

A redox strategy to tailor the release properties of Fe(III)-alginate aerogels for oral drug delivery

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Abstract. Iron(III)-crosslinked alginate aerogel beads ($d = 3 - 5$ mm) were prepared and loaded with ibuprofen by using the technique of adsorptive deposition from supercritical CO₂. Additional formulations were prepared where the aerogels were co-impregnated by ibuprofen and ascorbic acid. The release of ibuprofen from the Fe(III)-alginate is much faster in pH = 7.4 (PBS) than in pH = 2.0 (HCl), which can be explained by the faster dissolution and higher swelling of the alginate matrix in PBS. By decreasing the size of the beads and using a higher G content alginate the release rate could be slightly increased. A marked acceleration of drug release was achieved in both HCl and PBS by incorporating ascorbic acid into the Fe(III)-alginate aerogel preparations. The explanation is that in aqueous media ascorbic acid in situ reduces the crosslinking Fe(III) to Fe(II). The latter does not interact strongly with alginate, which promotes the hydration of the chains, thus the erosion and dissolution of the carrier matrix.

Keywords. Drug delivery, Fe(III)-alginate, aerogel, redox reaction

INTRODUCTION

Highly porous aerogels can be relatively simply prepared from metal ion crosslinked alginate hydrogels. (Garcia-Gonzalez, Alnaief, & Smirnova, 2011; Quignard, Valentin, & Di Renzo, 2008; Smirnova & Gurikov, 2017; Subrahmanyam, Gurikov, Dieringer, Sun, & Smirnova, 2015; Tkalec, Kranvogel, Uzunalic, Knez, & Novak, 2016) Similarly to the hydrogels, these aerogels are versatile biomaterials which were recently introduced into the field of drug delivery research. (Garcia-Gonzalez et al., 2011; Veronovski, Novak, & Knez, 2012) The oral (Garcia-Gonzalez, Jin, Gerth, Alvarez-Lorenzo, & Smirnova, 2015; Mehling, Smirnova, Guenther, & Neubert, 2009) and mucosal (Goncalves et al., 2016) delivery applications of various active pharmaceutical ingredients, including fat-soluble vitamins (Pantic, Knez, & Novak, 2016) have been investigated. Layered (Veronovski, Knez, & Novak, 2013) and core-shell (Ulker & Erkey, 2014) formulations have also been developed aiming to fine-tune the release kinetics.

The timeframe of the dissolution of adsorbed drugs from alginate aerogel carriers heavily depends on the hydration, swelling and erosion of the matrix. Metal ion alginate gels readily dissolve in neutral or slightly acidic ($\text{pH} > 5$) solutions where the concentration of the cross-linking metal ion is low. In this case some of the coordination bonds break down, metal ions leach from the gel and alginate chains are hydrated. At $\text{pH} < 4$ alginate is protonated to alginic acid which forms a barely soluble layer on the surface of the particles limiting the overall rate of the degradation of the matrix. (Sriamornsak, Thirawong, & Korkerd, 2007; Veronovski et al., 2012) Importantly, the kinetics of drug release can be fine-tuned by altering the rate of swelling and erosion of the metal ion alginate matrix.

The erosion rate of alginate gels can be effectively tuned by the use of redox responsive crosslinking agents. (Bawa, Pillay, Choonara, & du Toit, 2009; Li, Maciel, Rodrigues, Shi, & Tomas, 2015) It was shown that chemically crosslinked alginate hydrogels are sensitive for the

reduction of the linking disulfide bonds. The degradation of the hydrogel is triggered by a reductive environment, which induces the release of the incorporated active agent. (Li et al., 2015; Maciel et al., 2013) Another promising strategy to produce redox responsive hydrogels is to crosslink alginate chains by a redox active metal ion which radically changes its affinity towards alginate when its oxidation state changes. The most successful systems are based on the Fe(III)/Fe(II) pair. Iron(III) interacts strongly with alginate, (Dong, Dong, Cao, Han, & Ding, 2011; Lee, Min, & Kim, 1996) while Fe(II) is not capable of crosslinking the chains in aqueous solution. (M. Bruchet & Melman, 2015; Giammanco, Sosnofsky, & Ostrowski, 2015; Jin et al., 2012) Thus by the in situ reduction of Fe(III) to Fe(II), the degradation of the ionically crosslinked hydrogel is triggered and the active ingredient is released. Three different approaches are described in the literature to utilize the Fe(III)/Fe(II) system. The electrochemical approach is based on the deposition of Fe(III)-alginate hydrogel on the surface of an electrode, where an independent signal induces the electrochemical reduction of Fe(III). (Jin et al., 2012; Katz et al., 2015) The photochemical approach is based on the application of a photoactive reducing agent (e.g. lactic acid) which can reduce Fe(III) only under illumination. (Marion Bruchet, Mendelson, & Melman, 2013; Giammanco et al., 2015; Narayanan, Melman, Letourneau, Mendelson, & Melman, 2012). Finally, Fe(III)-alginate hydrogel degradation can be triggered by the addition of a strong reducing agent (e.g. ascorbic acid) under controlled conditions. (M. Bruchet & Melman, 2015)

In this study we shown that the drug delivery properties of dry Fe(III)-alginate aerogels can be tuned by incorporating ascorbic acid into the formulations. Fe(III)-alginate aerogels were synthesized by the sol-gel method in the form of spherical particles ($d = 3 - 5$ mm) and loaded with the model drug ibuprofen in supercritical CO₂. Some of the ibuprofen impregnated Fe(III)-alginate aerogels were co-impregnated with ascorbic acid. Finally, in vitro dissolution experiments were performed to show that the rate of drug release is significantly faster in the

case of the latter system, as ascorbic acid in situ reduces Fe(III) to Fe(II) upon hydration of the aerogels.

EXPERIMENTAL

Materials

Two different Na-alginates with high guluronic acid content (high G, HG) and low guluronic acid content (low G, LG) from FMC Biopolymer (Norway) were used. Their detailed characterization is given elsewhere. (Agulhon, Robitzer, Habas, & Quignard, 2014) The G/M ratio is 30/70 in the low G alginate and that is 70/30 in the high G alginate. $\text{FeCl}_3 \times 6\text{H}_2\text{O}$, ibuprofen [2-(4-(2-methyl-propyl)phenyl) propionic acid] and ascorbic acid were purchased from Sigma-Aldrich. Supercritical CO_2 was produced from 99.95% pure gas (AGA Gas GmbH, Germany). All aqueous solutions were prepared with Milli-Q water (Millipore). Other chemicals (HCl, NaOH, and NaH_2PO_4) were ACS reagent grade (Sigma-Aldrich).

Synthesis of Fe(III)-alginate aerogel beads

Spherical alginate beads (3.0 – 4.5 mm) were synthesized using the following method. (Veronovski et al., 2013) The 2 w/w% aqueous solution of either the low G or the high G alginate was dropped into 0.05 M FeCl_3 solution (gelation bath) from fixed height of 10 cm. The FeCl_3 solution was slightly acidified previously with HCl to avoid the hydrolysis of Fe^{3+} . In order to achieve the homogeneous size distribution of the alginate droplets the alginate solutions were extruded through a plastic tube of $d = 2$ mm. Another batch of droplets was produced from both alginates implementing a needle at the end of the tube to obtain smaller gel spheres. During the preparation a moderate stirring (ca. 200 rpm) of the gelation bath was used to ensure the formation of spherical beads and to prevent the agglomeration and sedimentation

of the droplets. After gelation, the beads were placed into a fresh 0.05 M FeCl₃ solution for 24 h. This was followed by multiple step solvent exchange. The alginate beads were placed for 24 h into 30 V/V%, 60 V/V%, 90V/V% ethanol-water mixtures and two times into pure ethanol. After the last step, the ethanol content of the soaking liquid was checked by measuring its density with a density meter (DMA 4500, Anton Paar Company, Austria). The drying procedure was initiated only when the ethanol content reached min. 98.5 V/V% to ensure single phase conditions during subsequent supercritical drying. (Subrahmanyam et al., 2015) The samples were dried with supercritical CO₂ at 45 °C and 140 bar using a continuous flow process in a high pressure autoclave, as described elsewhere. (Goncalves et al., 2016; Smirnova, Mamic, & Arlt, 2003) Altogether, four different aerogel samples were produced as summarized in Table 1.

Low-temperature supercritical drying in CO₂ was found to be optimal method for the production of dry, crack-free Fe(III)-alginate aerogel particles that retain the structure of the parent hydrogels. (De Cicco et al., 2016; Tkalec et al., 2016; Zhao, Malfait, Guerrero Albuquerque, Koebel, & Nystrom, 2018) No other drying method ensures the good mechanical properties of the product accompanied by a high porosity and a dominantly mesoporous, interconnected pore network.

The Fe-content of the alginate samples was measured by the following method. The aerogel was dissolved in a 0.1 M EDTA solution at neutral pH. Water was evaporated and the dry, solid residue was digested with concentrated HNO₃. The Fe-content of this solution was measured by ICP-AES (Agilent Technologies ICP-OES SVDV 5100) after dilution.

Table 1. Properties of the different Fe(III)-alginate aerogel samples (S = small, B = big). S_{BET} denotes the specific surface area determined by N_2 adsorption-desorption porosimetry. The error bars were calculated from parallel measurements ($n = 3$, for porosimetry $n = 2$).

^a Data taken from ref. (Agulhon et al., 2014).

Sample	G content (w/w%) ^a	Fe(III) content (w/w%)	bead diameter (mm)	S_{BET} (m^2/g)	Total pore volume (cm^3/g)
S-LG	30	8.56 ± 0.04	3.0 ± 0.2	420 ± 19	1.2 ± 0.2
B-LG	30	8.08 ± 0.03	4.5 ± 0.3	406 ± 18	1.8 ± 0.2
S-HG	70	6.99 ± 0.05	3.3 ± 0.2	442 ± 25	1.8 ± 0.2
B-HG	70	6.82 ± 0.02	4.5 ± 0.3	316 ± 19	1.2 ± 0.2

Impregnation of Fe(III)-alginate aerogels

In the case of aerogels, the most efficient loading process developed for the encapsulation of nonpolar drugs is the adsorptive deposition of the drug from supercritical CO_2 . This process is analogous to the traditional impregnation from organic solvents. Importantly, the porous matrix remains intact upon the removal of sc. CO_2 after impregnation, because no capillary stress forces are present in the system. This technique results in reasonably high loadings and often leads to the amorphization of the drugs inside the pores of the carrier (Gurikov & Smirnova, 2017). This technique is regarded to be optimal only if the aerogel is saturated with the drug in supercritical CO_2 , thus the active ingredient is often used in excess.

In one set of experiments the Fe(III)-alginate aerogel beads were impregnated with ibuprofen alone, in another set of experiments the beads were simultaneously impregnated with ibuprofen and ascorbic acid. Weighted amounts of aerogel beads and active ingredients were wrapped separately in filter paper and placed into a 250 ml autoclave. Ibuprofen and ascorbic acid were taken in excess to guarantee the highest possible loadings at the experimental conditions, i.e. the concentrations of the components in sc. CO_2 were at their solubility limits. The vessel was warmed up to $45\text{ }^\circ\text{C}$ and sc- CO_2 was pumped into it until the pressure reached 200 bar. These conditions were kept constant for 6 h. The pressure was released in two steps.

First, a 120 bar pressure drop was carried out in 10 s, and from there the pressure was released at ca. 3–4 bar/min. After the depressurization the loaded aerogel samples were removed from the vessel.

The amount of the adsorbed ibuprofen and ascorbic acid were determined by UV-vis spectrophotometry after soaking the loaded aerogel samples in methanol. Ibuprofen was measured at 220 nm and ascorbic acid at 245 nm. Iron(III) salts do not dissolve in methanol and thus did not interfere with the measurements. All measurements were run in triplicates. The loadings of the samples are summarized in Table 2.

Table 2. Drug loading of the different Fe(III)-alginate aerogel samples (I = loaded with ibuprofen only, IA = loaded with ibuprofen and ascorbic acid). Properties of the pristine aerogel samples are given in Table 1. The error bars were calculated from parallel measurements ($n = 3$).

Sample	Ibuprofen mass content (w/w%)	Ascorbic acid mass content (w/w%)	Specific loading (mg ibuprofen / m ² aerogel)
S-LG-I	41 ± 4	–	1.5 ± 0.1
B-LG-I	37.9 ± 0.2	–	1.50 ± 0.01
S-HG-I	36.4 ± 0.9	–	1.30 ± 0.02
B-HG-I	37 ± 2	–	1.8 ± 0.1
S-LG-IA	34 ± 5	4.0 ± 0.4	1.2 ± 0.1
B-LG-IA	35 ± 2	4.3 ± 0.7	1.32 ± 0.05
S-HG-IA	33.6 ± 0.9	3.4 ± 0.4	1.14 ± 0.02
B-HG-IA	34 ± 3	3.4 ± 0.4	1.6 ± 0.1

Aerogel characterization

N₂ adsorption-desorption porosimetry. The specific surface area, pore volume and pore size distribution of aerogel samples were measured after degassing at 40°C for 24 h by N₂ adsorption-desorption porosimetry using a Quantachrome Nova 2000e instrument. Specific surface area (S_{BET}) was obtained by the multipoint BET method. Pore size distribution was

calculated from the desorption branch using the BJH method. All measurements were duplicated and the difference in S_{BET} and pore size distribution between parallel runs were found to be not more than 10%.

Scanning Electron Microscopy. Scanning electron microscopic (SEM) images were taken by a Leo 1530 microscope (Carl Zeiss, Germany). Samples were immobilized on carbon tapes and sputtered with gold (7 nm). Pictures were taken at an accelerating voltage of 5 kV and a working distances of 7.4 mm.

Infrared Spectroscopy. Infrared spectra of the raw aerogels, the crystalline active compounds and the loaded aerogels were measured with FT-IR technique on a Jasco FT/IR-4100 spectrometer using KBr discs.

Small-Angle X-Ray Scattering (SAXS). SAXS curves were recorded with a slit-collimated Kratky compact small-angle system (KCEC/3 Anton-Paar KG, Graz, Austria) equipped with a position-sensitive detector (PSD 50M from M. Braun AG Munich, Germany) containing 1024 channels 55 μm in width. $\text{CuK}\alpha$ radiation was generated by a Philips PW1830 X-ray generator operating at 40 kV and 30 mA. The surface area per unit volume (S/V) and the specific surface area (a^s) values were determined by using Eqs. (1) and (2).

$$S/V = 4w_1 w_2 K_p/Q \quad (1)$$

$$a^s = 10^3 \rho_{app}^{-1} S/V \quad (2)$$

where Q is the invariant and ρ_{app} is the apparent density, while w_1 and w_2 are the volume fractions of the solid phase and pores, respectively. K_p , Q and L_c (correlation length – the average intersection length of the solid phase) were determined according to Eqs. (3), (4) and (5).

$$K_p = \lim_{h \rightarrow \infty} I(h)h^3 \quad (3)$$

$$Q = \int_0^{\infty} I(h)h dh \quad (4)$$

$$L_c = \pi \int_0^{\infty} I(h) dh / Q \quad (5)$$

The scattering vector (h) was defined as $h = 4\pi \sin\theta / \lambda$, where θ is one-half of the scattering angle. (Glatter & Kratky, 1982; Jánosi, 1986; Porod, 1951) The compactness (mass fractal) properties of the materials were characterized by the slope (p) of the fitted curve in log-log (fractal) representation. The mass fractal dimension (D_m) of the two-phase system can be determined by using Eq. (6):

$$I(h) = I_0 h^{-p} = I_0 h^{-D_m} \quad (6)$$

The SAXS measurements were performed in a slit collimation geometry, where no desmearing correction was applied, therefore the aforementioned relationships for D_m , K_p and Q refer to slit-smeared scattering curves.

X-ray diffraction (XRD). The X-ray diffractograms of the pristine and loaded aerogels, the drugs and the physical mixtures of pristine aerogels and drugs were registered on a Philips X-ray diffractometer with $\text{CuK}\alpha$ ($\lambda = 0.1542$ nm) as the radiation source. Data was recorded at ambient temperature in the $2-40^\circ$ (2Θ) range with a step size of 0.02° (2Θ).

Drug release measurements

Drug release was followed in HCl (pH = 2.0) and in phosphate buffered saline solution (PBS, pH = 7.4) using on-line UV-vis detection. (Veres et al., 2017) The pH values of the solutions were set to either 2.00 or 7.40 using a Metrohm 785 DMP Titrino automatic titrator with a 6.0262.100 pH-electrode. The uncertainty of the pH measurement was ± 0.01 unit.

Loaded aerogel beads (1–2 pieces) were weighted with 0.01 mg precision into a carefully dried spectrophotometric cuvette. The total weight of the samples was 1.0 – 1.5 mg in the case of the smaller beads and ca. 3.0 – 3.5 mg in the case of the larger beads. The total amount of ibuprofen introduced into release media was therefore 0.1 – 0.4 mg/mL. The cuvette

was placed into the cell of a custom built fiber optic UV-vis spectrophotometer equipped with a fast CCD detector (Avantes) (Ditroi et al., 2016) and thermostated at 37.0 ± 0.1 °C. On-line detection was started, and 3.0 mL pre-heated release medium (pH 2.0 HCl solution or pH 7.4 PBS) was injected into the cuvette. A perforated PTFE placeholder was used to fix the position of the aerogel beads during the whole experiment and thus minimize the chance of any disturbing effect of the movement of the spheres in front of the light beam. During the injection and under the whole length of the release experiment the suspension was stirred by a 2×8 mm PTFE coated magnetic stirbar at 300 rpm. The detector was typically operated with 30 ms integration time and 20 subsequent spectra were averaged. Absorbance change was followed in the 200 – 500 nm wavelength range with 1.0 nm steps for 6200 s with a time resolution of 12 s. As the drug was released from the aerogel, the characteristic UV-vis spectrum of ibuprofen (200 – 300 nm) was detected in the suspension. All measurements were run in duplicates, and the mean values are displayed in the corresponding figures. Maximum and minimum values are also shown in representative curves to demonstrate the high reproducibility of the measurements (Figure S1 in the Supporting Information). (Rousseuw & Verboven, 2002).

It should be noted that the alginate matrices dissolved simultaneously with the release of the drug. Thus, independent dissolution experiments were performed with unloaded aerogel samples under the conditions of the drug release tests. Aqueous alginate absorbs light in the 200 – 350 nm region.

The release curves (amount of dissolved ibuprofen versus time) were calculated from the time-resolved absorbance signal using the molar absorbance of the drug. The contribution of dissolved alginate to the absorbance signal was taken into account at every time-point by using the dual wavelength method developed by Liu and Zhu. (Liu, Zhu, & Chai, 2011; Wang, Zhu, Hunt, & Zhan, 2012) First, the spectrum of aqueous alginate was measured under the applied conditions (in HCl or PBS). Second, a reference wavelength was chosen where

dissolved ibuprofen has zero absorbance (300 nm), and the spectrum of alginate was reconstructed from this reference absorbance by using the known molar absorbances in the whole wavelength range. Finally, the spectrum of alginate was subtracted from the recorded UV–vis spectrum. The remaining signal is exclusively attributed to dissolved ibuprofen.

The in situ formation of Fe(II) during the dissolution tests was demonstrated by running the experiments under O₂ free conditions in a Schlenk-line and adding terpyridine (2,2':6',2''-terpyridine) to the final solutions after 30 min. An intensive red coloration was observed in the case of ascorbic acid loaded aerogels indicating the presence of aqueous Fe(II).

RESULTS AND DISCUSSION

Both the loaded and the unloaded aerogel beads are dry, yellowish solids and display a smooth, homogeneous texture for the naked eye (see pictures in Figure S2 in the Supporting Information).

Scanning electron microscopy

Representative SEM images of pristine and loaded alginate aerogels in 60k× magnification are shown in Figure 1 and Figure S3 in the Supporting Information. All samples display a similar open meso- and macroporous, sponge-like structure that is characteristic to alginate aerogels. (Pantic et al., 2016; M. Robitzer, L. David, C. Rochas, F. Di Renzo, & F. Quignard, 2008; Mike Robitzer, Laurent David, Cyrille Rochas, Francesco Di Renzo, & Françoise Quignard, 2008) No major alterations can be discovered between the structures of the pristine and the loaded samples.

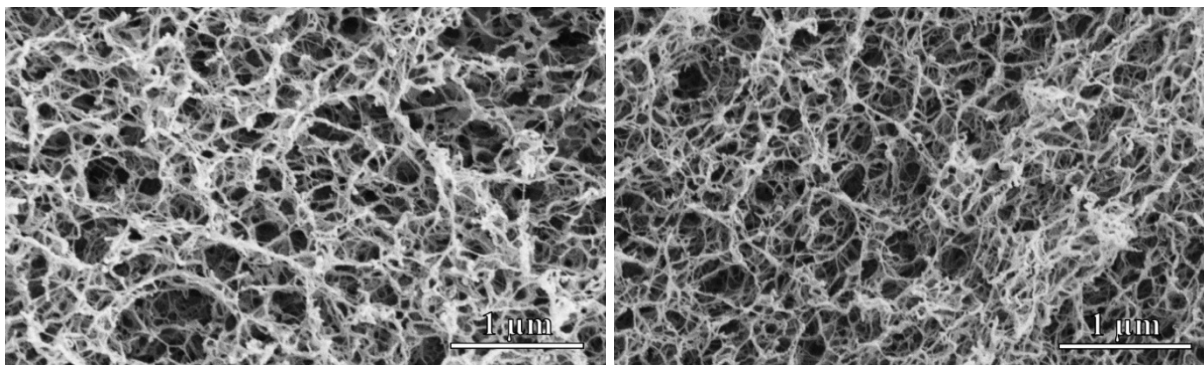


Figure 1. SEM micrographs of pristine (S-HG, left) and loaded (S-HG-IA, right) Fe(III)-alginate aerogels. Additional SEM micrographs are shown in Fig. S3 in the Supporting Information.

N₂ adsorption-desorption porosimetry

The N₂ adsorption-desorption isotherms (Figure 2) of the Fe(III)-alginate aerogels are type IV hysteresis curves, characteristic for mesoporous materials with macropores. The position of the hysteresis loop indicates a very wide pore size distribution with a large number of macropores which can also be seen on the SEM micrographs. The pore size distribution curves of the samples were calculated from the desorption branches of the isotherms using the BJH method (Figure 2). The resulting distribution curves are very wide with a maximum around 30 nm in diameter. It is evident from the SEM pictures that a significant fraction of the pores are larger than 200 nm. However, N₂ porosimetry is not suitable for the characterization of these large cavities.

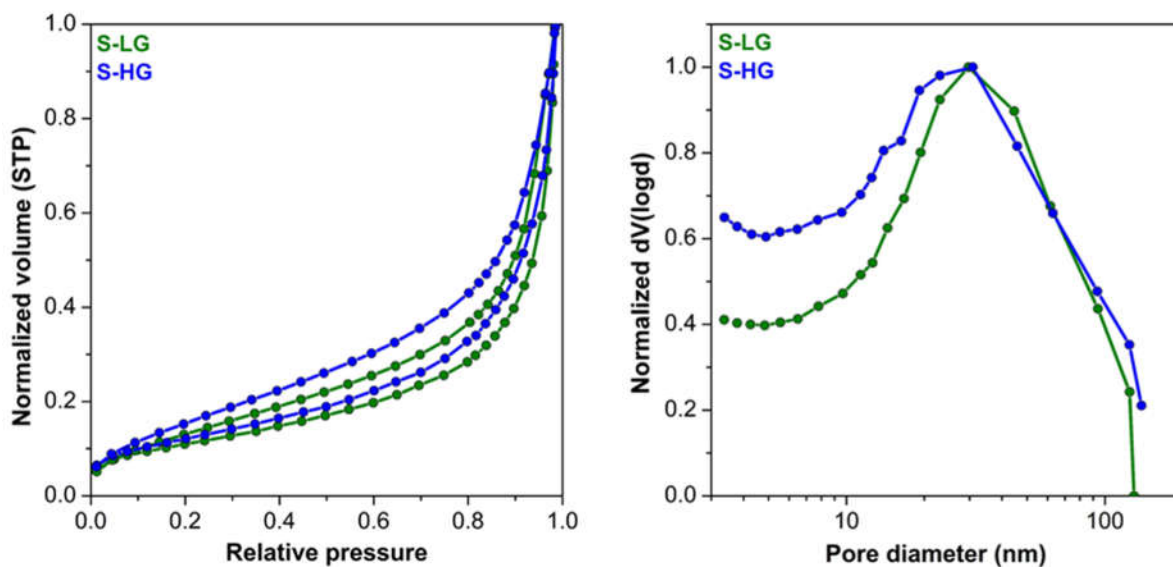


Figure 2. Nitrogen adsorption-desorption isotherms (left) and pore size distribution curves (right) of Fe(III)-alginate aerogels. The isotherms were recorded at standard temperature and pressure. Pore size distributions were calculated from desorption curves by the BJH method.

The specific surface area (S_{BET}) and the total pore volume of the freshly synthesized beads vary between 320 – 440 m^2/g and 1.20 – 1.77 cm^3/g , respectively (Table 1). These values are in good agreement with previously reported results. (Alnaief, Alzaitoun, Garcia-Gonzalez, & Smirnova, 2011; Garcia-Gonzalez et al., 2011; Veronovski et al., 2013) It should be noted, that the alginate matrix is sensitive to storage conditions (e.g. humidity, UV radiation). After storing the pristine Fe(III)-alginate gels for 1 year in a closed plastic vessel, the color of the beads changed from yellow to brownish (most likely due to oxidation of the alginate backbone). The fine structure of the matrices also changed according to N_2 porosimetry, especially in the case of the high G alginate aerogels. The S_{BET} of low G gels decreased from 400 – 420 m^2/g to 300 – 320 m^2/g and that of the high G gels decreased from 320 – 440 m^2/g to 240 – 270 m^2/g . The pore size distribution of the aerogels did not change in the $d = 4 - 200$ nm mesopore range. Surprisingly, the total pore volume of the high G alginate aerogels increased significantly from 1.20 – 1.70 cm^3/g to 7.20 – 8.30 cm^3/g . A possible explanation for the structural changes is the rearrangement of the coordination sphere of the Fe(III) ions, i.e. the formation of Fe(III)-

hydroxides and other hydrated salts. This could cause the undesirable deformation of the backbone of the aerogels.

Infrared spectroscopy

The representative FT-IR spectra of pristine (S-LG) and loaded (S-LG-I) aerogel samples are shown in Figure 3, together with that of crystalline ibuprofen. In the spectrum of the pristine Fe(III)-alginate aerogel characteristic bands can be observed for the asymmetric stretching vibrations of aliphatic C–H bonds (3424 cm^{-1}), the stretching vibrations of O–H bonds (2920 cm^{-1}), the asymmetric stretching of COO^- (1734 cm^{-1}) and the stretching of C=O (1410 cm^{-1}) and C=C bonds (1030 cm^{-1}). (Daemi & Barikani, 2012; van Hoogmoed, Busscher, & de Vos, 2003)

The characteristic bands of ibuprofen can be detected in superposition to those of the aerogel backbone in the impregnated samples, confirming the successful loading. The new bands in the spectrum of S-LG-I between 3090 and 2850 cm^{-1} are related to the asymmetric stretching of aliphatic and aromatic C–H bonds of ibuprofen. The band originating from the C=O stretching of the new carboxylic group is seen at 1710 cm^{-1} . The C=C ring vibration causes a lower intensity band at 1515 cm^{-1} .

The presence of ascorbic acid does not alter the IR spectra of those aerogel samples which contain ascorbic acid together with ibuprofen, because the loading of ascorbic acid is 1 magnitude lower than that of ibuprofen.

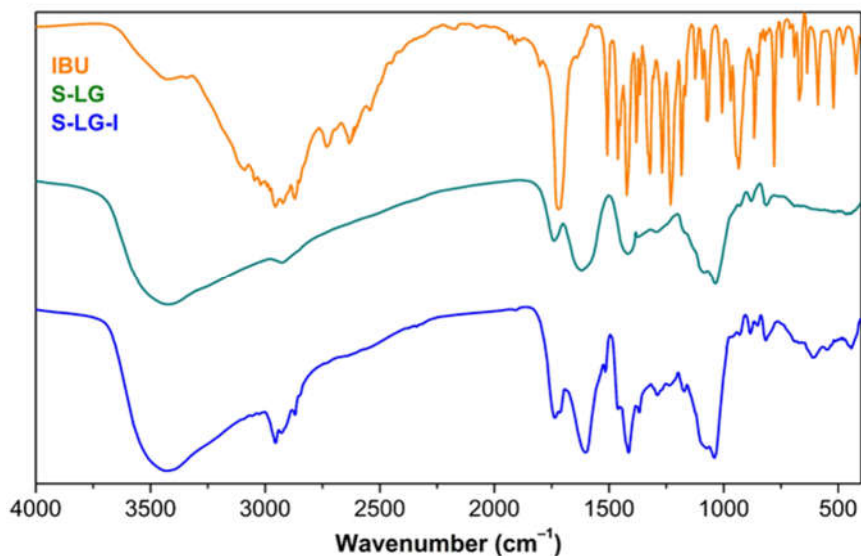


Figure 3. Representative IR spectra of a pristine Fe(III)-alginate aerogel (S-LG), ibuprofen and an ibuprofen impregnated aerogel (S-LG-I).

X-ray diffraction (XRD)

The XRD patterns of crystalline ibuprofen and ascorbic acid are shown in Figure 4. The XRD patterns of the impregnated L-LG-I and L-LG-IA aerogel samples are given in the same figure. The absence of the characteristic diffraction peaks in the case of the loaded gels clearly indicate that both ibuprofen and ascorbic acid are present in amorphous states in these samples. It is generally true that the adsorptive deposition (or so called adsorptive precipitation) of active ingredients from solutions in supercritical CO₂ into the pores of aerogels results in non-crystalline solid adsorbates, which greatly enhances the dissolution rate and bioavailability of these ingredients. (Gurikov & Smirnova, 2017)

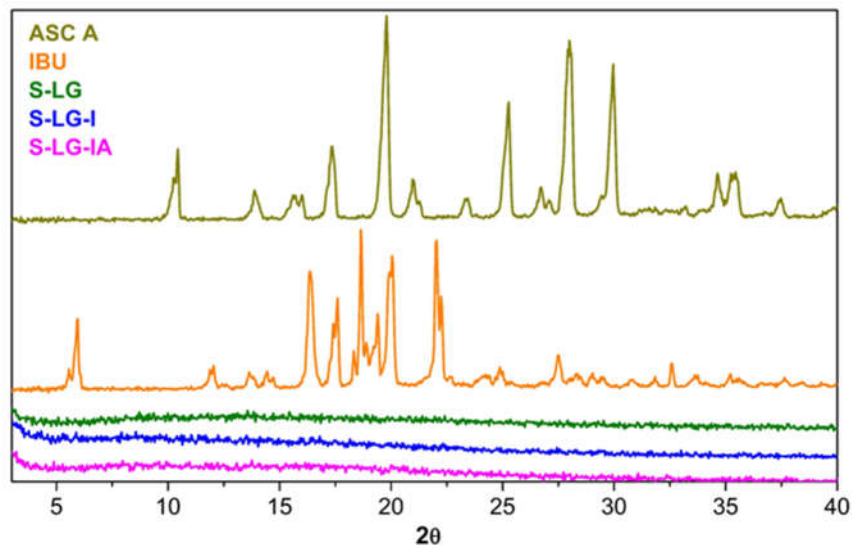


Figure 4. Representative XRD patterns of crystalline ibuprofen and ascorbic acid, and the impregnated Fe(III)-aerogels S-LG-I and S-LG-IA containing only ibuprofen or both of the active ingredients, respectively.

Small-Angle X-Ray Scattering (SAXS)

The fine-structure of all Fe(III)-alginate aerogel samples could clearly be determined by SAXS. When representing the scattering curves in $h^2 \cdot I(q)$ vs. h (Kratky-plot, shown in Fig. 5 and in Fig. S4 in the Supporting Information) a peak should be seen at $h \approx 1/R_c$ in the case of structures containing randomly oriented rods (where R_c is the mean gyration radius of the rods). This peak is absent in the Fe(III)-alginate aerogels indicating the so-called multiple junction structure. (Agulhon, Robitzer, David, & Quignard, 2012) The formation of the multiple junction structure takes place when the cross-linking and gelation of alginate is carried out under acidic conditions. In our case, the Fe(III) solutions used in the synthesis were indeed slightly acidified to avoid the hydrolysis of the salt.

In addition to the structure identification, several structural parameters can be calculated from the *log-log* (fractal) and Porod-plots of the scattering curves (Fig. 5 and Fig. S4 in the Supporting Information). The mass fractal dimension (D_m) is indicative of the compactness of

a material. The value of D_m may vary from 2 for porous structures to 3 for compact structures. According to mass fractal values (Table 3), it can be established that the pristine low-G samples (S-LG and B-LG) have more porous structures than the pristine high-G aerogels (S-HG and B-HG). Furthermore, a very clear trend can be observed within a series of samples before and after impregnation. B-HG, B-HG-I and BH-IA have systematically increasing D_m values (2.29, 2.55 and 2.64, respectively) which obviously indicates that the porous system becomes more and more compact with increasing loading. This is also confirmed by the increase in the correlation length (L_c), i.e. the average intersection length of the solid phase of the same samples (9.9, 11.8 and 12.5 nm, respectively).

The surface area per unit volume (S/V) and the specific surface area (a^s) values can be calculated as described by Eqs. 1-2 when the so-called Porod constant (K_p) and invariant (Q) are determined (Eqs. 3-4). The S/V values are primary experimental data, and they describe the ratio of all surfaces and total volumes in two-phase systems (Table 3). If the apparent density (ρ_{app}) is known, the specific surface area (a^s_{SAXS}) can be calculated. As seen in Table 3, the a^s_{SAXS} values (ca. 5–600 m²/g) are higher than the S_{BET} values (ca. 3–400 m²/g, see Table 1.). The explanation for this difference is that the contribution of the macropores larger than $d = 200$ nm are ignored by N₂ porosimetry, but the a^s_{SAXS} is directly calculated from surface area per unit volume (S/V) data.

Table 3. The mass fractal dimension (D_m), the correlation length (L_c), the surface area per unit volume (S/V) and the specific surface area (a^s_{SAXS}) values of Fe(III)-alginate aerogel samples. The error bars represent the combined uncertainty arising from the experimental error and data fitting.

Sample	D_m	L_c (nm)	S/V (m ² /cm ³)	a^s_{SAXS} (m ² /g)
S-LG	2.4 ± 0.1	10.8 ± 0.5	31 ± 2	669 ± 30
B-LG	2.3 ± 0.1	9.9 ± 0.4	30 ± 2	560 ± 28
B-LG-I	2.6 ± 0.1	11.8 ± 0.6	22 ± 1	484 ± 20
B-LG-IA	2.6 ± 0.1	12.5 ± 0.5	23 ± 1	456 ± 23
S-HG	2.5 ± 0.1	10.7 ± 0.5	23 ± 1	479 ± 24
B-HG	2.6 ± 0.1	12.2 ± 0.6	24 ± 1	541 ± 29

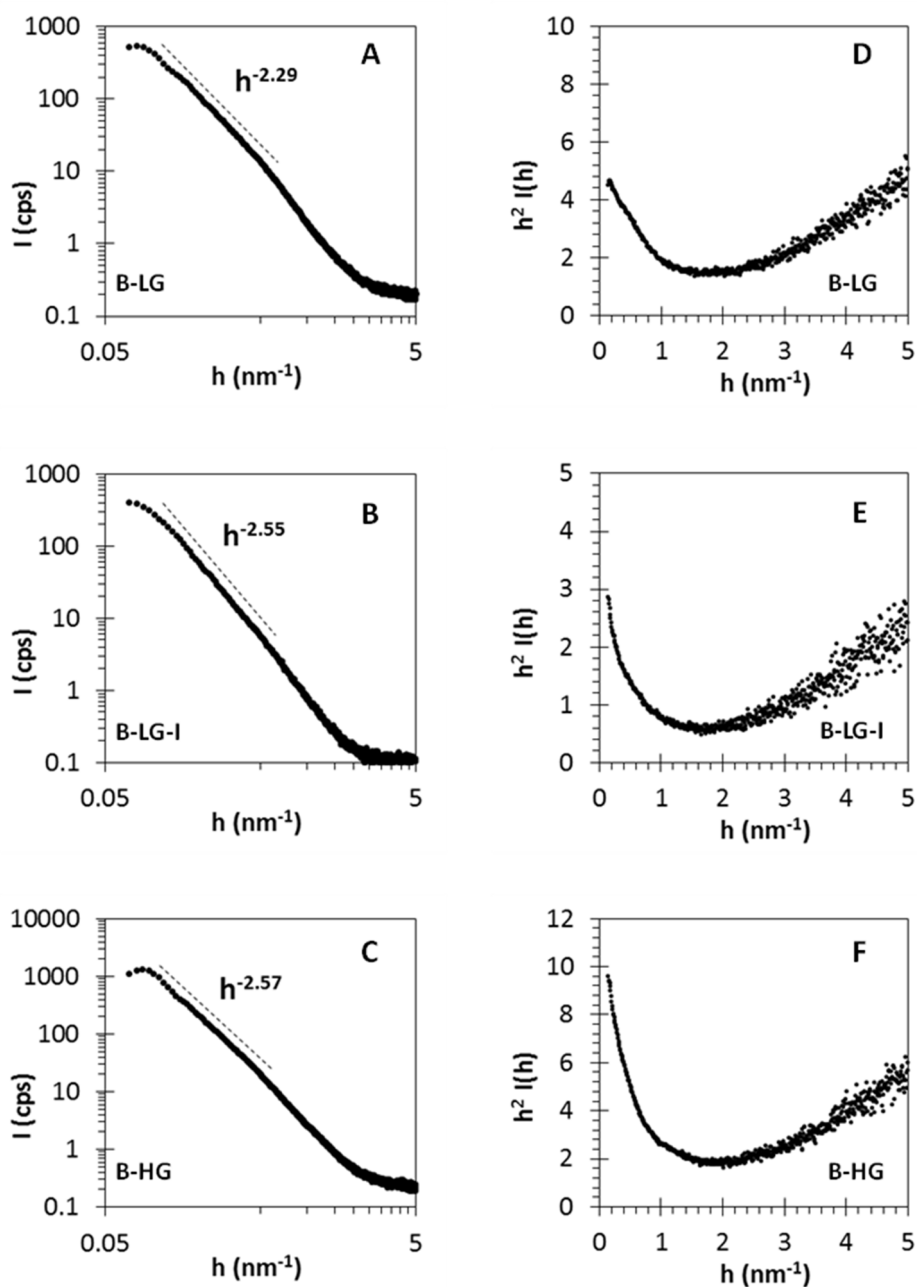


Figure 5. Log-log (A-C) and Kratky (D-F) representations of the scattering curves of the B-LG, B-LG-I and B-HG aerogel samples. The h^p lines, where $p = D_m$ mass fractal dimension represents the compactness of the samples, while the absence of peak(s) in the Kratky-plots indicates the multiple junction structure of all samples. Additional SAXS plots are displayed in Fig. S4 in the Supporting Information.

Drug release experiments

When the Fe(III)-alginate aerogels were impregnated with ibuprofen alone, a drug loading of 36 – 41 w/w% was achieved (Table 2). Simultaneous impregnation with ibuprofen and ascorbic acid resulted in an ibuprofen loading of 34 – 35 w/w%, and the absorbed amount of absorbed ascorbic acid was in the range of 3.4 – 4.3 w/w%. A simple calculation yields that approximately the same molar amount of active substance was absorbed cumulatively in each process.

The release of ibuprofen was measured at pH = 2.0 in HCl and at pH = 7.4 in PBS. All of the different Fe(III)-alginate matrices dissolved (at least partially) in both media in the timeframe of the release experiments. Because the dissolution of the carrier matrix has a marked effect on the release of the adsorbed drug, independent tests were performed to study this phenomenon. Weight-normalized alginate dissolution curves recorded in HCl and in PBS are shown in Figure 6. The beads completely dissolved in 2 h in PBS, but not in HCl. In HCl neither the size of beads, nor the composition of the backbone affects the rate of dissolution. Earlier studies with Ca(II)-alginate hydrogels and aerogels concluded that alginate particles form a macroscopic semi-permeable outer crust in HCl. (Sriamornsak et al., 2007; Veronovski et al., 2012) This layer is composed of alginic acid (so called acid gel) which has a low solubility in water. The alginic acid layer never dissolves completely as it is replenished immediately from alginate in contact with HCl, limiting the overall rate of dissolution of metal ion alginate particles in HCl. This mechanism is practically independent of the alginate bead size and the composition of the polymer, therefore can be operative also in the case of the Fe(III)-alginate aerogels. In PBS, the particles readily dissolved, and the rate was much faster in the case of the smaller beads. It is also worth to note that the kinetics was significantly different in the case of low G and high G samples, besides the size effect.

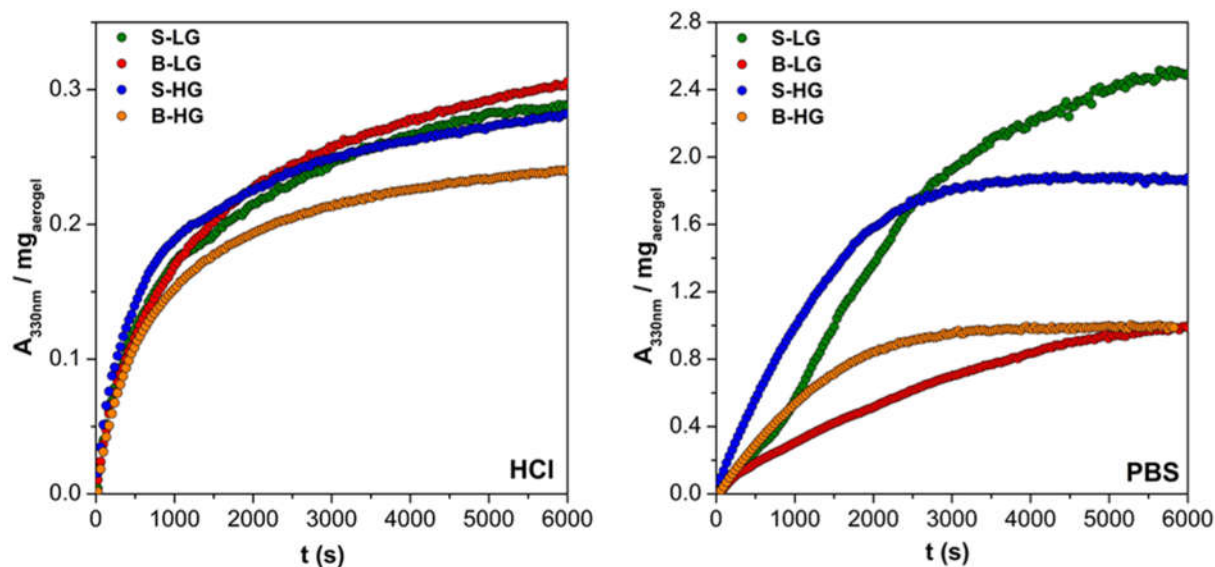


Figure 6. Dissolution of pristine Fe(III)-alginate aerogel samples at pH = 2.0 in HCl (left) and at pH = 7.4 in PBS (right). Every 3rd point is shown for clarity.

Drug release curves measured in HCl are shown in Figures 7 and 8. Sink conditions did not apply in HCl as the total amount of loaded ibuprofen introduced into the release medium would almost saturate it upon dissolution. Under these conditions the aerogel formulations containing only the drug (S-LG-I, B-LG-I, S-HG-I and B-HG-I) did not display any difference in the kinetics of drug release. Neither the size of the beads, nor the composition of the backbone altered the rate significantly. The kinetics was also indifferent to the weight of loaded aerogel in the cuvette. This strongly suggest that the factor limiting the rate of drug release is the mass transport through the alginic acid layer present on the surface of the dissolving particles. It is noteworthy that incorporation of ascorbic acid slightly accelerated the release of ibuprofen in all samples. This proves that by in situ removing the crosslinking metal ion, the rate of drug release can be accelerated even in highly acidic media.

The release of ibuprofen was much faster in PBS than in HCl (Figs. 7 and 8). The experiments in PBS were run under sink conditions. Also, the dissolution of the Fe(III)-alginate matrices are much faster in this medium. Surprisingly, in the case of the high G samples loaded with ibuprofen alone (S-HG-I and B-HG-I) the rate of drug release dropped to near zero at

reaching ca. 50% ibuprofen dissolution. Besides the above observations, it is noteworthy that the presence of ascorbic acid significantly increased both the rate and the extent of drug release in all samples. This effect was much more pronounced in PBS than in HCl, which can be accounted for by the following. The aerogel beads take up more solvent and effectively swell in PBS, while this process is hindered in HCl. The in situ reduction of the crosslinking Fe(III) is faster in a swollen hydrogel matrix, thus the accelerating effect is stronger in PBS. Another important observation is that the effect of ascorbic acid is more pronounced in the case of the high G samples. The explanation probably lies in the different hydration and dissolution properties of the different alginate backbones.

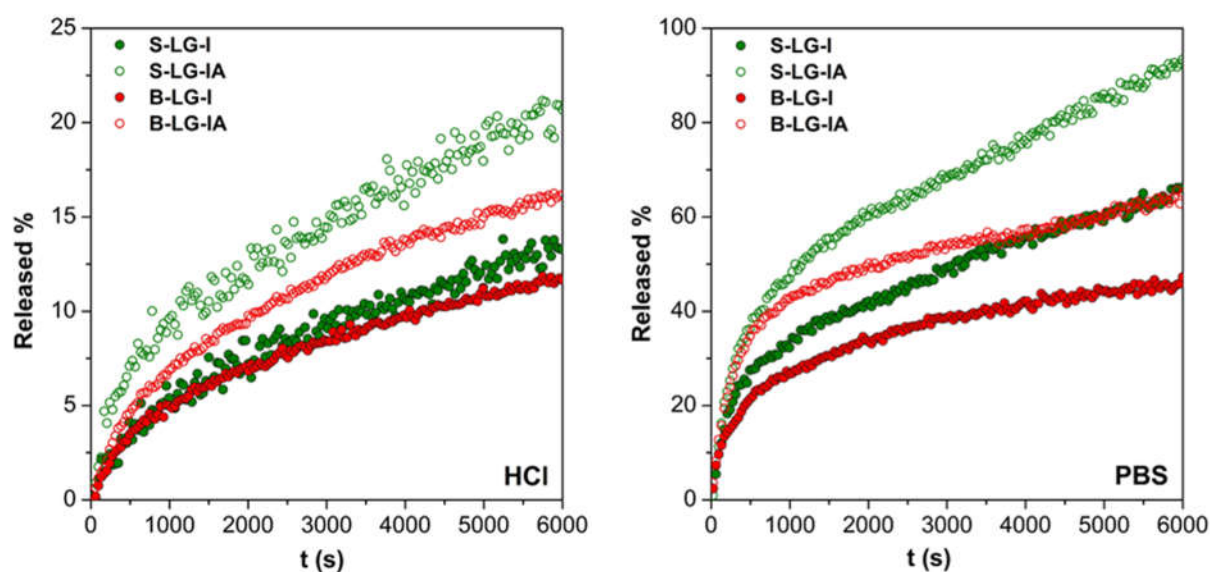


Figure 7. The release of ibuprofen from low G Fe(III)-alginate aerogels in pH = 2.0 HCl (left) and in pH = 7.4 PBS (right). Some aerogel samples were co-impregnated with ascorbic acid in order to accelerate the release. Every 3rd point is shown for clarity.

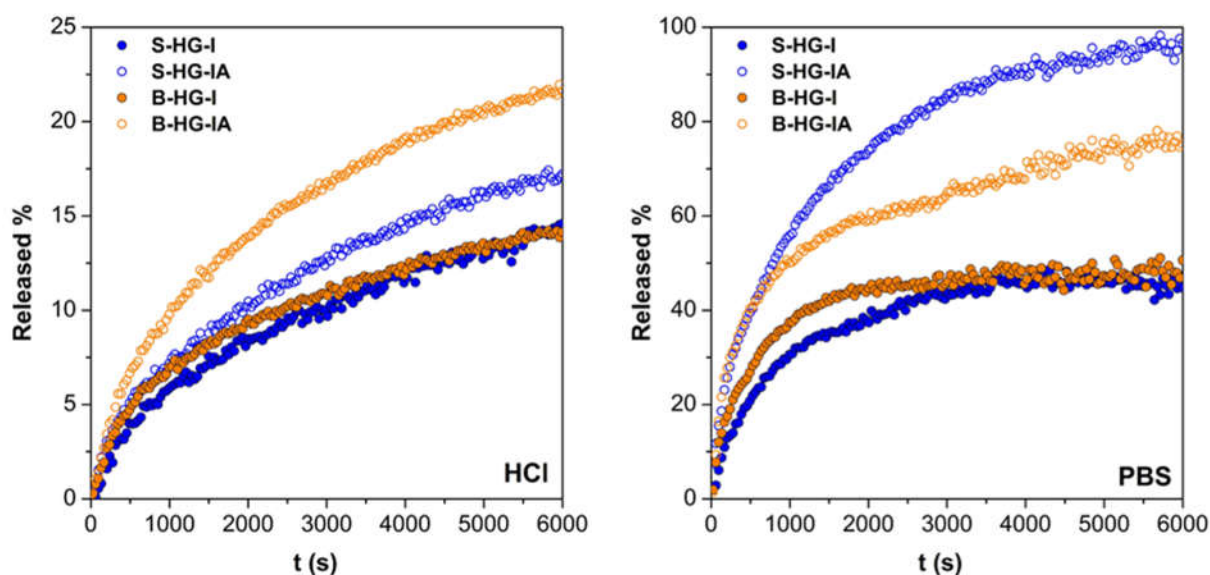


Figure 8. The release of ibuprofen from high G Fe(III)-alginate aerogels in pH = 2.0 HCl (left) and in pH = 7.4 PBS (right). Some aerogel samples were co-impregnated with ascorbic acid in order to accelerate the release. Every 3rd point is shown for clarity.

All release curves were compared to the Peppas and the Hopfenberg semi empirical models for drug release. In HCl release medium the shapes of the release curves approximately followed the Peppas model with n between 0.40 and 0.44. The curves recorded in PBS could not be successfully fitted with either release models.

As a summary, it is concluded that the size of the aerogel beads and the composition of the Fe(III)-alginate backbone have only minor effects on the rate of drug release. When the release curves shown in Figs. 7 and 8 are regrouped by the release media (Figs. S5 and S6 in the Supporting Information) the slight increase of the release rate with smaller bead size and higher G content can be observed. More importantly, the significant acceleration of the rate of drug release is achieved by incorporating ascorbic acid into the aerogel preparations in all cases.

CONCLUSIONS

It was shown that the release of the model drug ibuprofen from Fe(III)-alginate aerogel carriers is accelerated by incorporating ascorbic acid into the formulations. This was achieved by co-impregnating the aerogel samples with ibuprofen and ascorbic acid in supercritical CO₂ using the adsorptive deposition (precipitation) technique. The in situ reduction of the crosslinking Fe(III) by ascorbic acid accelerates the erosion of the aerogel matrix upon dissolution, which in turn markedly increases the rate of the release of ibuprofen. Although this effect has previously been utilized for the development of redox responsive hydrogel-based delivery systems, this is the first time that such phenomenon has been demonstrated for solid aerogel-based formulations.

The effect of ascorbic acid is more pronounced at pH = 7.4 in PBS than at pH = 2.0 in HCl, because the solvent uptake and the dissolution of alginate beads are hindered in acidic media. The rate of drug release is further increased in the case of smaller carrier beads. The guluronic acid (G) content of the alginate backbone has only a slight effect on the carrier properties of the Fe(III)-alginate aerogel preparations, however the accelerating effect of ascorbic acid is stronger in high G samples.

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Appendix A. Supplementary material

Supplementary data associated with this article can be found, in the online version.

Additional SEM, SAXS, dissolution data and Figures referred to in the text.

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