

**Regional ventilation distribution and respiratory mechanical assessment of pressure-regulated volume control versus volume-control ventilation in healthy and injured rabbit lung**



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1                   **REGIONAL VENTILATION DISTRIBUTION AND RESPIRATORY MECHANICAL**  
2                   **ASSESSMENT OF PRESSURE-REGULATED VOLUME CONTROL VERSUS**  
3                   **VOLUME-CONTROL VENTILATION IN HEALTHY AND INJURED RABBIT LUNG**  
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**ABSTRACT**

**Background:** It is not well known how ventilation modes might affect the regional distribution of ventilation within the lung. In this study, we compared respiratory mechanics, lung aeration and regional specific ventilation ( $s\dot{V}$ ) distributions in healthy and surfactant-depleted rabbits ventilated with pressure regulated volume control mode (PRVC) with a decelerating inspiratory flow, or volume control (VC).

**Methods:** New-Zealand White rabbits (n=8) were anaesthetized, paralyzed and mechanically ventilated either with VC (Vt: 7ml/kg; RR: 30/min; PEEP: 3 cmH<sub>2</sub>O) or PRVC (target VT: 7 ml/kg), at baseline and after lung injury induced by lung lavage (LL). Airway resistance (Raw), respiratory tissue damping (G) and elastance (H) were measured by low-frequency forced oscillations. Synchrotron radiation computed tomography during stable xenon washin was used to measure regional lung aeration and specific ventilation and the relative fraction of atelectatic, air-trapping, normally-, poorly- and hyper-inflated lung regions.

**Results:** Lung lavage significantly elevated both driving ( $P_{\text{driving}}$ ) and peak ( $P_{\text{peak}}$ ) pressures ( $p<0.001$ ), while both of these parameters remained lower on PRVC ( $-14.0\pm 1.7\%$ ,  $p<0.001$ ;  $-12.7\pm 1.7\%$ ,  $p<0.001$  for  $P_{\text{driving}}$  and  $P_{\text{peak}}$ , respectively). No significant differences in respiratory mechanics, regional ventilation distribution or blood oxygenation could be detected between the 2 ventilation modes.

**Conclusions:** The assessment of two common mechanical ventilation modes revealed the advantage of applying a decelerating flow (PRVC) to achieve equivalent regional and global lung function in both normal and mechanically heterogeneous lungs, since both  $P_{\text{driving}}$  and  $P_{\text{peak}}$  were significantly lower, suggesting reduced mechanical stresses under this ventilation mode.

**Keywords:** Lung injury; Synchrotrons; Respiratory Mechanics; Respiration, Artificial; Xenon; Tomography, X-Ray Computed.

## INTRODUCTION

Mechanical ventilation is an essential supportive measure, which allows maintaining alveolar ventilation and blood oxygenation both in routine anaesthesia and in the care of the critically ill patient. However, mechanical stresses during positive pressure ventilation may also have deleterious pulmonary consequences, leading to inflammation, adverse structural and functional changes as well as compromised haemodynamics due to impeded venous return<sup>1</sup>. These factors can significantly contribute to respiratory morbidity and mortality in mechanically-ventilated patients. Optimizing tidal volume and driving pressures during mechanical ventilation in order to obtain the best possible gas exchange with minimal mechanical stresses to the lung remains a major challenge. Traditional ventilator modes allow setting a desired tidal volume or peak inspiratory pressure. Modern mechanical ventilators provide more sophisticated ventilation modes such as pressure-regulated volume-control (PRVC), an assist/control mode of ventilation. In this mode, the delivery of tidal volume is guaranteed without exceeding a pre-set inspiratory pressure limit, by decelerating inspiratory flow and modifying inspiratory time, on a cycle to cycle basis.

Previous studies have assessed the differences between PRVC and conventional volume-control ventilation (VC) in both infants and adults<sup>2-4</sup>. These studies suggest that PRVC allows reducing peak inspiratory pressures, while maintaining similar cardiac output, airway pressures, and gas exchange<sup>4</sup>. Exaggerated local mechanical stresses are primarily responsible for injuring the lung tissue<sup>5</sup>, and these forces are directly determined<sup>5</sup> by the transpulmonary pressure. This implies that maintaining a similar ventilator goal with a lower inspiratory pressure should have beneficial effects.

Currently, it is not well known how ventilation modes might alter the regional distribution of ventilation within the lung. To our knowledge, the few experimental and clinical studies of the

1 differences in lung function between different ventilation modes have not addressed the question  
2  
3 of regional functional and structural differences within the lung<sup>3, 6</sup>. We have developed a xenon-  
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5 enhanced computed tomography technique that uses synchrotron-generated x-rays to  
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7 simultaneously image lung morphology and tissue density, as well as the regional distribution of  
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9 ventilation<sup>7, 8</sup>. We have previously shown that combining data on regional lung aeration and  
10  
11 regional ventilation allows defining a spectrum of regional mechanical behaviours ranging from  
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13 tidal recruitment to complete air trapping<sup>7</sup>. Application of this functional imaging technique in  
14  
15 combination with the assessment of airway and respiratory tissue mechanics allows a detailed  
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17 assessment of the conducting airways and alveolar compartments under different ventilation  
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19 modes.  
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25 The goal of the present study was therefore to compare the effects of PRVC and VC on the  
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27 distribution of regional lung aeration and ventilation using synchrotron radiation imaging. We  
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29 also assessed the forced oscillatory mechanics of the respiratory system with both ventilation  
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31 modes in normal lung and after inducing lung injury by surfactant depletion in anesthetized  
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33 rabbits.  
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## MATERIALS AND METHODS

### *Animal preparation*

The procedures for the animal care and the experiments were in accordance with the Directive 2010/63/EU of the European Parliament on the protection of animals used for scientific purposes<sup>9</sup> and were approved by the Internal Evaluation Committee for Animal Welfare in Research of the European Synchrotron Radiation Facility (Grenoble, France). The experiments were performed on 8 male New Zealand White rabbits ( $2.9 \pm 0.1$  kg). Anesthesia was induced by IV injection of thiopental sodium (25 mg/kg) via a catheter (22 G) introduced into the marginal ear vein under local anesthesia (5% topical lidocaine). The animal was tracheotomised with a no. 3, Portex tube (Smiths medical, Kent, United Kingdom), and was mechanically ventilated by a commercial neonatal ventilator (Servo-I, Maquet Critical Care, Solna Sweden) with an electronic modification that allowed synchronizing mechanical ventilation with the image acquisition. The initial ventilator settings were adjusted according to the protocol explained further.

The left carotid artery and jugular vein were catheterized for blood gas measurements and for drug delivery. Anesthesia was then maintained with 0.1 mg/kg/h iv midazolam and analgesia was ensured by iv administration of fentanyl (50  $\mu$ g/kg/h). After ensuring adequate anaesthesia from the hemodynamic parameters, continuous iv infusion of atracurium (1.0 mg/kg/h) was started. The animal was immobilized in the vertical position in a custom-made plastic holder for imaging.

### *Synchrotron radiation computed tomography imaging*

The experiments were performed at the Biomedical Beamline of the European Synchrotron Radiation Facility (ESRF, Grenoble, France). The K-edge subtraction (KES) imaging technique was used as described previously<sup>8 11-13</sup>. This technique allows quantitative measurements of regional specific ventilation ( $s\dot{V}$ ) as well as lung tissue density within the same images. The technique uses 2 X-

1 ray beams tuned at slightly different energies above and below the Xe K-edge (34.56 keV); the  
2 binding energy of the K shell electrons. X-rays from a synchrotron radiation source are required  
3 since, as opposed to standard X-ray sources, they allow the selection of monochromatic beams from  
4 the full X-ray spectrum while conserving enough intensity for imaging with sufficient temporal  
5 resolution. Two computed tomography images are thus simultaneously acquired during the  
6 inhalation of stable Xe (20 %) in Air. The density due to tissue and to Xe can be separately  
7 calculated in each image voxel using a specifically developed computer algorithm <sup>8</sup> explained in  
8 detail elsewhere <sup>10</sup>. The “Xe-density” image allows the direct quantitative measurement of this  
9 gas within the airspaces, and that of the regional gas volume. Dynamic *KES* imaging during Xe  
10 wash-in, or wash-out allows the measurement of regional specific ventilation ( $s\dot{V}$ )<sup>11</sup>. A “tissue-  
11 densit” image obtained from the same data allows the assessment of lung morphology and  
12 quantitative measurement of the regional lung aeration <sup>7</sup>.

### 31 *Image analysis*

32 Images were processed by using the MatLab programming package (Mathworks Inc., Natick,  
33 MA, USA) as described previously <sup>7</sup>. Lung tissue was selected within the tissue-density  
34 computed tomography images, by region-growing segmentation. The local specific ventilation,  
35 defined as ventilation normalized to the gas volume within the voxel ( $s\dot{V}$ ), was calculated from  
36 the time constant of the Xe wash-in using a single compartment model fit of Xe concentration vs.  
37 Time <sup>12</sup>. A 5×5 pixel moving average window was applied to the Xe-density images prior to the  
38 model fit. In each  $s\dot{V}$  image, the histogram of  $s\dot{V}$  was calculated, and fit with a log-normal  
39 function. The median ( $\mu$ ) and standard deviation ( $\sigma$ ) of the distribution were extracted from the  
40 fit. Normal, high and low  $s\dot{V}$  was defined with reference to the median value of each slice at  
41 baseline. First, the lung tissue density ( $D$ ) in mg/cm<sup>3</sup> was converted to Hounsfield units (HU)<sup>13</sup>.  
42 The area of lung comprised within the images was computed and totaled over the 4 axial image  
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1 slices to calculate the *Total Lung Region of Interest (ROI) Area*. Hyperinflation was defined as a  
2 lung density below -900 HU<sup>14</sup>. Lung regions with a density of -900 to 500 Hounsfield units were  
3 qualified as normally-aerated (NA), regions with density of -500 to -100 as poorly-aerated (PA),  
4 and atelectasis was defined as lung regions with a density from -100 to 0 Hounsfield units, based  
5 on previous studies in the literature<sup>14, 15</sup>. In order to characterize the functional behaviour of  
6 normally-aerated, poorly-aerated and hyperinflated lung regions, the area of lung within each  
7 category was further divided into sub-categories as follows: *no ventilation*, defined as:  $s\dot{V} < 0.5$   
8  $\text{min}^{-1}$ ; *Low  $s\dot{V}$* :  $0.5 \text{ s}^{-1} < s\dot{V} < (\mu - 2\sigma)$ ; *Normal  $s\dot{V}$* :  $s\dot{V} = \mu \pm 2\sigma$ ; *High  $s\dot{V}$* :  $(\mu + 2\sigma) < s\dot{V}$ . Trapping  
9 was defined as aerated areas with no  $s\dot{V}$ . Comparison of lung aeration and  $s\dot{V}$  was performed  
10 pixel by pixel, and each sub-category was expressed as percentage of the total lung ROI area  
11 within the image slice.  
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### 31 *Measurement of respiratory mechanics*

32 The airway and respiratory tissue parameters were assessed by using the forced oscillation  
33 technique at low frequencies. These measurements were achieved by introducing a loudspeaker-  
34 generated small-amplitude (1 cmH<sub>2</sub>O peak to peak) pressure forcing signal (0.5-21 Hz) into the  
35 trachea via a polyethylene tube (100 cm length, 0.375 cm ID) while the mechanical ventilation  
36 was paused at end-expiration. The pressure inside the loudspeaker chamber was maintained at the  
37 level of PEEP in order to maintain pressure constant during the recordings. Lateral pressures  
38 were measured at the loudspeaker end ( $P_1$ ) and the tracheal end ( $P_2$ ) of the wave-tube with  
39 miniature pressure transducers (ICS 33NA00D, Malpitas, CA, USA). These pressure signals were  
40 low-pass filtered (corner frequency of 25 Hz) and digitized at a sampling rate of 128 Hz. The  
41 pressure transfer function ( $P_1/P_2$ ) was calculated by fast Fourier transformation from the 8-s  
42 recordings and the input impedance of the respiratory system ( $Z_{rs}$ ) was computed from this  
43 pressure transfer function as the load impedance of the wave-tube<sup>16</sup>. Three to five  $Z_{rs}$  spectra  
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1 were ensemble-averaged under each experimental condition. A model that includes airway  
2 resistance ( $R_{aw}$ ), inertance ( $I_{aw}$ ) in series with constant-phase tissue compartments incorporating  
3 tissue damping ( $G$ ) and elastance ( $H$ ) was fitted to the averaged Zrs data <sup>17</sup>.  
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### 10 *Study protocol*

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12 At the onset of mechanical ventilation, VC or PRVC ventilation mode was initiated in a  
13 randomized order (*Figure S1 in online supplement*). The following settings were used in both  
14 ventilation modes: tidal volume: 7 ml/kg; respiratory rate: 40 l/min; PEEP: 3 cmH<sub>2</sub>O; inspired  
15 oxygen fraction ( $F_{iO_2}$ ): 0.5. These ventilator settings resulted in an end-tidal CO<sub>2</sub> (ETCO<sub>2</sub>) of  
16 5.5-6 kPa. After reaching steady-state conditions in systemic hemodynamic and ventilation  
17 parameters, a recruitment manoeuvre was performed by inflating the lung to a peak pressure of  
18 30 cmH<sub>2</sub>O, in order to standardize the volume history. The animal was then ventilated for 10-min,  
19 and a set of Zrs recordings was then collected during short end-expiratory pauses followed by  
20 acquisition of 12 subsequent KES images during Xe wash-in at 4 approximately equidistant axial  
21 positions from the apical (non-dependent) to the caudal (dependent) lung. The axial positions  
22 were standardized based on the apex-diaphragm distance, appreciated on a thoracic projection  
23 image. The ventilation mode was then switched and the same measurement sequence was  
24 repeated. After the baseline measurements were completed, whole lung lavages were performed  
25 by instilling 0.9% saline into the endotracheal cannula at 37° C. Gentle manual suctioning was  
26 employed to facilitate lavage fluid withdrawal. The ventilation was resumed for 2 min and this  
27 procedure was repeated. A total volume of 100 ml/kg was instilled over 5 sequential lavages.  
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29 After surfactant depletion, a recruitment manoeuvre was performed as described above, and the  
30 respiratory mechanical measurements and the imaging acquisitions were repeated in the same  
31 manner as in the baseline condition.  
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*Statistical analysis*

The scatters in the parameters were expressed by the SEM values, except for blood gas data where scatter was expressed as interquartile range. The Shapiro-Wilk test was used to test data for normality. Both the mechanical and imaging parameters were normally distributed. Two-way repeated measures ANOVA was applied to evaluate the effects of the variables on the mechanical and imaging parameters with ventilation mode (VC vs. PRVC) and experimental condition (baseline vs. lavage) as within subject variables. Pairwise comparisons were performed by using Holm-Sidak multiple comparison procedures. Pearson correlation tests were performed to test the statistical significance of the relationships between the imaging and respiratory mechanical parameters. The statistical analyses were conducted by SigmaPlot (version 12.5, Systat Software, Inc. Chicago, IL, USA). Statistical tests were carried out with the significance level set at  $p < 0.05$ .

## RESULTS

### *Effect of ventilation modes on airway pressures*

The arterial blood gases are summarized in the online data supplement (Table S1). There were no significant differences in the gas exchange indices between the two ventilation modes. Whole-lung lavage deteriorated gas exchange as reflected by a decrease in PaO<sub>2</sub> and an increase in PaCO<sub>2</sub> with no detectable alterations in the acid-basis parameters.

The effect of ventilation mode on the ventilation pressures at baseline and following surfactant depletion are shown in Figure 1. Delivering the same tidal volume with the PRVC mode resulted in significantly lower P<sub>driving</sub> and P<sub>peak</sub> in the healthy lungs (-13.3±2.7% and -11.1±2.5%, p<0.001 for both). Whole lung lavage significantly elevated both P<sub>driving</sub> and P<sub>peak</sub> (p<0.001) while both of these parameters remained lower with the PRVC mode (-14.0±1.7% and -12.7±1.7% for P<sub>driving</sub> and P<sub>peak</sub>, respectively, p<0.001 for both).

### *Effect of ventilation modes on the respiratory mechanics*

The airway and respiratory tissue mechanical parameters obtained under VC and PRVC ventilation modes are shown in Figure 2. Surfactant depletion led to a significant deterioration in tissue mechanics independent of the mode of ventilation, with significant increases in G (p=0.02, p=0.03, for VC and PRVC, respectively) and H (p=0.006, p=0.001). These changes were associated with a strong tendency for Raw to increase, which did not reach statistical significance neither under VC (p=0.089) nor PRVC (p=0.054). Overall, there was no evidence for a difference in respiratory mechanics between the two ventilator modes.

### *Effect of ventilation modes on regional lung function*

1 Figure 2S in the on-line supplement demonstrates sample KES ventilation images, “tissue-  
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3 density” images showing the distribution of  $s\dot{V}$ , and maps depicting the regional mechanical  
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5 behavior of the lung periphery, based on combined aeration and regional ventilation data, in a  
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7 representative rabbit. Surfactant depletion with whole lung lavage led to the appearance of patchy  
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9 lung regions with varying degrees of poor aeration, down to complete atelectasis. This  
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11 heterogeneous deterioration of the regional ventilation resulted in a redistribution of ventilation to  
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13 the remaining normally-aerated lung regions, which were then unevenly hyperventilated. In  
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15 contrast with the clearly notable effects of lung lavage, no major difference in regional lung  
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17 ventilation distribution was apparent between the ventilation modes neither at baseline nor  
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19 following lavage.  
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26 The relative area of lung regions in each of the categories defined based on aeration and  $s\dot{V}$  are  
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28 summarized in Figure 3 and the results of statistical analyses of the corresponding data are  
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30 summarized in Table 1. Following lavage, the relative area of poorly-aerated lung increased  
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32 significantly. Part of the poorly-aerated regions had faster specific ventilation, expectedly, due to  
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34 the reduction in gas volume in these compartments. However, a significant portion of the poorly-  
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36 aerated regions had either normal or even reduced  $s\dot{V}$ . The relative amount of atelectatic lung  
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38 regions significantly increased also. Neither lavage nor ventilation mode had a significant effect  
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40 on the amount of air trapping. The area of lung regions that were hyperinflated at baseline, was  
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42 significantly reduced after lavage. Finally, in the remaining normally-aerated lung regions,  $s\dot{V}$   
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44 was significantly increased in a subset of regions due to ventilation redistribution from non- and  
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46 poorly-ventilated areas.  
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56 ***Correlation between regional lung function indices and global respiratory mechanics***  
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1 The relationship between parameters reflecting the area of lung regions in each functional  
2 category and the respiratory tissue mechanics are demonstrated on Figure 4. There was a strong  
3 and statistically significant correlation between the amount of atelectatic and poorly-aerated lung  
4 regions and the magnitude of G and H ( $p < 0.001$  for both). The correlations between the amount  
5 of hyperinflated areas and the tissue mechanical parameters were somewhat weaker, but still  
6 statistically significant ( $p = 0.02$  and  $p = 0.007$  for G and H, respectively).  
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For Peer Review

## DISCUSSION

Detailed analyses of the lung functional differences between the VC and PRVC ventilation modes in the present study highlighted that both modes led to comparable regional lung ventilation distributions, as well as airway and respiratory mechanics. We previously showed that the regional mechanical behavior of the peripheral lung units could be described by combining data on regional aeration and specific ventilation<sup>7</sup>. In the present study, the description of regional lung function using this approach demonstrated no differences between the two ventilation modes in healthy lungs. The similarity in regional lung function between the two ventilation modes were manifested in identical gas exchange parameters with both ventilation strategies in healthy and injured lungs, despite the lower pressures generated by the PRVC mode.

Optimization of mechanical ventilation to provide the best possible gas exchange while maintaining minimal lung inflation pressures is a major challenge in anesthesia an intensive care, particularly in injured lungs. Thus, new ventilation modes have been developed to meet this demand via protective and adaptive strategies to continuous changes in respiratory resistance and compliance. In this regard, PRVC offers the possibility to guarantee the preset tidal volume meeting the gas exchange requirements, with an adaptation of the inspiratory flow to allow the minimization of the positive lung inflation pressure. In agreement with this concept, the results of the present study confirmed the delivery of the guaranteed tidal volume with lower driving and peak airway pressures.

The model adopted in the present study features a highly heterogeneous collapsible lung with the development of poor aeration and atelectasis<sup>18-21</sup>, which mimics a key mechanical behavior in ALI<sup>7, 22</sup>. Under this condition, the changes in the respiratory mechanical and regional lung ventilation parameters following lung lavage agreed with those observed previously under similar experimental conditions<sup>7</sup>. The results of the present study allowed not only to evaluate the

1 lavage-induced changes in the indices related to respiratory mechanics and regional ventilation,  
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3 but also allowed the assessment of the relationships between these outcomes under the two  
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5 ventilation modes. As far as we are aware, this is the first study to compare airway and tissue  
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7 mechanical parameters between VC and PRVC ventilation modes.  
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11 The most remarkable finding of this study is that despite lower driving and peak airway  
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13 pressures, the regional ventilation distribution and mechanical behaviour of the lung with PRVC  
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15 was comparable to that obtained under constant inspiratory flow, in both healthy and injured  
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17 lungs. The few available studies in the literature comparing the PRVC and VC modes failed to  
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19 demonstrate the benefit of the former protective approach and even advocated the potential  
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21 deleterious effects of PRVC<sup>23-25</sup>. However, all of the previous studies used relatively high tidal  
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23 volumes, generating both high peak inspiratory flows and lung overdistension, which may limit  
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25 the interpretation of their data in the context of a protective ventilation strategy. Therefore, in line  
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27 with the recent guidelines on protective ventilation strategy in clinical practice<sup>26</sup>, in the present  
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29 study we targeted a relatively low tidal volume (7ml/kg) with a moderate PEEP of 3 cmH<sub>2</sub>O.  
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31 Under these conditions, there was no evidence of any major adverse effects of PRVC on global  
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33 lung functional or regional lung ventilation parameters, even in the presence of lung injury  
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35 promoting alveolar derecruitment (Table 1).  
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42 Specific ventilation describes the rate with which Xe washes into the acini in a given lung region.  
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44 This parameter is therefore determined by both the global minute ventilation, and the local  
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46 mechanical time-constant of a given lung region. It follows that  $s\dot{V}$  is increased by a reduced gas  
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48 fraction, within the acinar units in an imaged lung region. Conversely, a “normal” or low  $s\dot{V}$  in a  
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50 poorly-aerated region suggests increased resistance of the subtending bronchi, either through  
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52 narrowing or due to intermittent closure<sup>7, 27</sup>. On the other hand, an increase in  $s\dot{V}$  in normally-  
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54 aerated lung regions implies that these zones receive a larger share of the tidal ventilation. In the  
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1 presence of highly heterogeneous lung collapse induced by surfactant depletion, functional  
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3 imaging parameters revealed a significant redistribution of the regional lung ventilation from the  
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5 poorly aerated areas to zones with normal aeration which had high specific ventilations (Figure  
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7 3). Furthermore, a significant portion of the lung, mostly at the boundary of atelectatic regions  
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9 (Figure 2S), was poorly aerated but showed high specific ventilation. This phenomenon can be  
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11 interpreted as a reduction in the number of aerated alveoli within these lung units, which show  
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13 shorter time-constants of xenon washin. Our imaging data showed the development of atelectatic  
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15 lung regions under both ventilation modes. These phenomena are significant, since they promote  
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17 mechanical stresses both within non-aerated lung units, and within normally-aerated lung units  
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19 receiving a larger share of tidal ventilation<sup>7, 28, 29</sup>. The lower driving pressures observed with  
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21 PRVC imply reduced mechanical stresses despite the redistribution of regional ventilation in a  
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23 mechanically heterogeneous lung.  
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30 The close correlations between oscillatory tissue mechanical and functional imaging parameters  
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32 suggest that changes in tissue elastance and damping can be a good surrogate for the assessment  
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34 of the development of altered regional ventilation (Figure 4). The stronger correlations with the  
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36 amount of atelectatic and poorly-aerated zones suggest that these parameters are more sensitive  
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38 for detecting lung volume losses. The existence of a negative correlation of G and H with the  
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40 hyperinflated lung areas, likely reflects the increased elastance within these regions due to an  
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42 increased surface tension induced by lavage. However, the fact that hyperinflation is positively  
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44 correlated to elastance in normal lung as shown previously,<sup>7</sup> indicates that the changes in the  
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46 respiratory tissue parameters can only be clearly evaluated by concomitant measurements of the  
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48 effective lung volume.<sup>30</sup>  
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54 In summary, simultaneous measurements of regional lung aeration and ventilation in a lavage-  
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56 induced model of ALI provided a quantitative assessment of the changes in regional lung  
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58 function. Our data show that following whole lung lavage, a significant amount of the lung was  
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1 poorly aerated yet ventilated. Regional ventilation was redistributed to adjacent regions with  
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3 normal aeration, a phenomenon which can potentially cause increased stretch in these zones.  
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5 These phenomena are likely to promote the local concentration of mechanical stresses, and are  
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7 potentially deleterious to lung tissue. The assessment of the effects of two common mechanical  
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9 ventilation modes using different inspiratory flow regimes revealed the advantage of applying a  
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11 decelerating flow ventilation mode (PRVC) to achieve equivalent regional and global lung  
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13 function in both normal and mechanically heterogeneous lungs, since both the peak and driving  
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15 respiratory pressures were significantly lower, suggesting a reduced mechanical stress in the lung  
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17 with a decelerating flow.  
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**Declaration of interests:**

Walid Habre has received a research grant from Maquet, Solna, Sweden.

All other authors have no conflicts of interest to declare.

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**Author's contribution:**

LP, SB, FP and WH contributed to the conception and design. LP, SB, IM, GA, CD, LB, SS and FP contributed to the experiments, data acquisition, analysis and interpretation. SB, FP and WH drafted the article and all authors revised it critically for important intellectual content and approved the final submitted version. All authors agree to be accountable for all aspects of the work thereby ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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## FIGURE LEGENDS

**Figure 1:** The effect of volume control (VC) and pressure regulated volume control modes (PRVC) on ventilation pressures under baseline conditions (closed symbols) and following lung injury induced by whole-lung lavage (open symbols). \*:  $p < 0.05$  vs. values under VC, #:  $p < 0.05$  before vs. after lavage-induced lung injury.

**Figure 2:** Respiratory mechanical parameters obtained under volume control (VC) and pressure regulated volume control modes (PRVC) obtained before (closed symbols) and after (open symbols) lavage-induced lung injury. Raw, G and H: airway resistance, tissue damping and tissue elastance respectively, measured by forced oscillations. #:  $p < 0.05$  baseline vs. lung injury.

**Figure 3.** Quantitative distribution of lung regions defined as atelectatic, trapped, poorly-aerated (PA) normally-aerated (NA) or hyperinflated (HI) (mean $\pm$ SEM). Color scale indicates sub-regions with high, normal or low  $s\dot{V}$  within each category; \*:  $p < 0.05$  vs. Baseline, within a condition; \*\*:  $p < 0.001$  vs. Baseline, within a condition; #:  $p < 0.05$  vs. VC.

**Figure 4:** Relationship between the fraction of atelectasis, poor aeration or hyperinflation, expressed as percentages of the total imaged lung area and the respiratory tissue mechanics. G: tissue damping; H: tissue elastance. See text for p-values.

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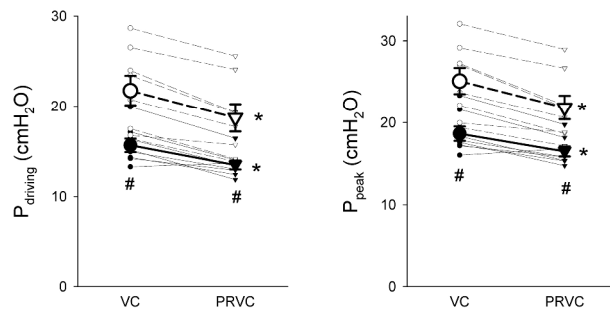


Figure 1

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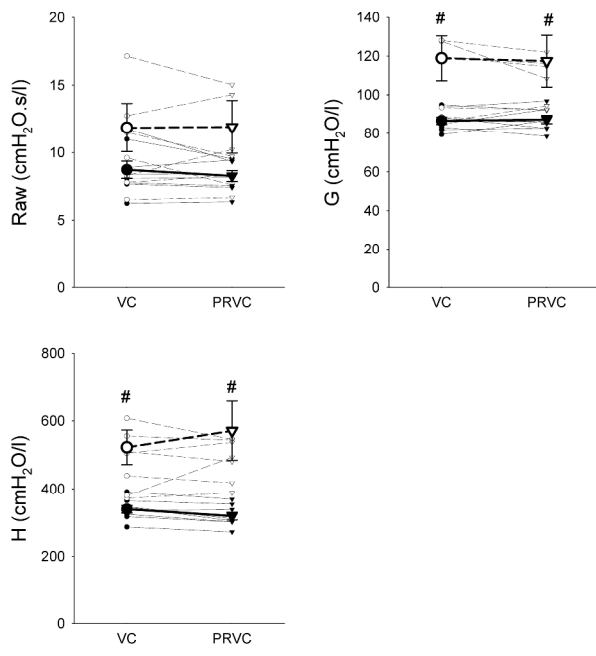
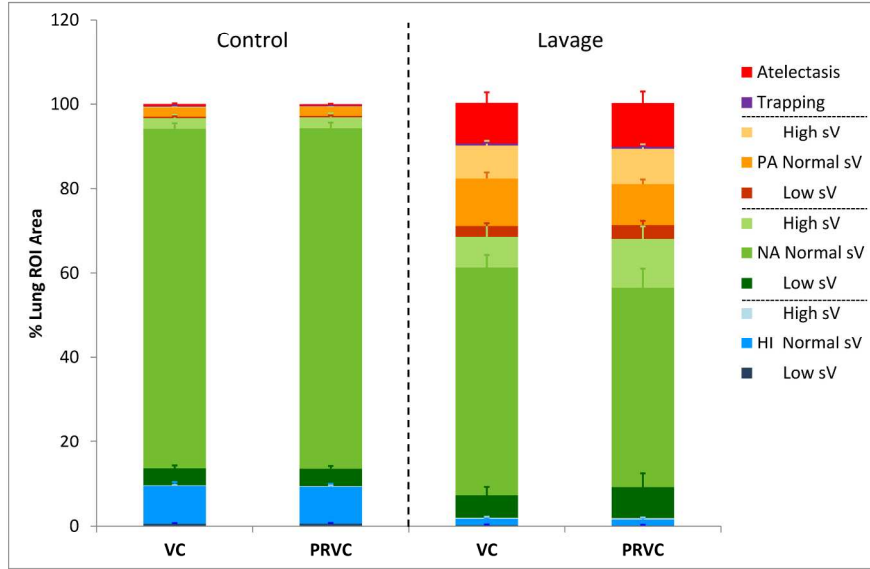


Figure 2

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Review

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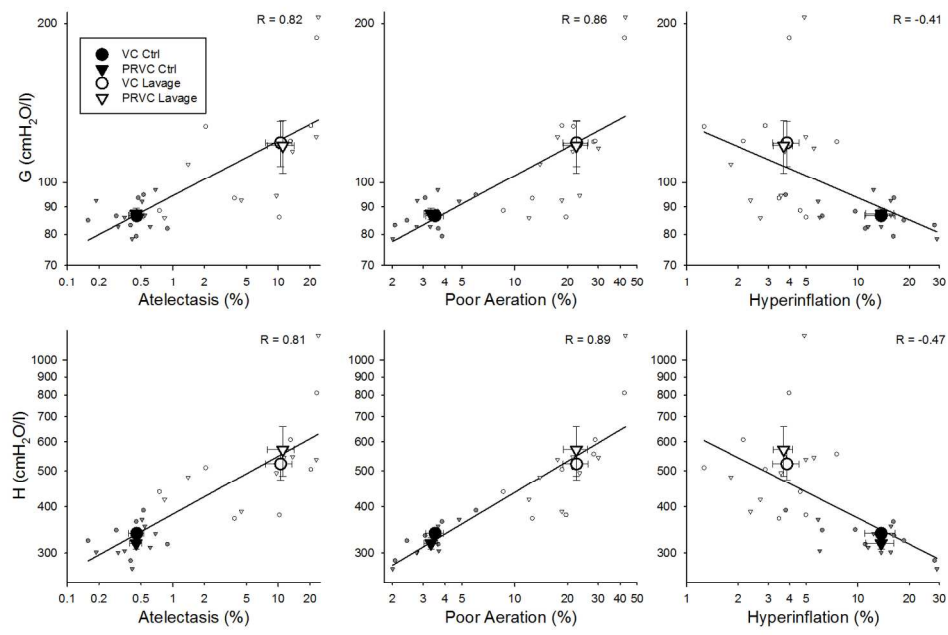


Figure 6

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Review

*Effects of lavage and ventilation modes on regional lung function*

Aeration	sV	Effect of lavage		Effects of ventilation mode (PRVC vs. VC)	
		VC	PRVC	Baseline	Lavage
	Atelectasis	↗	↗	NS	NS
	Trapping	NS	NS	NS	NS
Poor	High	↗	↗	NS	NS
	Normal	↗↗	↗↗	NS	NS
	Low	↗	↗	NS	NS
Normal	High	NS	↗	NS	NS
	Normal	↘↘	↘↘	NS	NS
	Low	NS	NS	NS	NS
High	High	NS	NS	NS	NS
	Normal	↘	↘	NS	NS
	Low	↘	↘	NS	NS

**Table 1.** Effects of lavage and ventilation modes on the relative areas of lung regions in each of the categories defined based on aeration and sV̇. One arrow: p<0.05, Two arrows: p<0.001.