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Phenothiazines and Selenocompounds: A Potential Novel Combination Therapy of Multidrug Resistant Cancer

MÁRIÓ GAJDÁCS^{1,2}, MÁRTA NOVÉ¹, ÁKOS CSONKA^{1,3}, BORISZ VARGA^{1,4}, CARMEN SANMARTÍN^{5,6}, ENRIQUE DOMÍNGUEZ-ÁLVAREZ^{7*} and GABRIELLA SPENGLER^{1*}

 ¹Department of Medical Microbiology and Immunobiology, Faculty of Medicine, University of Szeged, Szeged, Hungary;
 ²Department of Pharmacodynamics and Biopharmacy, Faculty of Pharmacy, University of Szeged, Szeged, Hungary;
 ³Department of Traumatology, Faculty of Medicine, University of Szeged, Szeged, Hungary;
 ⁴Department of Rheumatology and Immunology, Szeged, Hungary;
 ⁵Department of Organic and Pharmaceutical Chemistry, School of Pharmacy and Nutrition, University of Navarra, Pamplona, Spain;
 ⁶Instituto de Investigación Sanitaria de Navarra (IdiSNA), Pamplona, Spain;
 ⁷Instituto de Química Orgánica General, Consejo Superior de Investigaciones Científicas (IQOG-CSIC), Madrid, Spain

Abstract. Background/Aim: Phenothiazines constitute a versatile family of compounds in terms of biological activity, which have also gained a considerable attention in cancer research. Materials and Methods: Three phenothiazines (promethazine, chlorpromazine and thioridazine) have been tested in combination with 11 active selenocompounds against MDR (ABCB1-overexpressing) mouse T-lymphoma cells to investigate their activity as combination chemotherapy and as antitumor adjuvants in vitro with a checkerboard combination assay. Results: Seven selenocompounds showed toxicity on mouse embryonic fibroblasts, while three showed selectivity towards tumor cells. Two compounds showed synergism with all tested phenothiazines in low concentration ranges $(1.46-11.25 \ \mu M)$. Thioridazine was the most potent among the three phenothiazines. Conclusion: Phenothiazines belonging to different generations showed different levels of adjuvant activities. All the tested phenothiazines are already approved medicines with known pharmacological and toxicity profiles,

*These Authors contributed equally to this work.

Correspondence to: Gabriella Spengler, Ph.D., Department of Medical Microbiology and Immunobiology, Faculty of Medicine, University of Szeged, Szeged, Hungary. E-mail: spengler.gabriella@med.u-szeged.hu

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therefore, their use as adjuvants in cancer may be considered as a potential drug repurposing strategy.

Phenothiazines constitute a versatile family of compounds in terms of biological activity: though they were widely used, the interest towards these agents grew tremendously after promethazine (an antihistaminic agent) and chlorpromazine (an antipsychotic drug) were discovered in the 1940s (1). Since then, a wide variety of related compounds have been discovered and used in psychiatric patients, but recent studies indicate that these drugs could be also utilized in the treatment of other disorders, such as neurodegenerative diseases, tumors, and infections (2). Phenothiazines can inhibit efflux pumps causing multidrug resistance (MDR) (3). This inhibition is suggested by the observation that phenothiazines used as adjuvants in antibiotic therapy can re-sensitize resistant bacteria to certain antibiotics (3). Other studies have also shown that phenothiazines have a direct antibacterial effect, especially against MDR Mycobacterium tuberculosis infections, which is a pathogen of considerable morbidity and mortality (4).

Phenothiazines have also gained considerable attention in the field of cancer research (5). Their antitumor activity is exerted through different biological mechanisms, including the aforementioned MDR efflux pump inhibition (5). Several *in vitro* studies show that thioridazine can effectively inhibit P-glycoprotein (or ABCB1), therefore reversing resistance to cancer chemotherapy. This inhibition of MDR efflux pumps enables the reduction of the dosage for chemotherapy drugs without reducing their therapeutic effect, thus reducing their side effects (2, 5). Besides, phenothiazines – especially thioridazine and trifluoperazine – can exert antitumor activity due to their capacity to trigger apoptosis through different mechanisms, *e.g.*, the inhibition of DNA protein kinases and DNA repair (6, 7), and inhibition of the binding of calcium to Ca^{2+} -dependent enzymes (8).

Selenium and selenocompounds (Se-compounds) have crucial roles in pivotal biological processes, and there is a growing body of evidence of the potential applications of organoselenium compounds as potent chemopreventive, antiproliferative and cytotoxic drugs (9, 10). Moreover, Secompounds (Se-compounds) as sodium selenite and selenocystine have the ability to enhance the anticancer effects exerted by chemotherapy drugs currently used in clinical practice, such as cisplatin and doxorubicin, respectively (11, 12). In line with these findings, our group synthesized a series of 30 selenoesters and one cyclic selenoanhydride with marked antiproliferative and/or cytotoxic activity in selected prostate (PC-3), breast (MCF-7), lung (A549) and colon (HT-29) cancer cell lines. These compounds also showed potent chemopreventive activity (13). In subsequent studies, 10 selenoesters and 1 selenoanhydride of the abovementioned 31 Se-compounds were selected for performing a more-in-depth evaluation. Our results showed that they have: (i) a potent cytotoxic activity (even in submicromolar concentrations) in human colon adenocarcinoma and breast cancer cell lines, (ii) capacity to inhibit the ABCB1 efflux pump overexpressed in MDR sublines of these colon / breast cancer cell lines with higher potency than known reference inhibitors like verapamil or thioridazine, and (iii) the ability to trigger apoptosis (14, 15).

Based on these promising results, in the present study, three phenothiazines (namely promethazine, chlorpromazine and thioridazine) were combined with these 11 active Secompounds against MDR mouse T-lymphoma cells to investigate their activity in combination with chemotherapy and as antitumor adjuvants *in vitro*. In addition, the toxicity of the tested compounds and phenothiazines was studied in non-cancerous NIH/3T3 mouse embryonic fibroblast cells.

Materials and Methods

Cell lines. pHa MDR1/A retrovirus was used to transfect L5178Y mouse T-cell lymphoma cells (PAR; parental cell line) (ECACC Cat. No. 87111908, acquired from the Food and Drug Administration, Silver Spring, MD, USA) as formerly described by Cornwell *et al.* (16). The ABCB1-expressing cell line L5178Y (MDR; multidrug resistant) was selected by culturing the infected cells with colchicine. The L5178Y human *ABCB1*-transfected subline was cultured in McCoy's 5A medium (Sigma-Aldrich, St Louis, MO, USA) supplemented with 10% heat-inactivated horse serum (Sigma-Aldrich), 200 mM L-glutamine (Sigma-Aldrich) and a penicillin-streptomycin (Sigma-Aldrich) mixture at concentrations of 100 U/l and 10 mg/l, respectively.

The NIH/3T3 mouse embryonic fibroblast cell line (ATCC CRL-1658) was acquired from LGC Promochem, (Teddington, UK). The cell line was cultured in Dulbecco's Modified Eagle's Medium (DMEM, containing 4.5 g/l glucose) supplemented with 10% heatinactivated fetal bovine serum and a penicillin-streptomycin (Sigma-Aldrich) mixture at concentrations of 100 U/l and 10 mg/l, respectively. All cell lines were incubated at 37°C, in a 5% CO₂, 95% air atmosphere.

Compounds. Re-synthesis, purification and characterization of cyclic selenoanhydride (1) and the ten selenoesters 2-11 included in our study (Figure 1) were performed as described previously (13). All tested compounds were pure and chemically stable on air, according to the spectroscopic (IR, MS, ¹H- and ¹³C-NMR) and the elemental analysis performed to confirm the structures of the different derivatives as reported previously (13). Additionally, four reference compounds 12-15 were obtained from the following providers: potassium selenocyanate (KSeCN) and phthalic anhydride (15 and 12, respectively; Sigma-Aldrich, Seelze, Germany), potassium cyanate (KOCN, 13, Chempur, Piekary Ślaskie, Poland), ammonium thiocyanate (NH₄SCN, 14, Polskie Odczynniki Chemiczne, Gliwice, Poland) (Figure 1) (14). Compounds were dissolved in DMSO to obtain stock solutions. Working solutions were prepared by dilution in water, keeping the concentration of DMSO below 1 % in all the experiments.

The remaining chemicals used in the study were purchased from Sigma-Aldrich, (St Louis, MO, USA). These were: promethazine (PMZ), chlorpromazine (CPZ), thioridazine (TZ), 3-(4,5dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), sodium dodecyl sulphate (SDS) and dimethyl sulfoxide (DMSO) (Figure 2). All solutions were prepared on the day of the assay.

Assay for cytotoxic effect. The effects of increasing concentrations of the phenothiazines alone on cell growth were tested in 96-well microtiter plates. The parental and multidrug resistant mouse Tlymphoma cells were cultured using McCoy's 5A medium supplemented with 10% heat-inactivated horse serum. The density of the cells was adjusted to 1×10^4 cells per well (in 100 µl of medium per well) and then added to the 96-well flat-bottomed microtiter plates containing the dilutions of the tested Secompounds. The cells were incubated at 37°C, in a 5% CO₂, 95% air atmosphere. The cytotoxic activity of the Se-compounds was previously determined on parental and multidrug resistant mouse Tlymphoma cells (17).

The adherent mouse embryonic fibroblast cells were cultured in 96-well flat-bottomed microtiter plates in DMEM supplemented with 10% heat-inactivated fetal bovine serum. The cells were incubated at 37°C, in a 5% CO₂, 95% air atmosphere. In a separate plate, the respective dilutions of the tested compounds were prepared. The density of the cells was adjusted to 1×10^4 cells per well and the cells were seeded for 4 h at 37°C, 5% CO₂. Then, the medium was removed and the cells were incubated with the various compounds at 37°C for 24 h. At the end of the incubation period, 20 µl of MTT solution (from a stock solution of 5 mg/mL) were added to each well. After incubation at 37°C for 4 h, 100 µl of sodium dodecyl sulfate (SDS) (Sigma) solution (10% in 0.01 M HCI) were added to each well and the plates were further incubated at 37°C overnight (14, 15,18). Cell growth was determined by measuring the optical density (OD) at 540/630 nm with Multiscan



Figure 1. Structure of the Se-compounds (1-11), reference chalcogens (12-15) and phenothiazines evaluated in this study.

EX ELISA reader (Thermo Labsystems, Cheshire, WA, USA). Inhibition of the cell growth was determined according to the formula below:

$$IC_{50} = 100 - \left[\frac{OD \, sample - OD \, medium \, control}{OD \, cell \, control - OD \, medium \, control}\right] \times 100$$

Checkerboard combination assay. A checkerboard microplate method was applied to study the effect of drug interactions between the Se-compounds (1-11), the reference chalcogens (12-15) and the phenothiazines (PMZ, CPZ and TZ). The assay was carried out using multidrug-resistant mouse T-lymphoma cells overexpressing the ABCB1 transporter (15). The dilutions of phenothiazines were made in the direction from left to right in 100 µl (stock solutions and final concentrations used in the assay are presented in Table I), and the dilutions of the Se-compounds from the top to bottom in the microtiter plate in 50 µl volume. The cells were re-suspended in culture medium and distributed into each well in 50 µl containing 6×103 cells. The cells were incubated for 72 h. At the end of the incubation period the cell growth rate was determined by the MTT assay as described above. The combination index (CI) values at 50% of the growth inhibition dose (ED₅₀) were determined using CompuSyn software (ComboSyn, Inc., Paramus, NJ, USA) to plot four to five data points to each ratio (19). CI values were calculated by means of the median-effect equation, according to the Chou-Talalay method, where CI<1, CI=1, and CI>1 represent synergism, additive effect (or no interaction), and antagonism, respectively (19).

Table I. Cytotoxicity of the tested compounds against NIH/3T3 mouse embryonic fibroblast cells and selectivity indices (SI).

	NIH/3T3 A - IC ₅₀ (µM)	SI	
		A/B (31)	A/C (31)
1	>100	≥25	≥22
2	23.7	0.24	0.24
3	>100	5.1	5.9
4	>100	≥1.0	≥1.0
5	>100	≥1.0	≥1.0
6	69.7	≤0.70	≤0.70
7	23.7	≤0.24	≤0.24
8	74.5	≤0.75	≤0.75
9	0.62	0.81	0.60
10	1.35	1.44	3.14
11	0.82	0.63	0.85
12	>100	≥1.0	≥1.0
13	>100	≥1.0	≥1.0
14	>100	≥1.0	≥1.0
15	>100	≥1.0	≥1.0

PMZ: Promethazine; CPZ: chlorpromazine; TZ: thioridazine; B: IC_{50} of the tested compounds against parental (PAR) mouse T-lymphoma cells (14); C: IC_{50} of tested compounds against multidrug resistant (MDR) mouse T-lymphoma cells (14); SI: Selectivity Index; SI<1 values denote lack of selectivity, 1<SI<3 mean a slight selectivity and 3<SI<6 values indicate moderate selectivity and are signalled with italics; whereas values of SI<6 indicate that the compounds are strongly selective and are highlighted in bold (14, 19).



Figure 2. Interactions of the Se-compounds 1-11 and the reference chalcogens 12-15 with promethazine. The concentration of the tested (O/S/Se)compounds are presented below the graph, the concentration of promethazine is given inside graph (in bold: submicromolar concentration, in italics concentration between 1 and 5 μ M, in plain text concentration between 5 and 10 μ M, in grey concentration higher than 10 μ M).

Results

The cytotoxic activity of the Se-compounds and the reference chalcogens has been previously determined on parental and multidrug resistant mouse T-lymphoma cells (17). The final concentration of the Se-compounds used in the combination experiments was chosen in accordance with our previous results, while the cytotoxicity of the phenothiazines was assessed before performing the checkerboard combination assay to determine their ideal concentrations for these experiments (the concentrations of the stock solutions used and the final concentrations are

presented in Table I). Using the NIH/3T3 mouse embryonic fibroblast cell line, the toxicity on non-tumoral cells and the selectivity of the Se-compounds and phenothiazines was also assessed and the results were expressed in terms of the selectivity index (SI) values (14, 20). Out of the fifteen tested compounds, seven showed toxicity against the mouse embryonic fibroblasts (namely compounds 2, 6, 7, 8, 9, 10 and 11) at 100 μ M concentrations, while only three showed selectivity (compound 1: strongly selective, compounds 3 and 10: moderately selective) towards tumor cells, in agreement with our previous results on murine lymphoma cell lines (Table II) (14).



Figure 3. Interactions of the Se-compounds 1-11 and the reference chalcogens 12-15 with chlorpromazine. The concentration of the tested (O/S/Se)compounds are presented below the graph, the concentration of chlorpromazine is given inside graph (in bold: submicromolar concentration, in italics concentration between 1 and 5 μ M, in plain text concentration between 5 and 10 μ M, in grey concentration higher than 10 μ M).

The results of the combination experiments of Secompounds and promethazine, chlorpromazine and thioridazine are shown in Figures 2, 3 and 4, respectively. In addition, the concentrations that showed the most beneficial interactions in these experiments are also highlighted. As a general rule, compounds 2-5 presented with the most advantageous interaction profile (*i.e.* the highest CI scores were observed). The compounds 2 and 5 showed synergism with all tested phenothiazines). This is further highlighted by the fact that these compounds showed synergism with the phenothiazines in low concentration ranges (1.46-11.25 μ M). In contrast, compounds 6-8, and the reference compounds **12-15** mainly exhibited antagonism with phenothiazines (Figures 2-4). The compounds with low IC₅₀ values in the present study and previous reports (**1**, **10** and **11**) also showed additive or antagonistic interactions with the phenothiazines, with the exception of compound **9**, presenting synergism with chlorpromazine and thioridazine (CI values=0.58-0.82). Comparison of the results between the different phenothiazines indicated a pronounced tendency for decrease for the majority of Se-compounds from promethazine to thioridazine, with CI values going as low as CI₂=0.276 in the case of thioridazine (Figures 2-4).



Figure 4. Interactions of the Se-compounds 1-11 and the reference chalcogens 12-15 with thioridazine. The concentration of the tested (O/S/Se)compounds are presented below the graph, the concentration of thioridazine is given inside graph (in bold: submicromolar concentration, in italics concentration between 1 and 5 μ M, in plain text concentration between 5 and 10 μ M, in grey concentration higher than 10 μ M).

Discussion

The diversity of biological activities by phenothiazines and related compounds has been highlighted by numerous studies, both in psychopharmacology and in potentially novel therapeutic indications (1-5). The pleiotropy in their biological activities has also been shown in the case of their antipsychotic effects. For instance, they can act as nonselective antagonists of the dopamine receptor, serotonin receptors, histamine receptors, α -adrenergic receptors and acetylcholine receptors (2). Certain phenothiazine compounds are currently used for the treatment of diseases: chlorpromazine as an antipsychotic drug (21); promethazine as antihistaminic; thioridazine as an antipsychotic, antitumor and antibacterial drug; trifluoperazine as a dopamine receptor-antagonist and methylene blue as an antioxidant and as a component of the therapy of cyanide intoxications and neurodegenerative diseases (1, 2, 21).

The interest in Se-compounds as anticancer agents and adjuvants in chemotherapy has increased substantially in the last 15-20 years (1-7, 22). The activity of the present Secompounds in combination with a selection of chemotherapy drugs has been studied on a MDR mouse T-lymphoma cell line (23). It was found that the anticancer drugs that interacted in a more synergistic manner with these Secompounds were vincristine, doxorubicin, cyclophosphamide and methotrexate. In line to the results of this study, compounds **2-5** were shown to be highly effective adjuvants in very low concentrations (especially the thiophenederivative compound **2**, showing strong synergism with all six tested chemotherapeutic drugs and verapamil). However, the cyclic selenoanhydride (**1**) and the methyl-ketone containing selenoesters (compounds **9-11**) interacted synergistically or antagonistically with the anticancer drugs and phenothiazine evaluated.

In line with previous studies, the inorganic chalcogen salts and the O-isoster of compound **1** also showed no synergistic potential (23). In subsequent experiments in microbial model systems, it has been suggested that the biological activity of Se-compounds is dependent on their degradation into biologically-active species in the presence of oxygen; thus, their potential as anticancer adjuvants may also be mediated by a similar, yet unexplained mechanism (24).

Considering these results, phenothiazines have potential to be used as adjuvants in cancer chemotherapy. Our results suggest that phenothiazines with different chemical modifications showed different levels of adjuvant properties: thioridazine (a second-generation phenothiazine) showed lower CI values in a lower concentration range compared to promethazine and chlorpromazine (firstgeneration phenothiazines). However, the presence of the chlorine atom in position 2 of chlorpromazine was previously shown to enhance its biological activities, therefore it is unsurprising that these compounds showed more potent activity in our assays than the parental compound phenothiazine (4). The tested phenothiazines are already approved medicines with all known pharmacological and toxicity profiles, therefore, their use as adjuvants in cancer may be considered as a potential drug repurposing strategy. The synthesis of novel chemical compounds/libraries with phenothiazine-related structures and their biological screening as antitumor adjuvants may lead to potent lead compounds, capable of becoming relevant molecules for testing in animal experiments and human clinical trials.

Conflicts of Interest

The Authors have no conflicts of interest to declare regarding this study.

Authors' Contributions

G.S., E.D.A. and M.G. conceived and designed the study. M.G. and M.N. performed the laboratory work. M.G., B.V., Á.C., G.S., E.D.A. wrote the article and prepared the graphs and tables. C.S. and E.D.A. revised the manuscript critically. All Authors read and approved the final manuscript.

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