

Non-genomic actions of sex hormones on pregnant uterine contractility in rats: An in vitro study at term

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ABSTRACT

Aims: The non-genomic (prompt) actions of sex steroids on pregnant uterine contractility are not fully explored yet, the aim of our study was to clarify such effects of 17-β estradiol (E2), progesterone (P4) and testosterone (T) on late (22-day) pregnant uterine contractions together with the signaling pathways in rats in vitro.

Methods: The uterine effects of sex steroids on KCl-stimulated contractions were examined in the presence of genomic pathway blocker actinomycin D and cycloheximide, sex hormone receptor antagonists (flutamide, fulvestrant, mifepristone) and also after removing the endometrium. The modifications in uterine G-protein activation and cAMP levels were also detected.

Results: T and E2 both relaxed the uterine contractions in the concentration range of 10^{-8} - 10^{-3} M with an increase in the activated G-protein and cAMP levels of the uterus, while P4 was ineffective. Cycloheximide, actinomycin D, antagonist for T and E2 were not able to modify the responses along with the endothelium removal. Mifepristone blocked the relaxing effects of T and E2 and reduced the activation of G-protein and the formation of cAMP.

Significance: T and E2 can inhibit KCl-stimulated contractions in the late pregnant uterus in high concentrations and in a non-genomic manner. Their actions are mediated by a G-protein coupled receptor that can be blocked by mifepristone. A single and high dose of T or E2 might be considered in premature contractions, however, further preclinical and clinical studies are required for the approval of such a therapeutic intervention.

1. Introduction

Sex hormones mediate a wide range of developmental processes and physiological functions, especially in reproductive organs. Sex hormones can even influence pregnant uterine contractility; their ratio may be an important key in the parturition process. Progesterone is well-known as a pro-gestational hormone reducing uterine contractility and maintaining pregnancy [1]. On the other hand, estrogens increase the contraction of the pregnant uterus and contribute to the parturition process [2]. However, the effect of testosterone (T) on pregnancy has not exactly been clarified yet, it is presumed to increase the rate of miscarriage [3].

The classical signaling pathway of steroids is the “genomic pathway”. Steroids first pass the membrane, bind to specific steroid receptors and make a ligand-receptor complex, which goes into the

nucleus; then, by binding to the hormone response element or functional proteins like nuclear factor kappa B, they alter gene transcription and protein synthesis [4]. This action has a significant gap time between the drug administration or the secretion of hormones and the desired effect.

However, there is prompt action for all types of steroids which occurs immediately (without a significant gap time) called “non-genomic pathway”. One of the first studies about the non-genomic action of sex steroids demonstrated that immediately after the administration of 17-β estradiol (E2) to ovariectomized rat, the level of uterine cyclic adenosine monophosphate (cAMP) was doubled [5]. Several other studies showed that sex hormones exert a variety of prompt functional effects on different tissues, such as cancer cells in breast [6], pituitary glands [7], sperms [8], nerve cells [9] and many other targets.

It is known that the results of the non-genomic action can be the

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same as or even different from the effects mediated through the genomic pathway. E.g. in the cardiovascular system and diabetes mellitus, the outcome of both signaling pathways is the same [10–13], but in breast cancer cell lines, their actions can be the opposite [14].

Since the prompt actions of sex steroids on uterine contractility are not fully explored yet, the aim of our study was to clarify the non-genomic effects of E2, progesterone (P4) and T on late (22-day) pregnant uterine contractions together with the signaling pathways in rats *in vitro*.

2. Materials and methods

2.1. Animals

Housing, handling, and mating of animals were performed as described previously [15]. In brief, 22-day-pregnant Sprague Dawley (SPRD) rats were chosen for the experiment, they were housed in the animal facility of the Department of Pharmacology and Pharmacotherapy, Faculty of Medicine, University of Szeged under controlled temperature, humidity and light (20–23 °C and 40–60% and 12 h light/dark regime, respectively). The animals were kept on a standard Altromin 1324 rodent pellet diet (Charles-River Laboratories, Sulzfeld, Germany), with tap water available *ad libitum*.

Mature female rats (180–200 g) in estrus cycle were chosen by vaginal impedance with Estrus Cycle Monitor (Fine Science Tools, Foster City, CA, USA), the selected females and stud male rats (240–260 g) were placed separately in special breeding cages separated by an automated movable gate. The gate was pulled up at 4 am and the mating was possible within 4–5 h. To confirm the intercourse, the native vaginal smear or copulation plugs were evaluated. The positive cases were housed in separate cages and considered as on the first day of pregnancy.

This project was approved by the Hungarian Ethical Committee for Animal Research (Permission number: IV./13071/2016). The animals were treated in accordance with the European Communities Council Directive (86/609/ECC) and the Hungarian Act for the Protection of Animals in Research (Article 32 of Act XXVIII).

2.2. Isolated organ bath contractility studies

The experimental protocol is shown in Fig. 1. The animals were terminated in a carbon dioxide chamber and the uterus samples were cut from both sides of the uterine horns. After cleaning from connective and adipose tissue, 3–4-mm dissected uterine tissues were tied with silk thread and mounted vertically in isolated organ bath filled with 10 ml de Jongh buffer consisting of 137 millimolar (mM) NaCl, 3 mM KCl, 1 mM CaCl₂, 1 mM MgCl₂, 12 mM NaHCO₃, 4 mM NaH₂PO₄, 6 mM glucose, the pH was adjusted between 7.35 and 7.40 with constant temperature (37 °C) and with carbogen (95% O₂ + 5% CO₂) support. Tissues were attached to a gauge transducer (SG-02; MDE GmbH., Heidelberg, Germany), with initial resting tension of 1.5 g, the contractions were measured, recorded and analyzed with a SPEL Advanced ISOSYS Data Acquisition System (MDE GmbH., Heidelberg, Germany). The tissues were washed periodically every 15 min during the 1-h equilibrium incubation period.

To achieve a satisfactory rhythmic contraction response, KCl (25 mM) was added to each chamber for 7 min. Each steroid was added in a cumulative way (T, E2, P4) (10^{-8} – 10^{-3} M) every 5 min. Concentration-response curves were plotted against the KCl-stimulated contraction response and the effects of steroids were expressed in percentage change.

In another set of experiments, uterine tissues were pre-treated with cycloheximide (10^{-6} M), a protein synthesis inhibitor and actinomycin D (10^{-6} M), a transcriptional inhibitor for 2 steroids (E2 and testosterone) separately for 30 min. Tissues were pre-treated with the following steroid hormone receptor antagonists for 10 min before KCl stimulation: fulvestrant (10^{-6} M) for E2, flutamide (10^{-6} M) for T and mifepristone 10^{-6} M for all types of steroids.

Finally, the endometrium of the uterine tissues was removed by scraping and the experiments were repeated to observe the effect of the steroids on the myometrium. The experimental protocol of the isolated organ bath study is shown in Fig. 1.

The samples for each experiment were collected from both sides of the uterine horns of 2 animals (8 rings/experiment) and repeated at least 3 times for each individual set of experiments ($n = 60$).

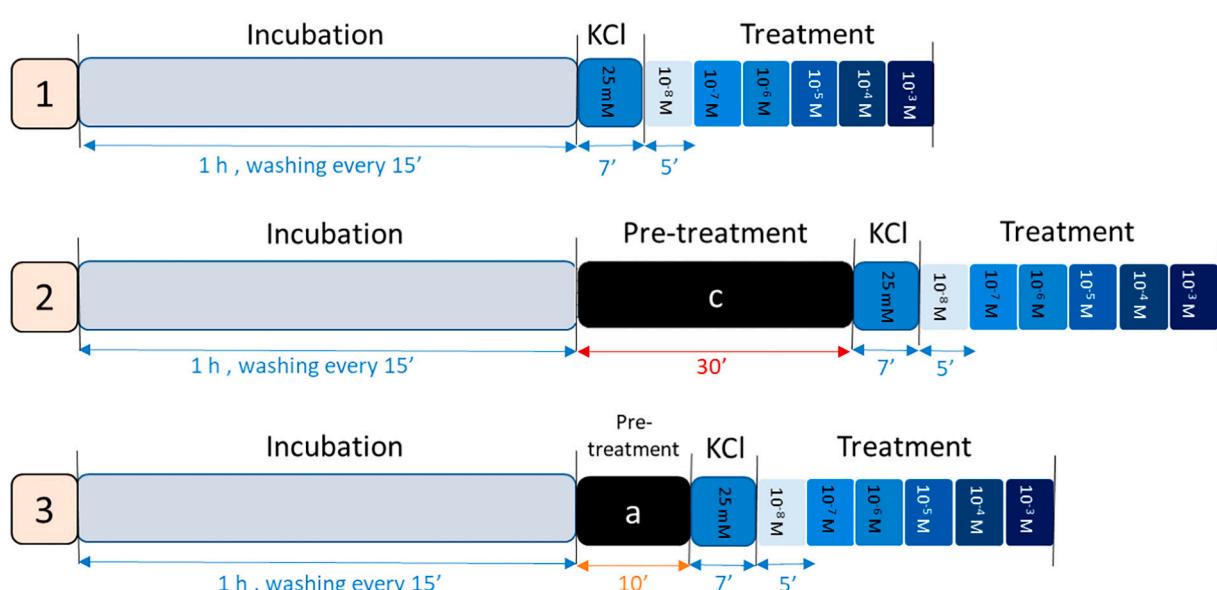


Fig. 1. The isolated organ baths experimental protocol, the 1-h incubation period, 7-min KCl stimulation and cumulative dose treatment from 10^{-8} – 10^{-3} M in 5-min interval time were the same for all experiments; (1) intact or endometrium removed pregnant uterus samples treated with T, E2 and P4; (2) pregnant uterine samples with pre-treatment with actinomycin D and cycloheximide (c) for 30 min then treated with T and E2 treatment; (3) 10-min pre-treatment with steroid receptor antagonist (a): fulvestrant 10^{-6} M for E2, flutamide 10^{-6} M for T and mifepristone 10^{-6} M for all steroid treatments, then treatment with T, E2 and P4.

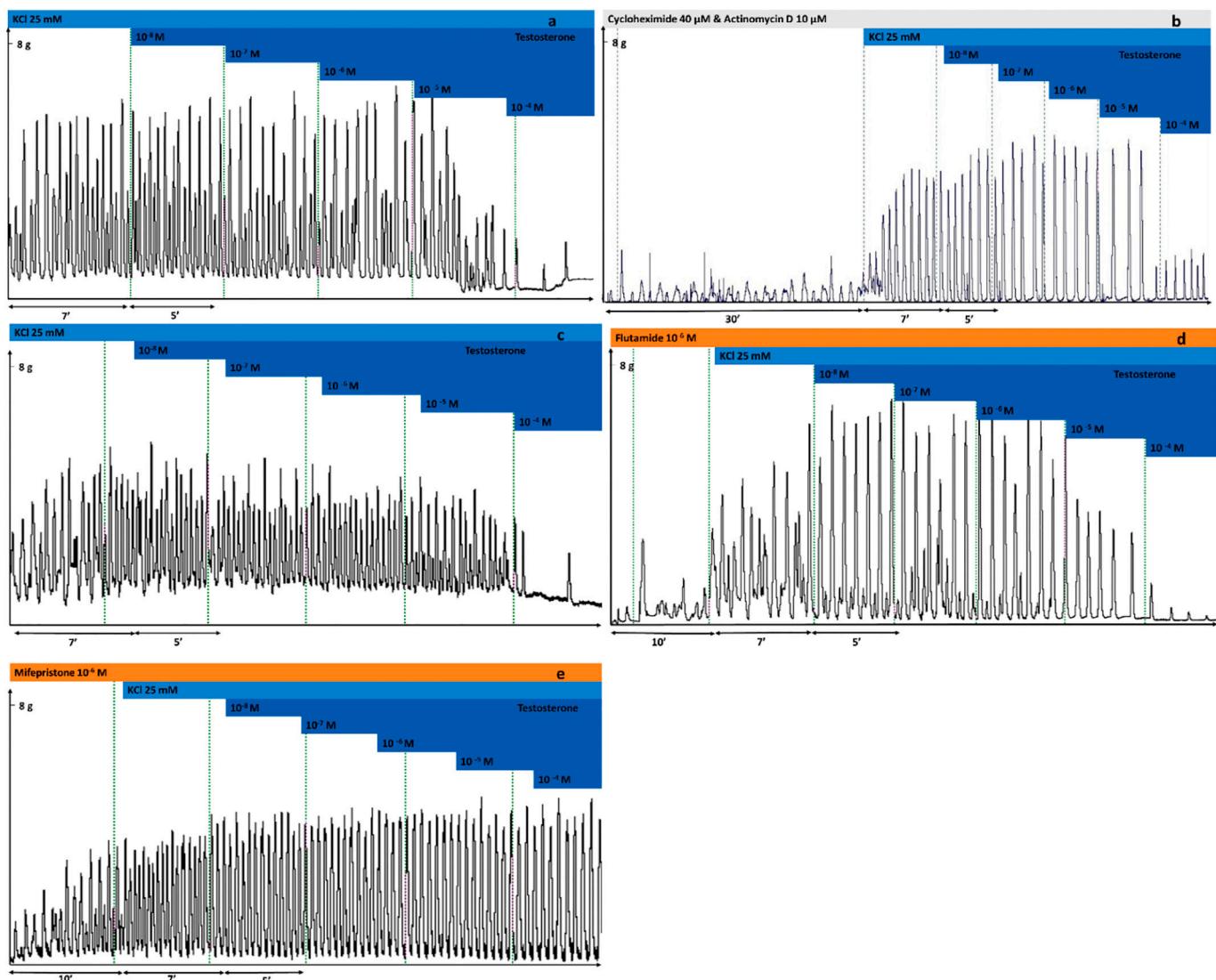


Fig. 2. Effects of testosterone (T) on KCl-induced (25 mM) uterine contractions at concentrations of 10^{-8} – 10^{-4} M in a cumulative manner. Contraction was induced in the uterine rings prepared from rats on gestational day 22. Each figure is a representative record. (a) Effect of T after stimulation with KCl, (b) after 30 min of actinomycin D and cycloheximide pre-treatment, (c) after endometrium removal, (d) with pre-treatment with flutamide 10^{-6} M and (e) with pre-treatment with mifepristone 10^{-6} M.

2.3. [³⁵S]GTPγS studies

The [³⁵S]GTPγS binding experiments protocol was carried out by the previously described method [16] with modifications. Briefly, the pregnant uterine tissue samples from SPRD rats ($n = 5$) were collected and stored at -70°C before preparation. The samples were ground, then homogenized with 20 volumes (W/V) of ice-cold Tris-EDTA buffer (composed of 10 mM Tris-HCl, 1 mM EDTA, 0.6 mM MgCl₂, and 0.25 M sucrose, pH 7.4) with Ultra-Turrax® (IKA-Werke GmbH & Co. KG, Staufen in Breisgau, Germany) homogenizer in an ice bath for 2×30 s, after that suspended with 4-layer gauze filter, then centrifuged at 40000g for 20 min at 4°C . Later the pellets were suspended in 5 volumes of buffer. The protein content was measured by a Nanodrop™ 2000 spectrophotometer (Thermo Fisher Scientific, Wilmington, US) and diluted to 10 mg/ml sample.

Samples were pre-incubated in the final volume of 900 μl of Tris-EGTA buffer (pH 7.4) composed of 50 mM Tris-HCl, 1 mM EGTA, 3 mM MgCl₂, 100 mM NaCl, containing 20 mbq/0.05 cm³ [³⁵S]GTPγS (0.05 nm) without or with mifepristone (10^{-6} M) for 15 min in 30°C . After that, E2 and T were added separately to each tube in an increasing dose (10^{-8} – 10^{-4}) for 20 min. The total binding was measured without

drugs. Nonspecific binding was evaluated by 10 μM unlabeled GTPγS and differences from total binding (basal activity). After the incubation time, by using vacuum filtration (through Whatman GF/B filters with Brandel M24R Cell harvester), the bound and free [³⁵S]GTPγS were separated. The filters were washed 3 times in ice-cold buffer (pH 7.4), the radioactivity of the filters was measured in Ultimagold™ MV scintillation cocktail with Packard Tricarb 2300TR liquid scintillation counter. The experiment was arranged in triplicates and repeated three times.

2.4. Cyclic AMP studies

The cyclic AMP (cAMP) level in uterine tissues was measured by a commercial cAMP Enzyme Immunoassay Kit (Cayman Chemical, USA). Uterine tissue samples of 22-day-pregnant SPRD rats ($n = 8$) were incubated in an organ bath filled with de Jongh buffer. The samples were incubated without or with mifepristone (10^{-6} M) for 10 min, and KCl 25 mM was added for further 7 min. Then E2 and T or control (vehicle) were added in 2 different doses (10^{-4} and 10^{-6} M) for 5 min, and forskolin (10^{-5} M) was added for another 10 min. Finally, the samples were snap frozen by liquid nitrogen and stored at -70°C for sample

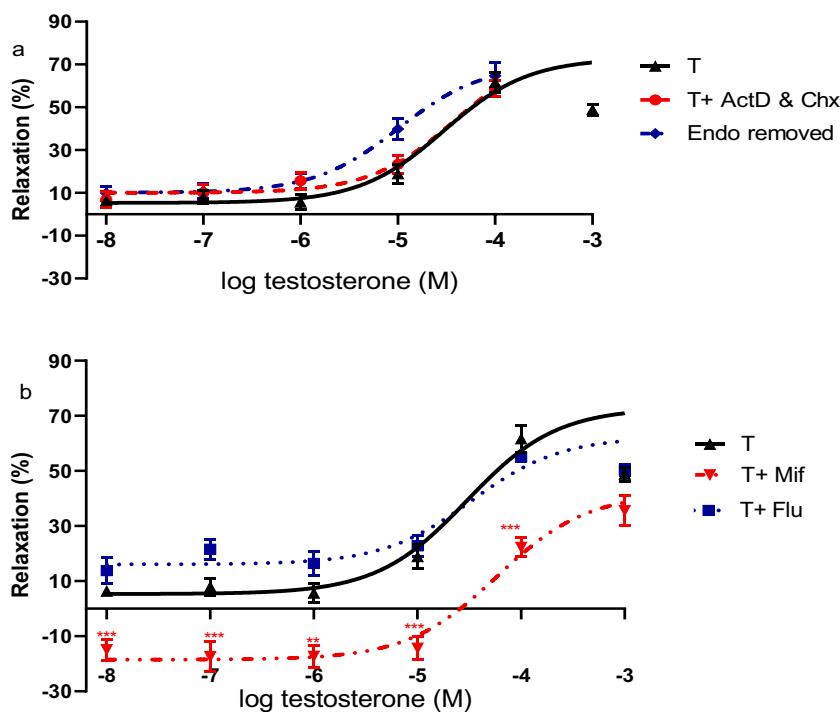


Fig. 3. Effects of T on pregnant uterine contractions stimulated with KCl (25 mM) and pre-treated with actinomycin D and cycloheximide, and after endometrium removal (a), and with pre-treatment with flutamide or mifepristone (b) presented by percent of relaxation. **: $p < 0.01$; ***: $p < 0.001$; ActD, actinomycin D; Chx, cycloheximide; Endo, endometrium; Flu, flutamide; Mif, mifepristone; T, testosterone.

Table 1

Changes in the E_{max} and EC_{50} values of the uterine relaxing effect of T alone, with pre-treatment with actinomycin D and cycloheximide and mifepristone and also after the removal of the endometrium in the 22-day-pregnant rat. ActD, actinomycin D; Chx, cycloheximide; Endo, endometrium; Flu, flutamide; Mif, mifepristone; T, testosterone.

	T	T + ActD + Chx	T + FLU	T + Mif	Endo removal
E_{max} (% \pm S.E.M)	72.9 \pm 7.8	77.4 \pm 2.4	62.4 \pm 8	41.9 \pm 7.2	70.2 \pm 2.7
EC_{50} (M)	3.0e-005	3.8e-005	3.3e-005	5.8e-005***	1.0e-005

*** $p < 0.001$.

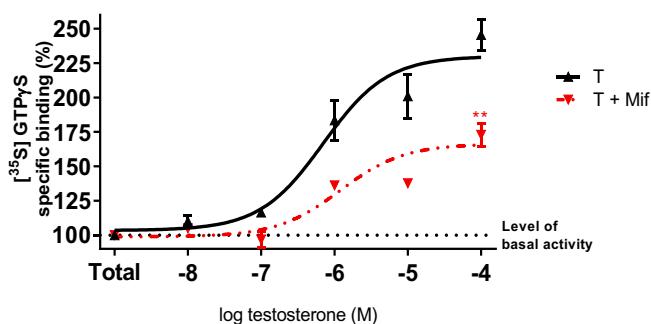


Fig. 4. Effect of T (10^{-8} – 10^{-4} M) on [^{35}S]GTP γ S binding with or without pre-treatment with mifepristone. Mifepristone reduced the T-induced increase in [^{35}S]GTP γ S binding. Basal activity (100%) refers to the level of [^{35}S]GTP γ S binding without any substances. **: $p < 0.01$; Mif, mifepristone; T, testosterone.

preparation. During the preparation frozen tissues were weighed, pulverized, mixed and homogenized with 10 volumes of 5% trichloroacetic acid (TCA) aqueous solution (0–4 °C), and centrifuged at 1500g for 15 min. The supernatants were mixed with 5 volumes of water-saturated ether and shaken in 10 s to extract TCA from it, the ether supernatant was removed, discarded and this process was repeated 3 times. Finally, after removing all the ether by heating, the liquid samples were stored at –70 °C till the cAMP assay was carried out. The amounts of cAMP were expressed in nmol/mg tissue.

Table 2

Changes in the [^{35}S]GTP γ S binding induced by T alone and with pre-incubation with mifepristone in the 22-day-pregnant rat uteri. Mif, mifepristone; T, testosterone.

	T	T + Mif
E_{max} (% \pm S.E.M)	230 \pm 9.3	166 \pm 7.2**
EC_{50} (M)	7e-007	1.2e-006

** $p < 0.01$.

2.5. Drugs and chemicals

1,3,5-Estratriene-3,17 β -diol (E2), 4-pregnene-3,20-dion (P4), 17 β -Hydroxy-3-oxo-4-androstene (T), cycloheximide, actinomycin D, mifepristone and flutamide were all purchased from Sigma-Aldrich, Budapest, Hungary. Fulvestrant (Falsoldex) 250 mg/ml injection was purchased from AstraZeneca Pharmaceutical, Budapest, Hungary. Forskolin was purchased from Tocris, Norderstedt, Germany.

All the drugs were dissolved in ethanol 97%, the highest percentage of the solvent did not exceed 0.087% V/V.

2.6. Statistical analysis

Concentration-response curves were fitted by the analysis of the areas under curve (AUC) of contractility responses. Statistical analysis was carried out by the Prism 8.0 (GraphPad Software Inc. San Diego, CA, USA) computer program using ANOVA Dunnett's test. The E_{max} and EC_{50} values were calculated based on AUC. The results are presented as

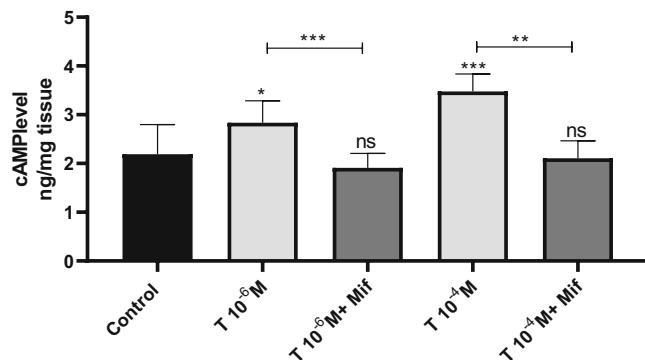


Fig. 5. Change in the level of uterine cAMP in the presence of T alone and after pre-treatment with mifepristone. The uterine cAMP level was expressed in ng/mg tissue. *: $p < 0.05$ **: $p < 0.01$; ***: $p < 0.001$; Mif, mifepristone; T, testosterone.

the mean \pm SEM.

3. Results

3.1. Testosterone

3.1.1.1. Isolated organ bath study. T elicited a relaxing effect especially at high concentrations (10^{-5} – 10^{-3} M) and reached 70% relaxation of the uterus (Figs. 2a, 3a, Table 1). The presence of cycloheximide and actinomycin D (Figs. 2b, 3b, Table 1), the removal of the endometrium (Figs. 2c, 3b, Table 1) or even flutamide did not modify the relaxing effect of T. However, mifepristone shifted the T concentration-response curve to the right and reduced its maximal inhibitory effect. In the subsequent experiments investigating the signaling pathway, we measured the T action alone or in the presence of mifepristone. The interventions (endometrium removal) and drug treatments (actinomycin D, cycloheximide, flutamide) with non-significant modifications were omitted from further studies.

3.1.1.2. [35 S]GTP γ s binding assay studies.

T increased the [35 S]GTP γ s

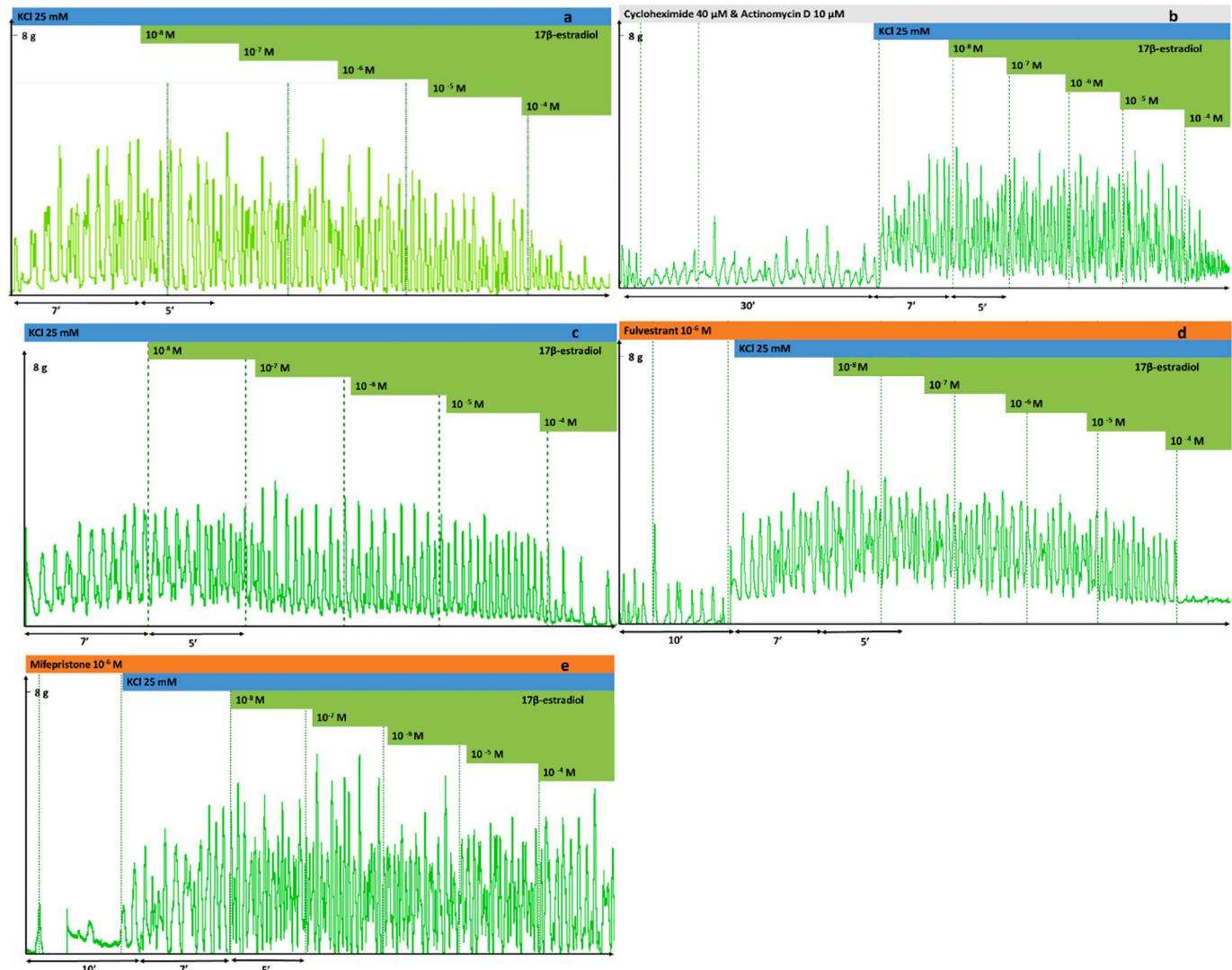


Fig. 6. Effects of 17 β -estradiol (E2) on KCl-induced uterine contractions at concentrations of 10^{-8} to 10^{-4} M in a cumulative manner. Contraction was induced by KCl (25 mM) in the uterine rings prepared from rats on gestational day 22. Each figure is a representative record. (a) Effect of E2 after 7 min of stimulation with KCl, (b) after 30 min of actinomycin D and cycloheximide pre-treatment, (c) after endometriectomy, (d) with pre-treatment with fulvestrant 10^{-6} M and (e) with pre-treatment with mifepristone 10^{-6} M.

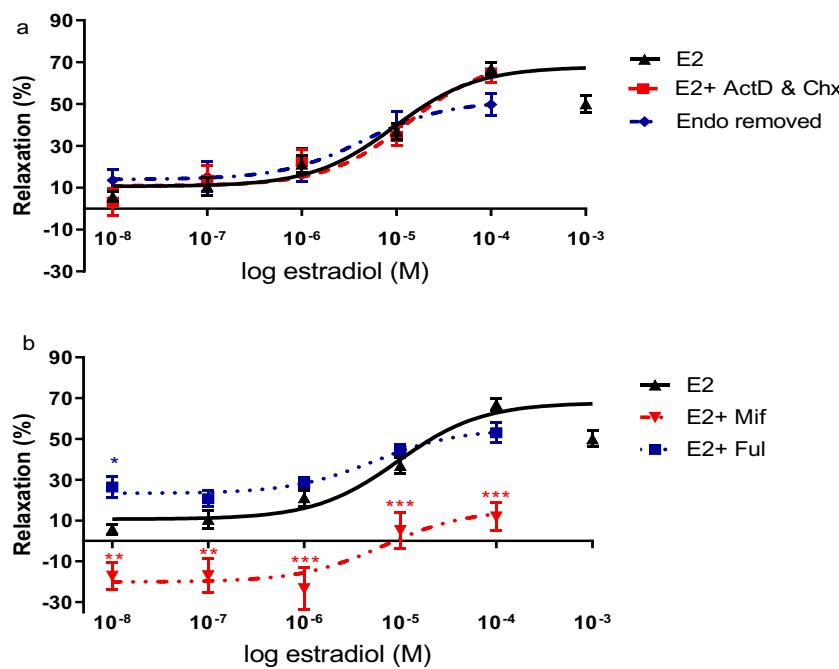


Table 3

Changes in the E_{max} and EC_{50} values of the uterine relaxing effect of E2 alone, with pre-treatment with actinomycin D and cycloheximide, fulvestrant and mifepristone and after removing the endometrium. ActD, actinomycin D; Chx, cycloheximide; E2, 17- β estradiol; Ful, fulvestrant; Mif, mifepristone.

	E2	E2 + ActD + Chx	E2 + Ful	E2 + Mif	Endo removal
E_{max} (% \pm S.E.M)	67.8 \pm 2.8	71.7 \pm 3.8	54.8 \pm 2.9	15.4 \pm 5.5***	51.3 \pm 4.6
EC_{50} (M)	9.5e-006	1.3e-005	5.3e-006	6.7e-006	4.6e-006

*** $p < 0.001$.

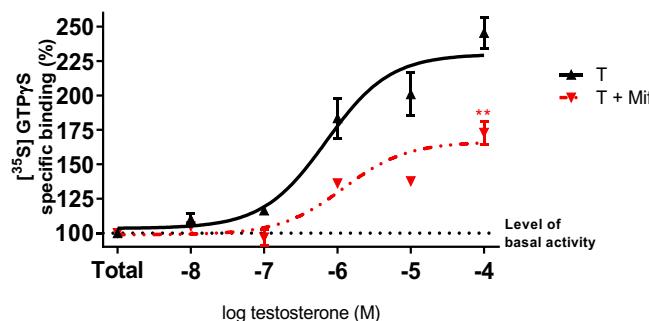


Fig. 8. The effect of E2 (10^{-8} – 10^{-4} M) on [35 S]GTP γ S binding with or without pre-treatment with mifepristone. Mifepristone reduced the E2-induced increase in [35 S]GTP γ S binding. Basal activity (100%) refers to the level of [35 S]GTP γ S binding without substance. **: $p < 0.01$; E2, 17- β estradiol; Mif, mifepristone.

Table 4

Changes in the [35 S]GTP γ S binding effect of E2 alone and with pre-incubation with mifepristone in the 22-day-pregnant rat. E2, 17- β estradiol; Mif, mifepristone.

	E2	E2 + Mif
E_{max} (% \pm S.E.M)	196.3 \pm 7.7	155 \pm 4.5**
EC_{50} (M)	7.1e-007	8.5e-007

** $p < 0.01$.

Fig. 7. Effect of E2 on pregnant uterus tissue stimulated with KCl (25 mM) in the presence of actinomycin D and cycloheximide (a), and with pre-treatment with fulvestrant or mifepristone, and after endometrium removal (b) presented by percent of relaxation. *: $p < 0.05$ **: $p < 0.01$; ***: $p < 0.001$; ActD, actinomycin D; Chx, cycloheximide; E2, 17- β estradiol; Mif, mifepristone; Ful, fulvestrant.

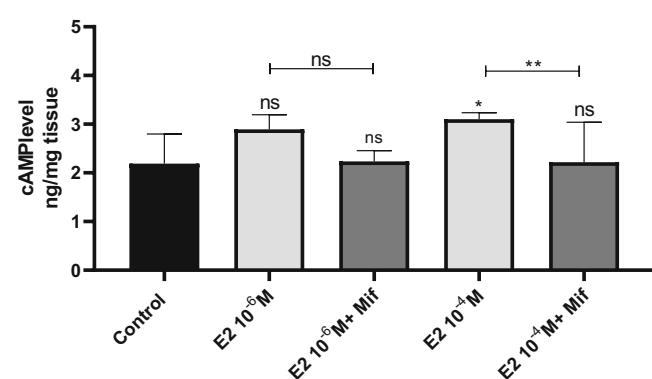


Fig. 9. Changes in the level of cAMP in the presence of E2 alone (10^{-6} and 10^{-4} M) and with pre-treatment with mifepristone expressed in ng/mg tissue. *: $p < 0.05$ **: $p < 0.01$; E2, 17- β estradiol; Mif, mifepristone.

binding in a concentration dependent manner. The pre-treatment with mifepristone reduced specific binding and shifted the curve to the right, indicating less activation of G-proteins (Fig. 4 and Table 2).

3.1.1.3. cAMP study. The pregnant uterus cAMP level was raised by T compared to the control at both low and high concentrations (10^{-6} and 10^{-4}). Moreover, the pre-treatment with mifepristone significantly reduced the uterine cAMP levels by T (Fig. 5).

3.2. 17- β estradiol

Isolated organ bath study: E2 relaxed pregnant uterine contractions,

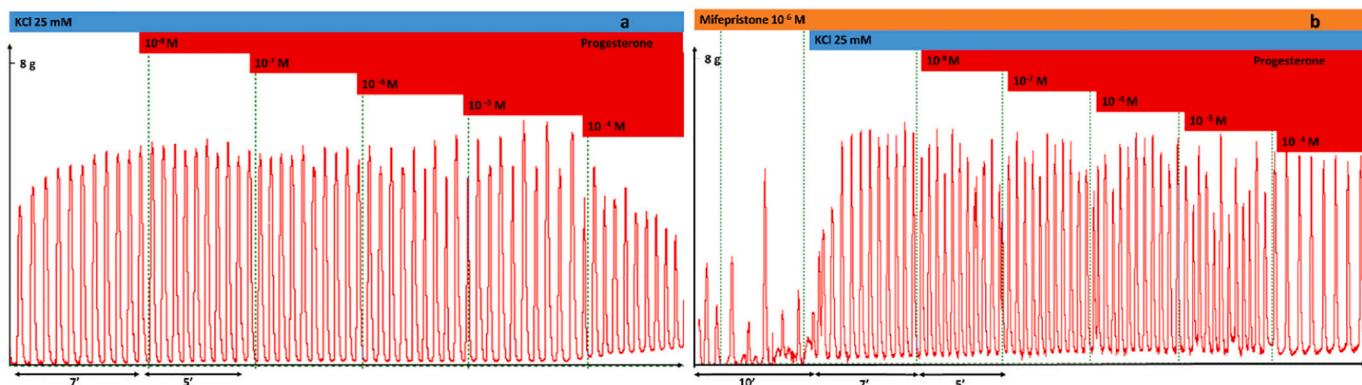


Fig. 10. Effects of progesterone (P4) on KCl-induced (25 mM) uterine contractions at concentrations of 10^{-8} to 10^{-4} M in a cumulative manner. Uterine rings were gained from rats on gestational day 22. Each figure is a representative record. (a) Effect of progesterone after stimulation with KCl and (b) with pre-treatment with mifepristone 10^{-6} M.

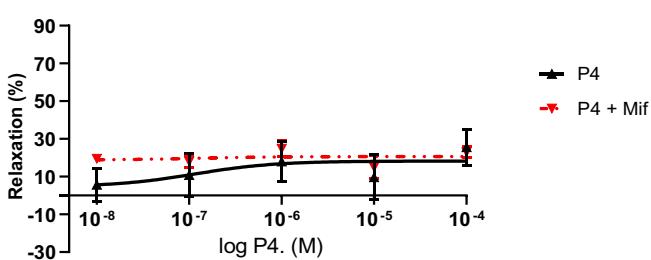


Fig. 11. Effect of P4 on pregnant uterus smooth muscle contractions stimulated by KCl, alone and in the presence of mifepristone. Mif, mifepristone; P4, progesterone.

Table 5

Changes in the uterine-contracting effect of P4 alone and in the presence of mifepristone. P4; progesterone. Mif, mifepristone;

	P4	P4 + Mif
E _{max} (%) \pm S.E.M)	16.8 \pm 6.9	20.6 \pm 2.6
E _{C50} (M)	1.2e007	1.2e-007

at the highest concentration (10^{-4} M), the inhibition was 70% (Figs. 6, 7a, Table 3). Actinomycin D and cycloheximide (Figs. 6b, 7a, Table 3), the removal of the endometrium (Figs. 6c, 7a, Table 3) or even pre-treatment with fulvestrant, (Figs. 6d, 7b, Table 3) did not influence the effect of E2. In contrast, pre-treatment with mifepristone reduced the relaxing effect of E2, but did not modify the EC₅₀ value (Figs. 6e, 7b, Table 3). In the subsequent experiments investigating the signaling pathway, we measured the E2 action alone or in the presence of mifepristone. The interventions (endometrium removal) and drug treatments (actinomycin D, cycloheximide, flutamide) with non-significant modifications were omitted from further studies.

3.2.1.1. $[^{35}\text{S}]GTP\gamma\text{S}$ binding assay studies. The $[^{35}\text{S}]GTP\gamma\text{S}$ binding was increased by E2 in a concentration dependent manner, which was reduced by mifepristone (Fig. 8 and Table 4).

3.2.1.2. cAMP study. E2 increased the level of cAMP in the uterine tissue compared to the control in high concentrations, while it had no effect in a low dose. The pre-treatment with mifepristone reduced the high E2 concentration-induced cAMP increase ($p < 0.01$), but mifepristone had no action in the case of low E2 concentration (Fig. 9).

3.3. Progesterone

P4 had a negligible effect on KCl-stimulated uterine contractions. The presence of mifepristone did not modify its action (Figs. 10, 11, Table 5). Since the relaxing effect of P4 was missing, we did not investigate it further.

4. Discussion

The non-genomic action of sex steroids on different tissues, especially on smooth muscles from different organs, has been investigated in several studies. It was proved that E2 and P4 had a vasorelaxant action through a non-genomic pathway. Studies on rat arterial beds showed that E2 induced vascular relaxation [17]. The same results were found on the arterial tissues in human [18,19], lamb [20], monkey [21] and mice [12]. On the contrary, the non-genomic action of E2 induced hyperreactivity and contraction on tracheal smooth muscles [22]. Additionally, E2 elicited non-genomic vasoconstriction in mice, which led to the reduction of skin cooling action [23]. The non-genomic smooth muscle relaxing effect of T was proved in human coronary arteries [24], umbilical arteries [25,26], peripheral vasculature of rats [27] and even in the trachea of guinea pigs [28,29]. However, a comparative investigation of the non-genomic effect of sex hormones on pregnant uterine contractions has not been carried out yet.

Therefore, we aimed to investigate the effects of the 3 basic sex hormones (E2, P4 and T) on pregnant uterine contractions on the last day of pregnancy in rats *in vitro*. E2 and T elicited a significant reduction in uterine contractions, while P4 was ineffective. The exposure time of the uterine tissues to the sex hormones was less than 30 min, which is considered to be too short to initiate the genomic response [30]. We also proved this, since the blockade of the genomic pathway by the RNA transcription inhibitor actinomycin D and the protein synthesis inhibitor cycloheximide did not modify the effects of E2 or T. Subsequently, the removal of the endometrium did not modify the sex hormone effects either, so we also proved that the relaxation effects of E2 and T has a myometrial site of action. Surprisingly, both E2 and T had a remarkable relaxing effect (approximately 70% inhibition). Although such an action of T was described earlier on human and pregnant rat uteri [31] [32], such a result about E2 has not been published yet. In contrast, E2, T and P4 were reported as ineffective on both pregnant rat and human myometrial contractions induced by oxytocin *in vitro* [33], but in that study the sex steroids were used in lower concentrations (below 10^{-6} M), while we applied them in 10^{-4} or 10^{-3} M as the highest concentrations. Thus, the high concentrations can explain why we could detect quite a strong relaxing effect with T and E2. The other surprise was the ineffectiveness of P4 on pregnant contractions considering its clinical use against premature contractions

in threatening preterm birth [34], although in that case it is applied as a preventive agent. Our result suggests that there is no prompt relaxing action of P4 on pregnant uterine contractions. Similarly, earlier studies did not find any non-genomic relaxing effect for P4 either [35], although a synthetic P4 derivative, dydrogesterone was found to inhibit the pregnant myometrial contractions by the inhibition of voltage dependent Ca-channels [33]. Some other experiments found that P4 had an ability to relax human non-pregnant or pregnant uterine tissues in high dose [36–38] which findings are virtually in conflict of our results. However, the findings may be a result of genomic feature of P4 since the P4 incubation period in both reported studies were more than 1 h.

The specific receptor antagonists of sex hormones (flutamide for T and fulvestrant for E2) did not reduce their actions, which is further evidence that the genomic pathway is not involved in the relaxing effects of T and E2. Surprisingly, the actions of T and E2 were mifepristone sensitive, their maximum effects were reduced significantly by the compound. This suggests that mifepristone generally inhibits the non-genomic target of sex steroids for uterus relaxation, which is possibly independent of its progesterone and glucocorticoid receptor inhibitory action. The G protein coupled estrogen receptor (GPER or GPR30), which is coupled to Gs protein and enhances the intracellular cAMP level, has already been identified as a target of sex steroids in several tissues [39,40] as well as in human myometrium [41]. In our [³⁵S]GTPγS binding and cAMP measurements we proved a significant increase in G-protein and cAMP levels after stimulation by T and E2, and their effects could be inhibited by mifepristone. The previously reported signaling pathway for putative sex steroid membrane receptors involves phospholipase, kinase [42], calcium [43] and other second messengers such as IP₃ or cAMP [44]. It is also possible that the activation of a G protein receptor by rising cAMP regulates the voltage-gated ion channels (e.g. BK_{Ca} and Kv) [26] and the intracellular calcium regulation [11,22]. Our results suggest that T and E2 possibly activate GPR30 and mifepristone might be a competitive antagonist on this receptor.

5. Conclusion

T and E2 can significantly inhibit KCl-stimulated contractions in the late pregnant uterus in high concentrations and in a non-genomic manner. Their actions are mediated by a G-protein coupled receptor (possibly GPR30) that can be blocked by mifepristone. However, P4 seems to be inefficient as a non-genomic relaxant of pregnant uterus. Based on our results, a single and high dose of T or E2 might be considered in premature contractions, however, further preclinical and clinical studies are required for the approval of such a therapeutic intervention.

Declaration of competing interest

No competing interest.

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