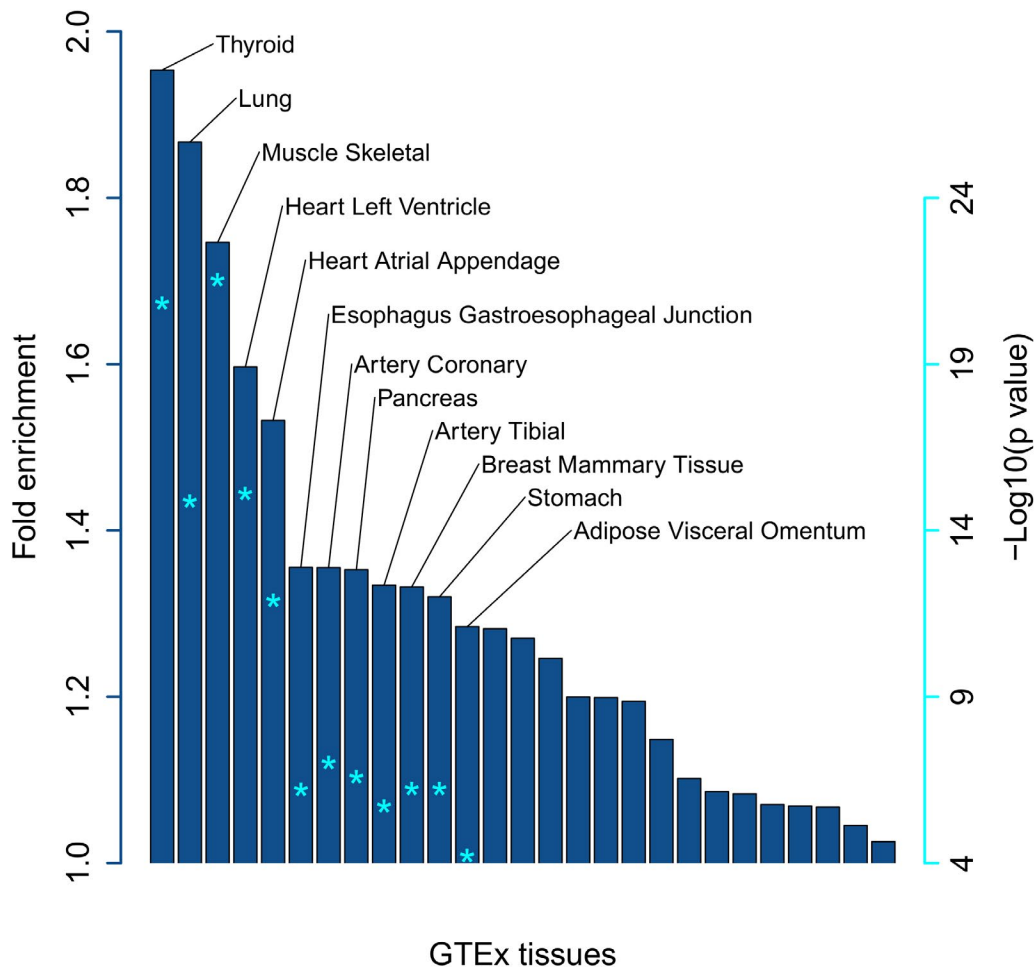


Figure 2. Enrichment of blood expression quantitative trait loci in disease-relevant tissues in patients with systemic sclerosis. Asterisks inside the bars indicate the level of significance adjusted for multiple testing (false discovery rate), corresponding to the values shown on the right. GTEx = Genotype-Tissue Expression.

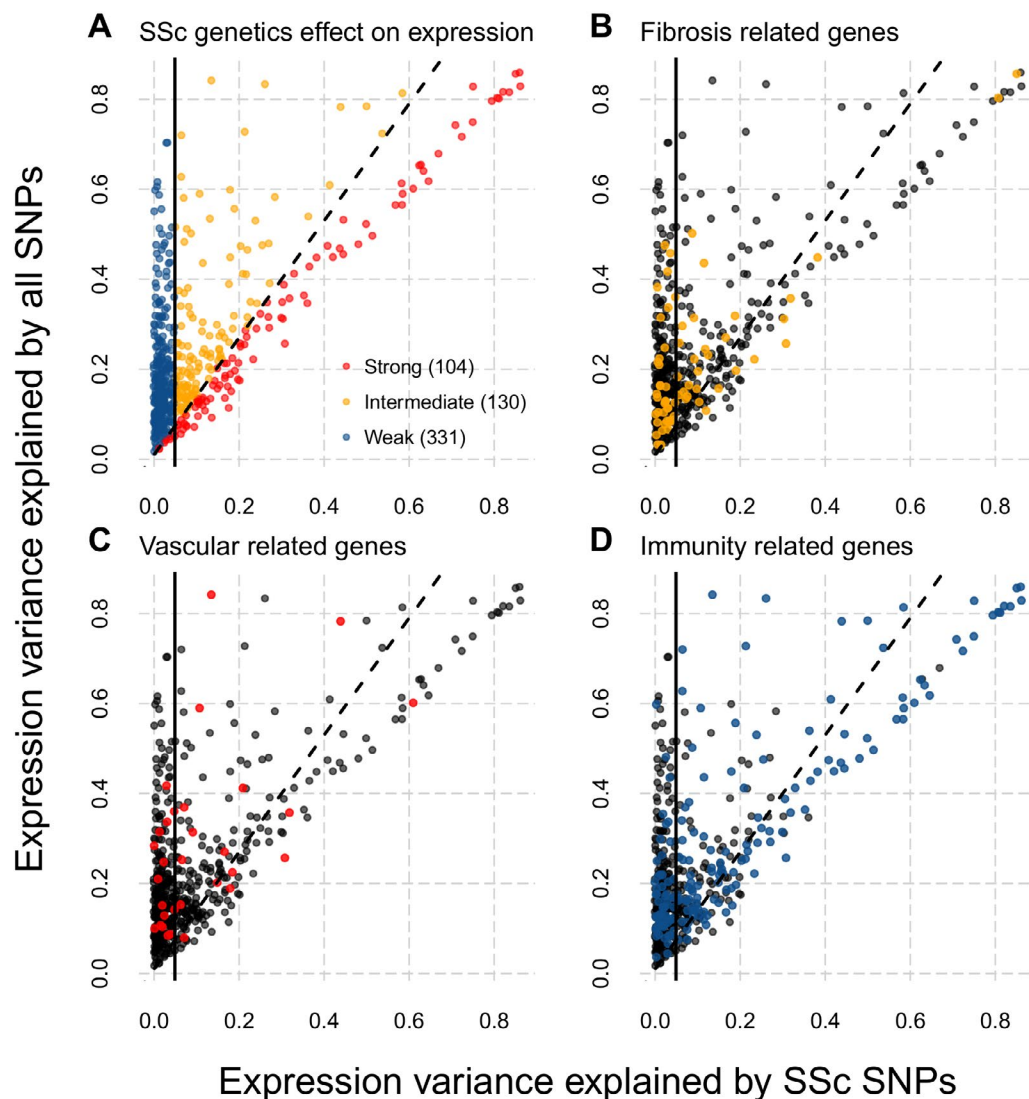


Figure 3. Gene expression variance explained by expression quantitative trait loci (eQTLs) can distinguish levels of influence of systemic sclerosis (SSc) genetics on expression and prioritize genes affected by eQTLs. The expression variance explained (r^2) by eQTLs associated with SSc in a recent genome-wide association study (using single-nucleotide polymorphisms [SNPs] with association $P < 10^{-5}$) (5) was plotted against the expression variance explained by all eQTLs found within 1 Mb of a gene, whether or not they were associated with SSc. **A**, Groups of eGenes showing strong (red), intermediate (yellow), or weak (blue) influence of SSc genetics. **B–D**, Same eGenes as shown in **A**. Highlighted are eGenes related to **B**, fibrosis (yellow), **C**, vascular processes (red), and **D**, immunity (blue). The eGenes not related to any of these hallmarks are depicted in black.

groups for enriched pathways ($FDR < 0.05$) (Supplementary Tables 3 and 4, available on the *Arthritis & Rheumatology* website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>), and biologic processes from gene ontology, and found that 52% of eGenes in the high- or intermediate-impact group (122 of 233) were located in immune-related pathways, as compared to only 17% of eGenes in the low-impact group (Supplementary Table 2). An in-depth review of the literature and gene ontologies helped us assign 66 and 31 eGenes to SSc-related biologic processes linked to fibrosis and vasculopathy, respectively. Many of these eGenes belong to the high- or intermediate-impact group (Figures 3B–D). The eGenes for which SSc genetics have an intermediate or high impact on expression are most likely to shed light on the complex pathology of this disease.

SSc eGenes grouped by the hallmarks of SSc pathogenesis. Three features of SSc pathogenesis can be attributed to 134 of the 233 eGenes (58%) for which SSc genetics had an intermediate-to-high impact on expression, namely: alteration of immune response, fibrosis, and vasculopathy (Table 1 and Supplementary Table 2). The genes implicated in innate and adaptive immune cell processes represent the largest subgroup, with 122 eGenes. Interestingly, 27 HLA eGenes and 8 eGenes related to interferon (IFN) pathways were identified, including important SSc-associated susceptibility loci dysregulated in SSc (9,23,24). Furthermore, there were 27 SSc eGenes associated with biologic processes related to fibrosis, and 16 eGenes related to vasculopathy or angiogenesis. These pathways are considered to be

Table 1. Differentially expressed eGenes associated with hallmarks of SSc*

Gene	Impact of SSc genetics on expression	SSc hallmark			Differential expression (log ₂ fold change) [†]		
		Immunity	Fibrosis	Vascular	Blood	Skin	Lungs
<i>AGER</i>	High	+	–	+	–5.31	–	–
<i>BLK</i>	High	+	–	–	–	0.1	–
<i>C2</i>	High	+	–	–	–	0.45	–
<i>C4A</i>	High	+	–	–	–19.33	–	–
<i>C4B</i>	High	+	–	–	–19.57	–	–
<i>CCHCR1</i>	High	+	–	–	–4.58	–	–
<i>CFB</i>	High	+	–	–	–	0.4	–
<i>DDAH2</i>	High	+	–	+	–4.28	–	–
<i>HLA-B</i>	High	+	–	–	–4.49	–	–
<i>HLA-DPA1</i>	High	+	–	–	–	0.34	1.07
<i>HLA-DQA1</i>	High	+	–	–	–	–	1.04
<i>HLA-DQB1</i>	High	+	+	–	–	0.48	–
<i>HLA-DRA</i>	High	+	–	–	–	0.29	1.09
<i>HLA-DRB5</i>	High	+	–	–	–	–	1.25
<i>HLA-DRB6</i>	High	+	–	–	–	0.29	–
<i>HSPA1B</i>	High	+	–	–	–7.14	–	–
<i>LST1</i>	High	+	–	–	–5.72	0.23	–
<i>LTB</i>	High	+	+	–	–7.68	0.64	–
<i>LY6G5C</i>	High	+	–	–	–9.78	0.11	–
<i>MICA</i>	High	+	–	–	–6.29	–	–
<i>MICB</i>	High	+	–	–	–	0.21	–
<i>NCR3</i>	High	+	–	–	–9.71	–	–
<i>NEU1</i>	High	+	–	–	–	0.15	–
<i>NOTCH4</i>	High	+	+	+	–	0.23	–
<i>RAB2A</i>	High	+	–	–	–	–0.21	–
<i>RNF5</i>	High	+	–	–	–4.84	–	–
<i>TAP1</i>	High	+	–	–	–	–	1.23
<i>TNXB</i>	High	+	+	–	–7.01	–	–
<i>AIF1</i>	Intermediate	+	–	–	–5.32	–	–
<i>CCDC104</i>	Intermediate	+	–	–	–3.71	–	–
<i>CD151</i>	Intermediate	+	–	–	–6.94	0.3	–
<i>CD247</i>	Intermediate	+	–	–	–4.27	–	–
<i>CD40</i>	Intermediate	+	+	+	–	0.19	–
<i>CTSB</i>	Intermediate	+	+	–	–	0.4	1.14
<i>ELMO1</i>	Intermediate	+	–	–	5.56	–	–
<i>ERAP1</i>	Intermediate	+	–	+	5.11	–	–
<i>FLNB</i>	Intermediate	+	+	–	3.43	0.13	–
<i>GTF2H4</i>	Intermediate	+	–	–	–	0.19	–
<i>HLA-A</i>	Intermediate	+	–	–	–	0.25	1.06
<i>HLA-DMA</i>	Intermediate	+	–	–	–	0.36	1.05
<i>HLA-DMB</i>	Intermediate	+	–	–	–	0.32	1.05
<i>HLA-DOA</i>	Intermediate	+	–	–	5.42	0.2	–
<i>HLA-F</i>	Intermediate	+	–	–	–4.63	–	–
<i>HLA-H</i>	Intermediate	+	–	–	–	0.23	0.99
<i>HSPA1L</i>	Intermediate	+	–	–	–4.42	–0.14	–
<i>IDUA</i>	Intermediate	+	+	–	–	0.26	–
<i>IER3</i>	Intermediate	+	–	+	–	–	1.15
<i>IFI30</i>	Intermediate	+	+	–	–3.78	–	–
<i>MPI</i>	Intermediate	+	–	–	–2.73	–	–
<i>MSRA</i>	Intermediate	+	–	–	–	0.15	–
<i>PSMB8</i>	Intermediate	+	+	+	–4.49	–	–
<i>PSMB9</i>	Intermediate	+	–	–	–	0.29	–
<i>PXK</i>	Intermediate	+	–	–	2.91	–	–
<i>RXRB</i>	Intermediate	+	–	–	–	0.15	–
<i>SUMO2</i>	Intermediate	+	–	–	–	–0.21	–
<i>TAPBP</i>	Intermediate	+	–	–	–	0.24	–
<i>TNPO3</i>	Intermediate	+	–	–	5.64	–	–
<i>TUBB</i>	Intermediate	+	–	–	–	0.16	–
<i>UBE2L3</i>	Intermediate	+	–	–	–2.25	–	–

(Continued)

Table 1. (Cont'd)

Gene	Impact of SSc genetics on expression	SSc hallmark			Differential expression (log ₂ fold change) [†]		
		Immunity	Fibrosis	Vascular	Blood	Skin	Lungs
<i>UNC119B</i>	Intermediate	+	+	–	2.33	–	–
<i>CLIC1</i>	Intermediate	–	+	–	–2.9	–	–
<i>FLOT1</i>	Intermediate	–	+	–	–4.9	0.28	–
<i>PHF1</i>	Intermediate	–	+	–	–3.38	–	–
<i>RPS18</i>	Intermediate	–	+	–	–9.34	–	–
<i>SYNGAP1</i>	Intermediate	–	+	–	3.5	–	–
<i>UQC2</i>	Intermediate	–	+	–	–5.03	–	–

* eGenes = genes whose expression was associated with ≥ 1 expression quantitative trait loci; SSc = systemic sclerosis.

† Adjusted $P < 0.1$ for all values shown.

potential targets of future disease-modifying therapies for SSc (25). Of interest, we also found 25 eGenes related to apoptotic processes, which support the hypothesis of a relevant role of apoptosis in SSc (26).

Differential expression of SSc eGenes in disease-affected tissues. Given that the SSc-specific eQTLs detected in whole blood were observed to be enriched in other tissues affected by the disease, we decided to analyze the expression of the prioritized 233 SSc eGenes in the skin, lungs, and 7 blood cell types using public data sets (20,21) (GSE58095) and our whole-blood data set, with deconvolution of blood cell compositions. The data are presented in Table 1 and Supplementary Table 2.

One hundred five SSc eGenes (45%) were found to be differentially regulated in one of the tissues investigated. A total of 57 SSc eGenes (24%) were down-regulated in 1 of the 3 tissues investigated, whereas 55 SSc eGenes (24%) were up-regulated. In addition, 40 SSc eGenes (17%) were differentially expressed in the skin of SSc patients. A total of 11 eGenes (5%) were found to be differentially regulated in the lung samples and lung fibroblast cultures from SSc patients. Differential expression analysis of 7 blood cell types in SSc revealed 72 SSc eGenes (31%), most of which (99%) showed a consistent direction of regulation (up or down) in ≥ 5 cell types.

Results of transcription factor binding site analysis.

We investigated transcription factor binding site enrichment in SSc eQTLs. Only the independent eQTLs included in the models that best predicted eGene expression, as determined by stepwise linear regression, were included. Then, transcription factor binding site enrichment was estimated, as compared to genome-wide eQTLs from the GTEx database, to control for the fact that all transcription factor binding site motifs are highly enriched in eQTL sites in general.

Of the 537 transcription factor binding site profiles assessed (JASPAR database 2018), 24 (5%) were stably enriched (see Patients and Methods) in best-model SSc eQTLs (Supplementary

Table 5, available on the *Arthritis & Rheumatology* website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>). The transcription factors were of different classes, with 5 homeodomain transcription factors, 4 transcription factors of the T-box type, 4 C2H2 transcription factors, and 2 GATA transcription factors, to name only those with multiple members of the same class. Of the 24 transcription factors, we found 10 and 16 transcription factors expressed in whole blood and skin, respectively, of which 5 transcription factors were differentially regulated ($FDR < 0.1$) in the skin, lungs, or blood cells from SSc patients (Table 2). *KLF4* and *ID4* were down-regulated in the skin, *TBX4* was up-regulated in the lungs, and *ELF* and *MGA* were up-regulated in almost all of the 7 blood cell types assessed (Figure 4 and Supplementary Table 5 and Supplementary Figure 3, available on the *Arthritis & Rheumatology* website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>).

Drug repurposing. We explored whether any of the 233 eGenes prioritized in the present study encode target proteins of drugs being tested in ongoing clinical trials, as reported on the Open Targets platform (27). We observed that 15 of the 233 eGenes (6.4%) overlapped with pharmacologic targets of which *TNF*, *BLK*, and *TUBB* have been tested in clinical trials in SSc patients.

Table 2. Differentially expressed transcription factors with enriched binding sites in SSc-associated eQTLs in expression models*

Gene	Transcription factor class	Differential expression (log ₂ fold change) [†]		
		Blood	Skin	Lung
<i>ELF1</i>	Ets	4.68	–	–
<i>MGA</i>	T-box	4.3	–	–
<i>KLF4</i>	C2H2 ZF	–	–0.36	–
<i>ID4</i>	basic helix-loop-helix	NE	–0.23	–
<i>TBX4</i>	T-box	NE	–	0.74

* SSc = systemic sclerosis; eQTLs = expression quantitative trait loci; NE = not expressed (source: European Bioinformatics Institute Gene Expression Atlas).

† Adjusted $P < 0.1$ for all values shown.

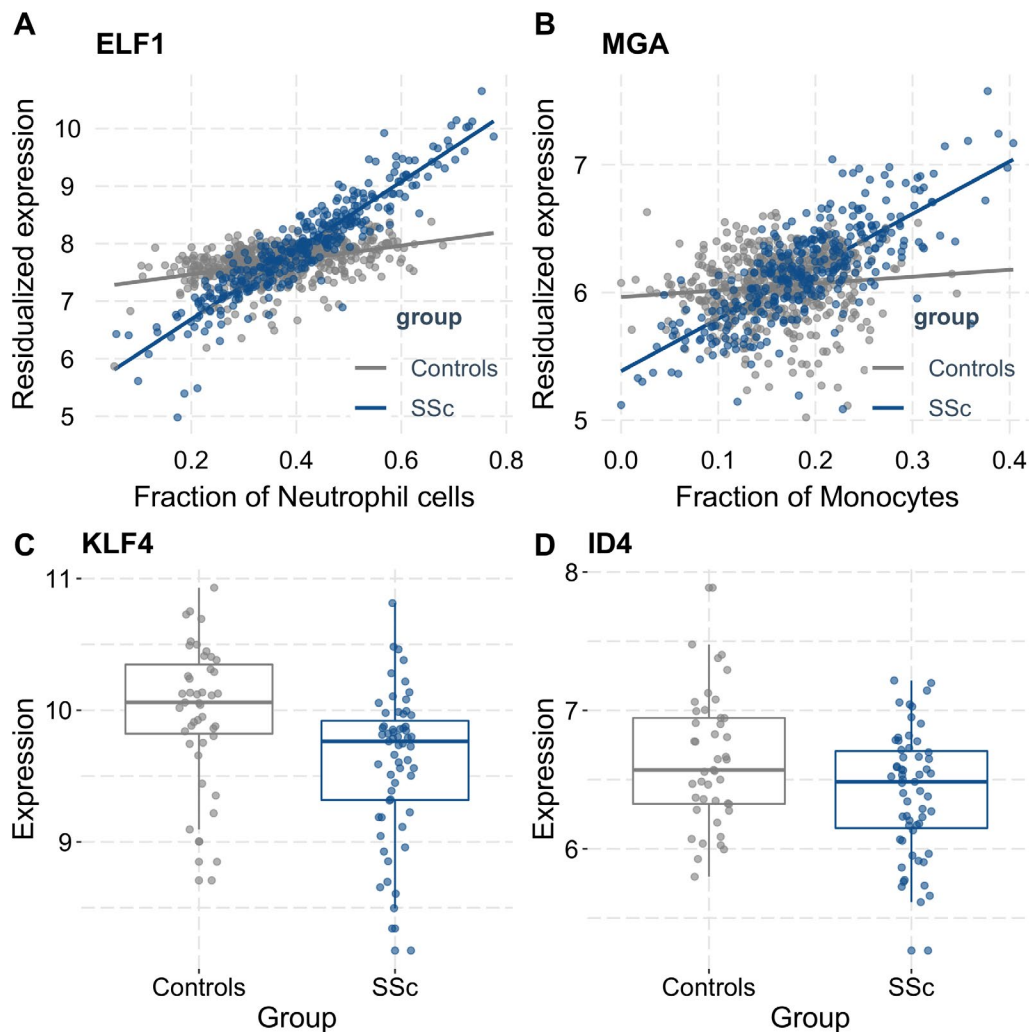


Figure 4. Differential expression of the transcription factors *ELF1*, *MGA*, *KLF4*, and *ID4* in patients with systemic sclerosis (SSc) compared to controls. **A** and **B**, Residual expression of *ELF1* in neutrophils (**A**) and *MGA* in monocytes (**B**) from controls and SSc patients. Values on the x-axis are the percentage of cells investigated per patient as obtained from the Cell-type Identification by Estimating Relative Subsets of Known RNA Transcripts (CIBERSORT) algorithm. *ELF1* and *MGA* were up-regulated in SSc patient tissues. **C** and **D**, Log₂ expression of *KLF4* (**C**) and *ID4* (**D**) in skin from controls and SSc patients. *KLF4* and *ID4* were down-regulated in SSc patient tissues. Data are shown as box plots. Each box represents the 25th to 75th percentiles. Lines inside the boxes represent the median. Lines outside the boxes represent the 10th and 90th percentiles. Circles represent individual subjects.

Next, we tested whether medications used for other immune-mediated diseases (105 antibody-targeted, 48 kinase inhibitor-targeted, and 195 receptor-targeted drugs; see Patients and Methods) addressed the proteins coded by the SSc eGenes, and we found 5 additional SSc eGenes: *LTA*, *LTB*, *IL12A*, *CD40*, and *RXR*. Further investigation identified *ERAP1* and *ERAP2*, which can be addressed by aminopeptidase inhibitors.

Expression analysis in whole blood, skin, and lung tissues revealed that 6 of the 10 drug-target SSc-specific eGenes are differentially regulated in the blood cells and/or skin of SSc patients (Supplementary Table 6 and Supplementary Figure 4, available on the *Arthritis & Rheumatology* website at <http://onlinelibrary.wiley.com/doi/10.1002/art.41657/abstract>). In the blood cells of SSc patients, *ERAP1* was up-regulated, whereas *LTB* was

down-regulated. *LTB*, *CD40*, *RXR*, *BLK*, and *TUBB* were up-regulated in the skin of SSc patients. In summary, 7 genes that have been considered for the treatment of conditions similar to SSc are potential candidates for study in clinical trials for SSc.

DISCUSSION

In this study, the integrated analysis of expression and genetic data in a large SSc cohort identified novel eQTLs in the whole blood of SSc patients, which are enriched in disease-relevant tissues. We found 64 eQTLs potentially specific to SSc, which were not found in either our cohort of healthy controls or any of the public blood eQTL databases (GTEx V7) (11,12). This finding suggests that additional mechanisms exist that render these

eQTLs active in disease and neutral in healthy subjects. The most likely explanation is the differential expression of transcription factors associated with a disease, as has been suggested previously (28,29). Indeed, we showed that of 24 transcription factors associated with SSc by our analysis of transcription factor binding site enrichment, ≥ 5 were differentially expressed in disease-relevant tissues. The eQTL analysis of the most likely associated SSc risk loci, prioritizing genes (eGenes) where SSc eQTLs explain $>5\%$ of expression variance, led to a strong enrichment of immunity-related genes, vasculopathy, and fibrosis. Finally, the findings were integrated with current knowledge of SSc pathology, thereby identifying useful candidates for drug repurposing.

One of the main findings of the present study is that we could assign more than half of the eGenes ($n = 134$) to hallmarks of SSc pathogenesis. Interesting candidates were related to immune system processes, fibrosis, and vascular pathologies. Immune system processes highlighted eGenes like *CD247* or *BLK*, both of them previously associated with SSc and several autoimmune diseases such as RA or SLE (7,30,31). Regarding IFN-associated eGenes, we identified *IRF5* and the 2 *IL12* receptors, *IL12RA* and *IL12RB*, which are well-established SSc risk loci, and are also associated with other autoimmune diseases such as RA, SLE, and myositis (6,32,33). With regard to fibrosis, *TNXB* is implicated in the regulation of the production and assembly of certain types of collagen (34). *TNXB* is also the main causative gene in Ehlers-Danlos syndrome, which is characterized by altered skin elasticity, among other symptoms (35). The eGenes associated with vasculopathy or angiogenesis included *NOTCH4*, a non-classic HLA gene in the class II region that regulates *NOTCH1* and has previously been associated with SSc (36,37), and *CD151*, which is linked to vascular stability and neo-angiogenesis (38). Finally, regarding inflammatory processes, *C4A* and *C4B* are part of the complement system affected by active disease in a number of autoimmune diseases (39). Interestingly, a recent study demonstrated the relevance of the copy number and resulting expression levels of *C4A* and *C4B*, as well as their contribution to sex-biased vulnerability in autoimmunity (40). In this regard, the eQTLs described in our study could be acting either as a proxy to *C4A-C4B* copy numbers or as an additional mechanism regulating the complex variation of complement genes.

Interestingly, we found 25 eGenes related to apoptosis processes. Previous genetic studies have indicated that apoptosis is an important mechanism of the disease, revealing the association of some genes, such as *DNASE1L3* or *TNFAIP3*, with a higher risk of SSc (6,41). We confirm here *DNASE1L3*, which plays an important role in DNA fragmentation during apoptosis (42), as an interesting candidate. Another eGene observed with a particular role in apoptosis was *BAK1*, which encodes for Bcl-2 antagonist or killer (BAK), one of the principal proapoptotic proteins of the mitochondrial pathway (43). Interestingly, a recent study showed that dermal fibroblasts derived from patients with SSc become particularly susceptible to apoptosis induced by mimetic

drugs of proapoptotic protein Bcl-2 homology 3, a direct activator of BAK, reducing the fibrotic process (44). Thus, even though the specific pathogenic process of apoptosis in SSc is still unknown, our results support its role in SSc, which could be key to reversing fibrosis as part of the tissue regeneration process.

It is noteworthy that 50% of the SSc eGenes associated with SSc hallmarks overlap with >1 group (Supplementary Table 2). This is not surprising, given that, for example, fibrosis, angiogenesis, and inflammation are closely linked, which demonstrates the complexity of the pathogenesis of SSc. Alternatively, there was significant enrichment of eQTLs in 19 tissues, most of them interpretable in the context of SSc, which affects tissues such as the lungs, cardiac tissue, and esophagus (1).

A total of 24 transcription factor binding sites were stably enriched in best-model SSc-specific eQTLs. In this regard, the transcription factor *ELF1* (E74-like ETS transcription factor 1) deserves special mention, as it was also found to be differentially up-regulated in almost all 7 blood cell types assessed. *ELF1* belongs to the ETS family of transcription factors that regulate the expression of a wide range of genes and play an important role in immune cell development and function and in angiogenesis (45,46). This transcription factor activates the expression of several T cell genes. One of them is the gene encoding the ζ chain of the T cell receptor (TCR), a molecule with a primary function in the transduction of intracellular signals that influence positive and negative selection of T cells upon TCR ligation (47). On the other hand, *ELF1* also plays an important role in B cells by cooperating with members of the activator protein 1 family of transcription factors to activate the 3' immunoglobulin heavy-chain enhancer upon IgM stimulation, which could contribute to class-switch recombination (48). Of note, our enrichment analysis of transcription factor binding sites has to be interpreted with caution as the independence assumption of Fisher's exact test might not be fully met, since stepwise modeling does not necessarily generate independent loci for enrichment analysis.

Candidate eGenes identified here overlap with eQTL analyses performed in other autoimmune diseases, further supporting our results and manifesting the shared genetic component of autoimmune diseases. Some eGenes, such as *BLK*, *GSDMB*, and *ORMDL3* which have been described to be involved in RA (49), *KRT8P46*, *GSDMB*, and *ORMDL3* in multiple sclerosis (MS) (50), *ANO9* and *BLK* in SLE (51), and *GSMDA*, *GSDMB*, and *ORMDL3* in type 1 diabetes mellitus (52), were also significantly associated in our study.

Given the surprisingly high amount of candidate genes that warrant further studies, it is important to address the limits of this study. First, this study focused on bulk RNA-Seq and identified eQTLs present in the most abundant blood cell types. Although tools like CIBERSORT can successfully estimate the abundance of various cell types present, the number of samples needed to identify cell-specific eQTLs even in the most abundant cell types using bulk RNA-Seq are still prohibitive (12). Second, although we highlight genes for which interpretation in the context of the

disease is best understood in tissues other than blood, single-cell studies in SSc-affected tissues are needed to confirm and expand our findings. Last, we did not distinguish between the most common forms of SSc (limited cutaneous and diffuse cutaneous), nor did we analyze data on autoantibodies, as data were only available for a subset of the samples and would have severely diminished the sensitivity of our analysis.

The validation of the eQTLs identified from peripheral blood mononuclear cells (PBMCs) in other tissues as presented in the GTEx database opens the way to cautiously use blood eQTLs as a proxy to detect eQTLs that most likely exert their main effect in tissues other than blood. Interestingly, Beretta et al recently observed a strong enrichment of several IFN-related pathways in the first whole-blood transcriptome profiling performed in a large cohort of SSc patients (17). Furthermore, a recent analysis of whole transcriptome expression in the skin of patients with early diffuse SSc revealed a high prevalence of both innate and adaptive immune cell activity (53). These results are concordant with the clear enrichment of immunity-related eGenes observed in our study and represent a support of the use of PBMC expression data as surrogate markers of organ disease.

To sum up, this is the first eQTL analysis performed in PBMCs of SSc patients, revealing that more than half of the eGenes detected were associated with the most important SSc hallmarks and highlighting the apoptotic process. Furthermore, we identified enriched motifs for transcription factors in SSc eQTLs that are differentially regulated in blood, skin, or the lungs. Our results highlight the role of the clinical features and tissues involved in SSc, adding a new layer of complexity and contributing to a better understanding of SSc pathogenesis.

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AUTHOR CONTRIBUTIONS

All authors were involved in drafting the article or revising it critically for important intellectual content, and all authors approved the final version to be published. Dr. Martin had full access to all of the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

Study conception and design. Kerick, González-Serna, Acosta-Herrera, López-Isac, Alarcon-Riquelme, Martin.

Acquisition of data. Makowska, Buttgerit, Babaei, Lesche, Alarcon-Riquelme, Martin.

Analysis and interpretation of data. Kerick, González-Serna, Carnero-Montoro, Teruel, Barturen, Beretta, Alarcon-Riquelme, Martin.

ADDITIONAL DISCLOSURES

Authors Makowska, Buttgerit, Babaei, and Lesche are employees of Bayer.

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APPENDIX A: THE PRECISESADS Clinical Consortium

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